



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

REACCREDITED WITH GRADE 'B+' (CGPA-2.65) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

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DETAILED ACTIVITY REPORT

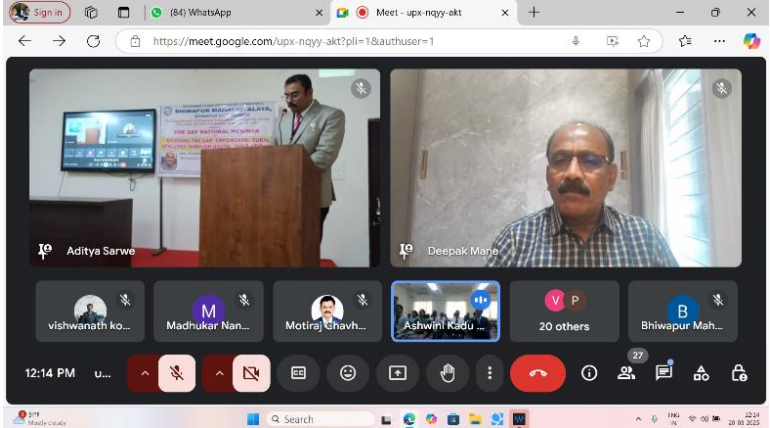
2024-2025

ACADEMIC SESSION	2024-2025
NAME OF THE ACTIVITY	Online Webinar on Bridging the Gap: Empowering Youth through Digital Innovations.
ORGANIZING INSTITUTION/COLLABORATING INSTITUTIONS	Bhiwapur Mahavidyalaya, Bhiwapur
CORE AREAS COVERED	- Digital innovations in sports performance enhancement - Virtual coaching for rural athletes - Use of performance analysis tools - Access to global competition platforms - Skill development through technology - Bridging the rural-urban sports divide - Role of institutions in promoting digital literacy in sports - Challenges and solutions in implementing tech-based training in rural areas
SCHEDULE	20 th March, 2025
VENUE	Smart Class Room Bhiwapur Mahavidyalaya, Bhiwapur
MODE OF ACTIVITY (ONLINE/OFFLINE (IF ONLINE, GIVE WEBLINK)	Hybrid Mode Google Meet Link – https://meet.google.com/upx-nqyy-akt
ORGANIZING COMMITTEE	Sports Committee
CHIEF COORDINATOR	Asst. Prof. Dr. Aditya Kishor Sarwe

COMMITTEE MEMBERS	Prof. Dr. S.K. Shinde Asst. Prof. Dr. M.V. Kadu Prof. Dr. A. M. Mahawadiwar Mr. Ganesh Shahane
KEYNOTE SPEAKER/RESOURCE PERSON/PERSONS (Furnish a Brief Report on the Keynote Speaker's Expertise)	1. Dr. Deepak Mane, Ex. Dean, Faculty of Physical Education, Savitribai Phule Pune University, Pune 2. Dr. Jobi George, Principal, Bhiwapur Mahavidyalaya, Bhiwapur
BENEFICIARIES/TARGET GROUP	Students, Sportspersons, Parents along with teaching and non-teaching staff from the Organizing Institution
NUMBER OF STUDENTS/BENEFICIARIES	253
DETAILED REPORT OF THE ACTIVITY	‘Department of Physical Education and Sports’, under the aegis of Internal Quality Assurance Cell, organized One-day National Webinar on ‘Bridging the Gap: Empowering Rural Athletes through Digital Innovations’. on 20th March, 2025. Asst. Prof. Dr. A. K. Sarwe, Director, Department of Physical Education and Sports, delivered the Introductory Remark. Prof. Dr. Deepak Mane, Former Dean, Faculty of Physical Education and Former Dean, Faculty of Inter Disciplinary Studies, Savitribai Phule Pune University, Pune, was the Keynote Speaker of the Webinar. He provided valuable insights on the technology which is used to improve the performance of sports persons. He further pointed out that how digital innovation have the potential to close this gap by providing access to virtual coaching, performance analysis tools and global competition opportunities. He also explores how technology can empower rural athletes, enhance their skills and help them to complete on lager platform. Dr. Jobi George, the Principal of our College, hoped that

	the knowledge shared by the Resource Person, would be instrumental in highlighting the importance of Technology. He also emphasized that the educational institutions, workplaces, and community centers should promote these practices and should provide resources for individuals to learn and integrate them into their lives. Overall, the National Webinar served as a platform for valuable discussions and knowledge sharing on the topics; how to impart technology in developing skills of rural athletes aiming to benefit students and sports persons across the nation?. Associate Prof. Dr. R. K. Quraishi conducted the Proceedings of the Webinar. Associate. Prof. Dr. Rajesh Bahurupi proposed the formal Vote of Thanks. In all, 253 participants marked their online attendance for the Event.
PROGRAMME OBJECTIVES	• To explore the role of digital innovations in enhancing athletic performance, particularly among rural athletes. • To highlight the existing technological tools and platforms available for virtual coaching and performance analysis. • To bridge the digital divide by creating awareness about access to resources and training opportunities in remote and underdeveloped regions. • To discuss practical strategies for integrating digital technologies into training routines in rural settings. • To empower rural sports persons with knowledge about data-driven training techniques and modern fitness tracking tools. • To promote collaboration among educational institutions, community canters, and sports organizations for supporting digital inclusion in sports. • To encourage academic discussions and interdisciplinary engagement on the intersection of sports, education, and technology. • To foster skill development and competitive readiness among rural athletes using accessible and affordable

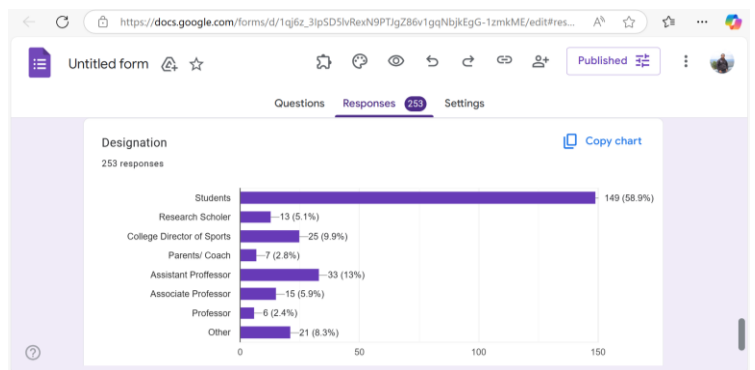
	digital solutions. • To identify the challenges and suggest solutions for implementing digital innovations in grassroots sports development.
PROBLEMS FACED, IF ANY	Technical Challenges: As the National Webinar was conducted online, technical issues such as internet connectivity problems, audio/video glitches and platform compatibility issues disrupted the smooth flow of the Event. Participant Engagement: Ensuring active participation and engagement from online attendees was challenging. By addressing these potential challenges through careful planning, communication, and contingency measures, the Organizers enhanced the success of the National Webinar and provided a valuable experience for the participants and speakers alike.
IMPACT/OUTCOME ACHIEVED	• Explored the role of digital innovations in enhancing athletic performance, particularly among rural athletes. • Highlighted the existing technological tools and platforms available for virtual coaching and performance analysis. • Bridged the digital divide by creating awareness about access to resources and training opportunities in remote and underdeveloped regions. • Discussed practical strategies for integrating digital technologies into training routines in rural settings. • Tried to empower rural sports persons with knowledge about data-driven training techniques and modern fitness tracking tools. • Promoted collaboration among educational institutions, community canterers, and sports organizations for supporting digital inclusion in sports. • Encouraged academic discussions and interdisciplinary engagement on the intersection of sports, education, and technology.

	• Fostered skill development and competitive readiness among rural athletes using accessible and affordable digital solutions. • Identified the challenges and suggested solutions for implementing digital innovations in grassroots sports development.
ANALYSIS REPORT OF THE FEEDBACK OBTAINED FROM STUDENTS/ BENEFICIARIES/ ACADEMIC PEERS ETC.	Participants expressed great appreciation for the insightful and engaging Sessions delivered during the National Webinar. They found the Keynote Address highly informative, particularly the practical examples of how digital tools can transform rural sports training. Many attendees highlighted the relevance of the topic and praised the organizers for addressing a critical gap in athletic development. The smooth coordination and interactive discussions were also well-received, making the Event both enlightening and impactful.
GEOTAG PHOTO GALLERY WITH CAPTIONS (Only GEOTAG photos covering the entire gamut/ span of the activity will be accepted)	 Asst. Prof. Dr. A.K. Sarwe delivering Introductory Remark.  Dr. Deepak Mane delivering his Keynote Address



Dr. Jobi George, the Principal of our College, delivering Presidential Address.

SCANNED COPY OF
ATTENDANCE SHEET



ANY OTHER INFORMATION



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S
BHIWAPUR MAHAVIDYALAYA,
BHIWAPUR Dist.- NAGPUR



THE DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS, UNDER THE
AEGIS OF INTERNAL QUALITY ASSURANCE CELL (IQAC),
Organises
One Day National Webinar
on
**Bridging the Gap: Empowering Rural Athletes through
Digital Innovations**
on
Thursday, 20th March 2025 at 12:00 pm - 02:30 pm



Resource Person
Dr. Dipak Mane,
Ex. Dean, Faculty of Physical Education,
Savitribai Phule Pune University, Pune

Registration Link: <https://forms.gle/TSpvZgt8G1tJjAE9>
Webinar Link: <https://meet.google.com/upx-ngyy-akt>

Our Patrons



Hon. Smt. Sumanmalatai Mulak
Chairman, BCYRC, Nagpur



Hon. Shri. Rajendra Mulak
Ex-Minister and Secretary,
BCYRC, Nagpur

IQAC Coordinator **Convenor**



Dr. Vinita S. Virgandham
Assistant Professor
Department of English



Dr. Jobi George
Principal
Bhiwapur Mahavidyalaya

About the Webinar

This One-day National Webinar will focus on crucial and timely issues. As digital devices become deeply embedded in daily life, young people are increasingly vulnerable to their adverse psychological effects. To address this, an updated training methodology—integrating advanced knowledge and skills—is essential. The theme of this Webinar, Bridging the Gap: Empowering Rural Athletes through Digital Innovations, will explore the benefits of integrating traditional wellness practices with modern technological advancements. Through expert-led sessions, the Webinar will examine how digital tools and skills can enhance age-old methods known for their restorative benefits, making them powerful assets in fostering physical and emotional resilience.

We do firmly believe that all the participants will gain valuable insights into effective routines and techniques that can enhance performance, uplift mood, and refine essential skills. Additionally, this Webinar will provide evidence-based discussions on the impact of digital innovations in training, well-being, and overall athletic development, equipping rural athletes with the tools needed to excel in the modern era.

Sub Themes

- Revolutionizing Sports Training: Digital Tools for Rural Athletes
- Virtual Coaching & AI in Sports: Breaking Geographical Barriers
- Wearable Technology & Performance Tracking for Young Athletes
- E-Learning & Sports Education: Making Knowledge Accessible
- Role of Social Media in Showcasing and Promoting Rural Talent
- Grassroots to Global: How Digital Platforms can Transform Rural Sports
- Overcoming Infrastructure Challenges through Digital Sports Innovations
- Mobile Apps & Online Resources: Enhancing Skills and Strategies in Sports
- Inclusivity in Sports: How Digital Solutions Support Athletes with Disabilities
- Government Initiatives & Policies for Digital Sports Development in Rural India
- Funding & Sponsorship: How Digital Media Attracts Support for Rural Athletes
- Psychological & Mental Training through Digital Interventions
- Women in Rural Sports: The Digital Revolution in Breaking Barriers
- Gamification & E-Sports: Can they Complement Traditional Sports Training?
- Future of Rural Sports: Integrating AI (Artificial Intelligence), AR (Augmented Reality) and VR (Virtual Reality) for Enhanced Training

Aims and Objectives

- To discuss strategies for balancing performance with activities that promote mindfulness and mental well-being.
- To explore specific exercises that help reduce technical errors and miss judgement.
- To delve into the neurological and psychological effects of excessive physical works that cause wrong method, particularly among adolescents.
- To provide practical advice for students and parents on creating healthy digital habits.
- To discuss on integrating techniques of different technical instruments in educational settings in enhancing focus, reduce anxiety, and improve academic performance.

Advisory Committee

1. Dr. Avinash Asnare, Director of Sports, Sant Gadge Baba Amravati University, Amravati.
2. Dr. Vishakha Joshi, Director I.C. Sports and Physical Education, R.T.M. Nagpur University, Nagpur.
3. Dr. Dipak Kavishwar, Ex Principal, Nagpur Sharirik Shikshan Mahavidyalaya, Nagpur.
4. Dr. Vijay Datarkar, Principal, Jyotiba College of Physical Education, Nagpur.
5. Dr. Tapan Datta, Principal, Nagpur Sharirik Shikshan Mahavidyalaya, Nagpur.
6. Dr. Vivek Awasare, Nashikrao Tirpude College of Physical Education, Nagpur.
7. Dr. Shyamkumar Charade, Principal, Pragati Mahila Mahavidyalaya, Bhandara.
8. Dr. Madhavi Mardikar, Director, P.G.T.D., R.T.M. Nagpur University, Nagpur.
9. Dr. Sanjay Chaudhary, Associate Professor, S.B.City College, Nagpur.

Organizing Secretaries



Dr. Ashwini Kadu
Member Secretary
Seminars and Symposia



Dr. Aditya Sarwe
Director of Sports

Principal
Bhiwapur Mahavidyalaya