



**BACKWARD CLASS YOUTH RELIEF COMMITTEE'S
BHIWAPUR MAHAVIDYALAYA
BHIWAPUR DIST. NAGPUR- 441201
RE-ACCREDITED WITH GRADE 'B+' (CGPA-2.65) BY NAAC, BENGALURU
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Annual Report: Women's Study Centre Academic Session: 2025-2026

Introduction

The Women's Study Centre at Bhiwapur Mahavidyalaya, operating under the aegis of the Internal Quality Assurance Cell (IQAC), has enjoyed a vibrant and transformative academic year. Driven by a commitment to holistic student development, gender equity, personal safety and social responsibility, the Committee successfully organized a diverse range of on-campus Workshops, intensive skill-development modules and impactful community outreach initiatives.

Below is a detailed retrospective of the major milestones achieved during the 2025-2026 Session.

150-Hour Yoga and Self-Defence Training Programme for Girls

Recognizing personal safety and physical well-being as foundational pillars of empowerment, the Committee under Women's Study Centre launched an intensive, multi-month skill-development programme for girl students across all academic streams. This comprehensive initiative commenced with a formal inaugural session on Friday, 14th November, 2025 at 11:30 a.m. and spanned until January 31, 2026, totalling 150 hours of rigorous training. Held at the Bhausahab Mulak Memorial Indoor Sports Complex on the College Campus, this vital programme was conducted in collaboration with the P.A.A.S Skill Training Institute, Nagpur, which serves as an implementation partner of SPEFL-SC (Sport, Physical Education, Fitness and Leisure Skill Council of India). Under the expert guidance of designated trainer Miss Neetu Wagh, the students underwent practical modules in classical yoga and real-world self-defence tactics. The entire training programme was smoothly executed under the supervision of the coordinator, Asst. Prof. Dr. Vinita S. Virgandham, who serves as the Member Secretary of the Women's Study Centre.



Girl Students from across programmes at the Inaugural Session of 150-Hour Yoga and Self-Defence Training Programme for Girls on 14/11/2025

Health Check-up Camp

The Women's Study Centre, in collaboration with the Taluka Health Office, successfully organized a comprehensive Health Check-up Camp to extend professional medical care directly to the community on 2nd February, 2026. The professional medical consultations and routine screenings were held from 10:30 a.m. to 1:30 p.m. at the Vithal Rukmai Mandir premises in Juni Gujar, Bhiwapur. Principal Dr. Jobi George strongly encouraged the initiative, highlighting it as a core social responsibility of the Institution. While originally planned to target local women and the College's girl students, the event naturally transformed into a much broader community outreach programme; because a *Bhagwat Saptah* religious discourse was concurrently underway within the temple premises, the organizers welcomed all attendees, extending services to men and students from nearby schools. Consequently, the Camp achieved a massive social impact, providing vital healthcare services to around 250 grateful participants. The successful execution of this welfare initiative was coordinated by Asst. Prof. Dr. Vinita S. Virgandham alongside NSS Programme Officer Asso/ Prof. Dr. Motiraj Chavhan and dedicated NSS Volunteers.



Women from the vicinity of Juni Gujar, Bhiwapur in queue to seek medical aid during the Health Check -up Camp organized at Vithal Rukhmai Mandir

Felicitation of Mrs. Sindhutai Raghushhe

In beautiful commemoration of International Women's Day, the Women's Study Centre collaborated with the College's Cultural Committee to honour a trailblazer in regional education during the College's grand cultural festival, UMANG 2026. A formal felicitation ceremony was held at the Bhausaheb Mulak Memorial Indoor Sports Complex on 13th March, 2026 to honour retired Headmistress Mrs. Sindhutai Raghushhe for her distinguished lifelong contributions in the field of education. Principal Dr. Jobi George, Adv. Shri Padmakarji Agrawal along with the Chief Guest Dr. S G Metre, Principal of S B City College, Mrs. Kirti Nair, Principal KDK of International School, the organizing team and invited dignitaries, presented her with a beautifully framed write-up as a token of deepest respect. In her moving acceptance speech, Mrs. Sindhutai Raghushhe shared valuable insights on academics and student development, expressing her gratitude to the Institution for the recognition. This memorable event was coordinated by Asst. Prof. Dr. Vinita S. Virgandham.



Principal Dr. Jobi George, Chief Guest Principal Dr. S G Metre, Smt. Sindhutai Raghushhe and Mrs. Kirti Nair lighting the traditional lamp during the Annual Cultural Gathering 'Umang 2026'.

Workshop on Pre-Marriage Counselling: Health & Hygiene

The Women's Study Centre joined hands with the Students' Counselling Centre to organize an impactful Workshop on 'Pre-Marriage Counselling: Health & Hygiene' to equip female students with essential life knowledge on 24th April, 2026. The highly focused programme was held in the Smart Classroom, located on the First Floor of the Administrative Building and successfully benefited 69 girl students across all academic programmes. The Session featured an insightful introductory speech by Asst. Prof. Dr. Vinita S. Virgandham, followed by a comprehensive Keynote Address by Public Health Specialist Dr. Namrata Telang, who guided attendees on physical health, reproductive hygiene and emotional readiness. Principal Dr. Jobi George emphasized their ongoing commitment to the students' holistic development. Guest of Honour Prof. Dr. Sunil Shinde too echoed the same while the IQAC Coordinator Asso. Prof. Dr. Anita Mahawadiwar recognized the event as a key quality initiative. Hosted by Asst. Prof. Dr. Ravikant Mishra, the Workshop concluded with a vibrant interactive session that successfully fostered proactive health awareness among the young attendees.



Dr. Namrata Telang, Public Health Specialist from Taluka health Office, Bhiwapur during her Keynote Address on 'Pre-Marriage Counselling: Health & Hygiene' along with the IQAC Coordinator Asso. Prof. Dr. Anita V Mahawadiwar on the dais.

Rural Outreach Workshop: 'Empowering Women: Rights and Resilience'

True empowerment transcends campus walls, which is why the Women's Study Centre organized a significant rural outreach Workshop titled 'Empowering Women: Rights and Resilience' at the Gram Panchayat Office in the College's adopted village of Naxi. Expert speaker Mr. Narhari J. Pendam from the Legal Aid Cell, Nagpur, provided the rural women of the village with crucial insights into their legal rights and institutional redressal mechanisms. In a supportive message, Principal Dr. Jobi George emphasized that true empowerment begins with awareness, noting that understanding legal rights is essential for women to overcome

social challenges. This community development initiative was graced by the IQAC Coordinator Asso. Prof. Dr. Anita Mahawadiwar, Asso. Prof. Dr. Mangesh Kadu and dedicated Centre Volunteers. Asst. Prof. Dr. Vinita S. Virgandham conducted the proceedings of the programme. The Event was concluded with a formal Vote of Thanks, expressing heartfelt gratitude to the village administration and the legal experts for their collaboration.



Shri. Narhari Pendam from Legal Aid Cell along with the IQAC Coordinator Asso. Prof. Dr. Anita V Mahawadiwar interacting with women of the adopted village Naxi during an outreach programme titled, ‘ Empowering Women: Rights and Resilience’ held at Naxi Village.

Institutional and Community Impact

The strategic initiatives of the Women’s Study Centre during the Academic Session 2025-2026 have progressed beyond mere event execution, translating the initial concepts mandated by the office of the Principal into measurable, multi-dimensional impacts. Guided by the quality benchmarks of the IQAC, the tangible impacts of these programmes are categorized below:

I. Impact on Student Empowerment and Capacity Building

- The 150-hour intensive Yoga and Self-Defence module systematically built physical strength, situational awareness, and real-world safety tactics among girl students across all academic streams, moving them from vulnerable stakeholders to self-reliant individuals.
- The Pre-Marriage Counselling Workshop directly transformed the health mindsets of 69 female students. It broke social taboos by equipping them with critical, scientifically

grounded knowledge on reproductive hygiene, emotional readiness, and physical wellness under expert medical guidance.

II. Institutional Footprint and Community Outreach Impact

- The Health Check-up Camp generated a massive local footprint by extending essential medical screenings and professional consultations to approximately 250 rural beneficiaries including local women and nearby school children. This solidified Bhiwapur Mahavidyalaya's reputation as an Institution deeply committed to its core social responsibilities.
- The outreach Workshop at Naxi village brought formal legal aid to the doorsteps of marginalized rural women. By decoding complex statutory rights and institutional redressal mechanisms through legal experts, the programme directly fostered institutional trust and rural civic resilience.
- By publicly honouring retired Headmistress Mrs. Sindhutai Raghushe during the flagship cultural festival UMANG 2026 on the eve of International Women's Day, the Centre established visible, real-world role models of female leadership and lifelong dedication for the entire student body to emulate.

Quantitative Impact Summary Matrix

The quantitative outcomes of the execution work are consolidated below to serve as verifiable data points for NAAC assessment:

Core Domain / Focus	Key Implementing Partners	Tangible Metric & Reach
Physical Security & Well-being	Women's Study Centre and P.A.A.S Skill Training Institute, Nagpur & SPEFL-SC	150 Hours of structured, practical training for female students.
Public Health & Welfare	Women's Study Centre and Taluka Health Office, Bhiwapur	Approximately 250 rural beneficiaries were provided with free medical aid and screenings.
Socio-Cultural Role Modelling	Women's Study Centre and Institutional Cultural Committee	Mass student sensitization through the lifetime achievement felicitation of an educationist.
Hygiene & Reproductive Literacy	Women's Study Centre, Students' Counselling Centre & Public Health Specialists	69 female students were certified across core academic streams.
Legal Literacy & Advocacy	Women's Study Centre and Legal Aid Cell, Nagpur	Direct community empowerment of the rural women of adopted village Naxi.

Conclusion: The Women's Study Centre extends its sincere gratitude to the Management, Principal Dr. Jobi George, the IQAC coordinator Asso. Prof. Dr. Anita V Mahawadiwar, our collaborating external organizations, faculty members and our tireless student volunteers whose enthusiasm made the Academic Session 2025-2026 a remarkable success. We stand resolved to continue breaking boundaries and fostering environments where young women can learn, lead and thrive.

Principal
Bhiwapur Mahavidyalaya