

Backward Class Youth Relief Committee's
Bhiwapur Mahavidyalaya, Bhiwapur
Dist-Nagpur, Maharashtra 441201

CRITERION - II

Teaching- Learning and Evaluation

2.3.2. Teachers use ICT enabled tools for effective teaching-learning process.

Academic Session 2023 –2024



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

E-mail: bmv_bhiwapur@yahoo.com; bgm.college1990@gmail.com Website: <https://www.bmb.ac.in>

Tel: 07106-232349

DETAILED REPORT OF THE ACTIVITY

2023-2024

ACADEMIC SESSION	2023-2024
NAME OF THE ACTIVITY	Promoting the use of Technology in Teaching and Achieving Complete Students' Computer Literacy Programme (Audio-Visual Aids-LCD, OHP, Interactive Boards and Smart Boards Etc.)
ORGANIZING INSTITUTION/COLLABORATING INSTITUTIONS	Bhiwapur Mahavidyalaya, Bhiwapur
CORE AREAS COVERED	<ul style="list-style-type: none">• Awareness of Computer Literacy• Technical Aspects of Computers• Career Opportunities• Day-to-day Computer Usage• Role of Technology in Education.• Promoting Digital Literacy• Interaction with Experts• Community Building
SCHEDULE	Academic Year 2023-2024
VENUE	Computer Laboratory
MODE OF ACTIVITY (ONLINE/OFFLINE (IF ONLINE, GIVE WEBLINK))	OFFLINE
ORGANIZING COMMITTEE	Committee For Promoting the Use of Technology in Teaching and Achieving Complete Students' Computer Literacy Programme (Audio-Visual Aids-LCD, OHP,

	Interactive Boards, Smart Boards Etc.)
CHIEF COORDINATOR	Asst. Prof. Dr. Ravikant Mishra
COMMITTEE MEMBERS	Mr. Khushwant Dhamke
KEYNOTE SPEAKER/RESOURCE PERSON/PERSONS (Furnish a Brief Report on the Keynote Speaker's Expertise)	Mr. Khushwant Dhamke
BENEFICIARIES/TARGET GROUP	Entire students of our College along with the teaching Staff
NUMBER OF STUDENTS/BENEFICIARI ES	Entire students of the College

DETAILED REPORT OF THE ACTIVITY

The use of ICT (Information and Communication Technology) in education has greatly transformed the way students learn and teachers teach. With the help of Computers, Tablets and the Internet, students can access a vast amount of information and resources, to enhance their learning experience. Teachers can now create interactive lessons, conduct online assessments and provide instant Feedback to students making the learning process more engaging and effective.

ICT has also made education more accessible to students from all walks of life. Overall, the integration of ICT in education has revolutionized the way knowledge is imparted and acquired making the learning process more dynamic and inclusive for students of all ages.

The IQAC of our College plays a key role in adopting a variety of innovative teaching and learning practices through the use of Information and Communication Technology (ICT), Digital Library, Internet, Audio-visual aids and Free Computer Training Programmes for the students.

In order to deliver the curriculum effectively, 'Committee for Promoting the use of Technology in Teaching and Achieving Complete Students' Computer Literacy Programme (Audio-Visual Aids-LCD/ OHP, Interactive Boards, Smart Boards etc.), encouraged faculty members to participate in ICT-enabled teaching and learning activities.

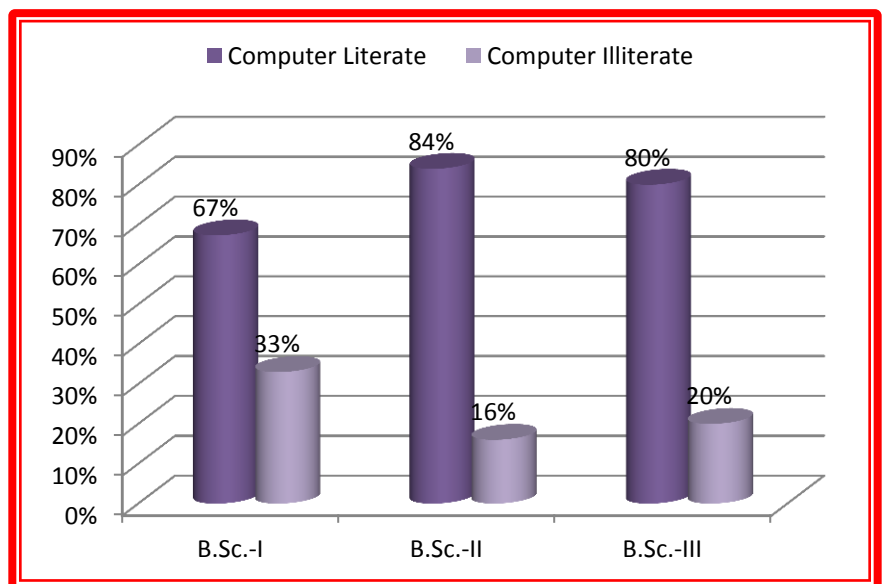
The Committee has started a free Training Programme for the students to make them Computer Literate. Teachers assisted students in learning the fundamentals of Computer applications and Internet usage under this flagship Training Programme.

A pre-assessment of Computer Literacy among students was carried out and the findings are displayed in the below-mentioned graphs for the Academic Session 2023–2024.

**Table showing the status of students with basic Computer Knowledge
Bachelor of Science (B.Sc.)**

Class	Total Students	Computer Literate Students	Computer Illiterate Students	% of Computer Literate Students	% of Computer Illiterate Students
B.Sc. -I	104	70	34	67.30	32.70
B.Sc. -II	93	78	15	83.87	16.13
B.Sc. -III	54	43	11	79.62	20.38

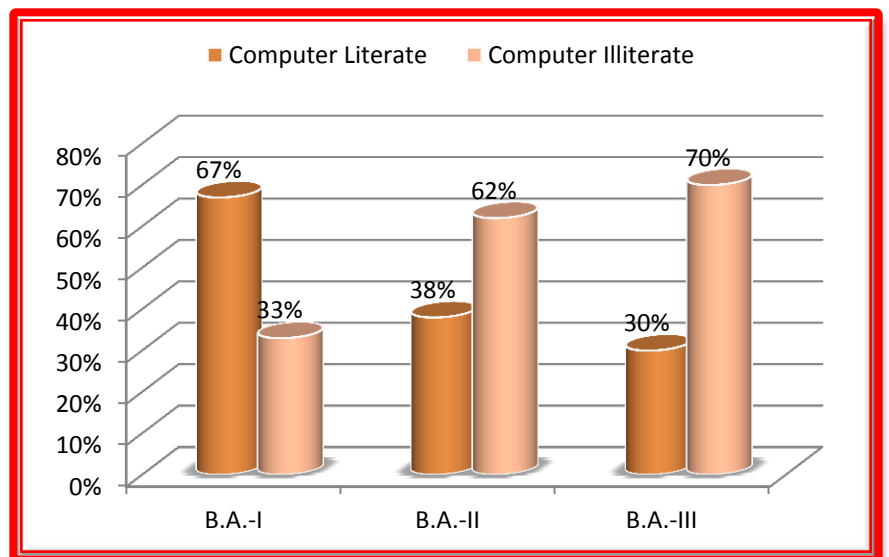
Computer Literate/ Illiterate Percentage Graph



Bachelor of Arts (B.A.)

Class	Total Students	Computer Literate Students	Computer Illiterate Students	% of Computer Literate Students	% of Computer Illiterate Students
B.A.-I	42	28	14	66.66	33.34
B.A.-II	73	28	45	38.35	61.65
B.A.-III	60	18	42	30	70

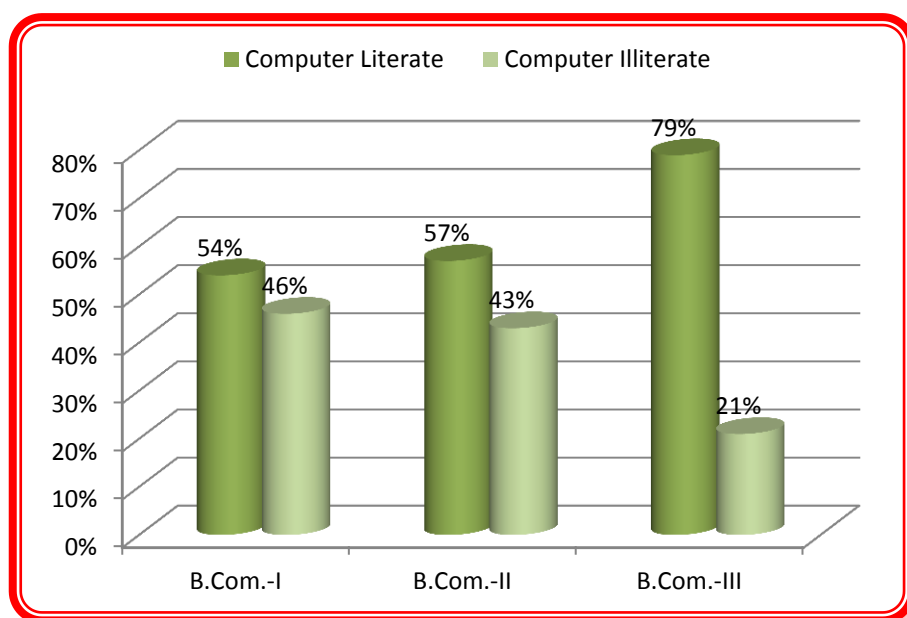
Computer Literate/ Illiterate Percentage Graph



Bachelor of Commerce (B.Com.)

Class	Total Students	Computer Literate Students	Computer Illiterate Students	% of Computer Literate Students	% of Computer Illiterate Students
B.Com-I	56	30	26	53.57	46.43
B.Com-II	76	43	33	56.57	43.43
B.Com-III	29	23	06	79.31	20.69

Computer Literate/ Illiterate Percentage Graph



Following activities were organized by the Committee during the Academic Session 2023-2024

1. Basic Computer Knowledge Programme

The Committee first obtained students' data with rudimentary Computer skills. The Committee was empowered to disqualify students who already possessed a rudimentary understanding of Computers. The Committee sought assistance from Computer Literate students to provide training to the Trainees. In order to equip students with a foundational understanding of Computers, the Committee arranged a complimentary 'Basic Computer Knowledge Programme', in which 30 students enrolled their names. To facilitate the training, the Committee assigned one Instructor to lead the Training Programme and divided Trainees into smaller groups. In all 30 students completed their Course.

2. Teachers use ICT for Teaching

ICT-enabled teaching materials were designed by Associate Prof. Dr. Sunil Shinde, Associate Prof. Dr. Madhukar Nandanwar, Asst. Prof. Dr. Anita Mahawadiwar, Asst. Prof. Someshwar

Wasekar, Asst. Prof. Dr. Yogesh More, Asst. Prof. Dr. Ashwini Kadu, Asst. Prof. Dr. Ravikant Mishra, Asst. Prof. Amit Thakare and Asst. Prof. Darshana Dhamdar. As a result, teachers used the ICT-enabled instructional resources listed below in the teaching-learning process:

SR. NO.	NAME OF TEACHER	CDS' , AUDIO –VISUAL AIDS , PLAY ,FICTION,PPT, PROSE AND POETRY
1.	Associate Prof. Dr. Sunil Shinde (Economics)	AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • Calculate the National Income • Concept of National Income • Features of Indian Economy • GST • Introduction of Economics Concepts • Introduction of Micro Economics • Types of Economy CDS' <ul style="list-style-type: none"> • GST • Gandhi Research Paper PPT <ul style="list-style-type: none"> • B.A.I • B.A.II • B.A.III.
2.	Associate Prof. Dr. Madhukar Nandanwar (Marathi)	AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • Ghanshyam Sundara • Chapha • Ashrunchi Zali Phule
3.	Asst. Prof. Dr. Anita Mahawadiwar (Commerce)	AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • Financial Management • Advantage MIHAN PPT <ul style="list-style-type: none"> • Financial Accounting - Hire Purchase • Business Economics
4.	Asst. Prof. Someshwar Wasekar (English)	AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • My Lost Dollar • Solitary Reaper • A Psalm of Life • Dream Children • Third Thoughts • The Guide • Animal Farm PPT

			<ul style="list-style-type: none"> • B.A.- II Comp. English and ELT • B. Sc.- I Comp. English 	
5.	Asst. Prof. Dr. Yogesh More (Physics)		AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • Solid State Physics • Crystallography PPT <ul style="list-style-type: none"> • B.Sc.-I • B.Sc.-II • B.Sc.-III 	
6.	Asst. Prof. Dr. Ashwini Kadu (Chemistry)		AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • Crystal Field Theory • Structure and Bonding • VSEPR Theory PPT <ul style="list-style-type: none"> • B.Sc.-I • B.Sc.-II • B.Sc.-III 	
7.	Asst. Prof. Dr. Ravikant Mishra (Mathematics)		AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • Special Theory of Relativity • Higher Dimension • Ramanujan Square Box • Limit and Continuity • Differentiation • Integration • Group theory PPT <ul style="list-style-type: none"> • B.Sc.-I • B.Sc.-II • B.Sc.-III 	
8.	Asst. Prof. Amit Thakare (Zoology)		AUDIO-VISUAL AIDS <ul style="list-style-type: none"> • Cell Division • Cell Structure • Circulatory System • Respiratory System PPT <ul style="list-style-type: none"> • B.Sc.-I • B.Sc.-II • B.Sc.-III 	
9.	Asst. Prof. Darshana Dhamdar (Botany)		AUDIO-VISUAL AIDS PPT <ul style="list-style-type: none"> • B.Sc.-I • B.Sc.-II • B.Sc.-III 	

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3. Moodle Site

The Moodle Site is a Learning Management System (LMS) used to deliver Online Courses and Training Programs. It provides a platform for instructors to create and manage content, assignments, quizzes and discussions, while also allowing students to access and engage with Course materials.

<https://bmbchemistry.gnomio.com>

<https://bmbphysics.gnomio.com>

<https://ravikantmishra123.gnomio.com>

<https://amitthakare.gnomio.com>

4. Google Classroom

Google Classroom is a powerful tool used by teachers to streamline their workflow, enhance students' engagement and facilitate collaborative learning. This intuitive platform enables teachers to create and distribute assignments, quizzes and materials with ease, while also allowing the students to submit their work and receive Feedback online. With Google Classroom, teachers can track students' progress, communicate with students and parents, and access a range of educational resources and add-ons, all in one centralized hub. By leveraging Google Classroom, teachers can save time, increase productivity and focus on what matters most-providing high-quality instruction and support to their students. Asst. Prof. Someshwar Wasekar, Asst. Prof. Dr. Ravikant Mishra,

Asst. Prof. Dr. Yogesh More, Asst. Prof. Dr. Ashwini Kadu and Asst. Prof. Amit Thakare used the Google Classroom.

5. Digital Library

The idea of a 'Digital Library' gives students the amazing benefit of studying in an environment that is comfortable for them. With only a few clicks, it gives individuals the amazing capacity to access a multitude of information from anywhere, at any time. All the members of teaching staff are maintaining their unique QR codes in which the information regarding the Research Papers, educational books, thorough curriculum, audio files, video presentations, question banks, previous year's question papers and skillfully written lecture notes, is regularly updated. Thus, Digital Library facilitated students to access a variety of educational resources, enriching their academic experience in a more holistic and engaging way.

Bhivapur Mahavidyalaya, Bhivapur
Digital Library
Faculty of Arts and Commerce

Principal Dr. Jobi George



Asso. Prof. Dr. Sunil Shinde



Asst. Prof. Dr. Mangesh Kadam



Asst. Prof. Dr. Motiraj Chavhan



Asso. Prof. Dr. Madhakar Nandanwar



Asst. Prof. Dr. Vijay Dighore



Asst. Prof. Dr. Raheel Quraishi



Asst. Prof. Dr. Aditya Sarwe



Asst. Prof. Dr. Someshwar Wasekar



Asst. Prof. Dr. Vinita Virgandham



Asst. Prof. Dr. Anita Mahawadiwar



Asst. Prof. Dr. Rajesh Bahurupi



Bhiwapur Mahavidyalaya, Bhiwapur
Digital Library
Faculty of Science

Department of Physics



Department of Chemistry



Department of Botany



Department of Mathematics



Department of Zoology



<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To provide free Computer Literacy education to students. • To achieve complete students' Computer Literacy. • To promote the use of technology in teaching. • To enable the students to thrive in the post-modern Digital Era. • To provide expert guidance in Hardware and Software. • To create an encouraging and supportive atmosphere where students can learn and enhance their Computer skills with confidence.
<p>PROBLEMS FACED, IF ANY</p>	<p>Challenges:</p> <ul style="list-style-type: none"> • Time Constraints: Thirty days Course might not be sufficient to cover all the aspects of Computer Literacy comprehensively, especially for the students with little knowledge. • Assessment and Evaluation: Effectively assessing the students' progress and learning outcomes during the course period required careful planning and evaluation methods. <p>Technical Issues: Technical glitches, Software compatibility problems, or Hardware malfunctions sometimes disrupted the smooth running of the Training Sessions.</p>
<p>IMPACT/OUTCOME ACHIEVED</p>	<ul style="list-style-type: none"> • Provided free Computer Literacy education to students. • Took initiative to achieve complete students' Computer Literacy. • Promoted the use of technology in teaching. • Enabled the students to thrive in the post-modern Digital Era.

- Provided expert guidance in Hardware and Software.
- Created an encouraging and supportive atmosphere where students can learn and enhance their Computer skills with confidence.

ANALYSIS REPORT OF THE FEEDBACK OBTAINED FROM STUDENTS/ BENEFICIARIES/ ACADEMIC PEERS ETC.

The participants provided Feedback, with most of them praising the Institution's efforts and expressing a strong desire for more similar initiatives in the future.

Bhivapur Mahavidyalaya, Bhivapur
 Committee for Promoting the Use of Technology in Teaching and Complete
 Students' Computer Literacy Programme
 Organized
 "Basic Computer Knowledge Programme"
 Feedback Form

Name of Student: - S. Rajesh Bhagwat Thakore

Name of the college: - Bhivapur Mahavidyalaya, Bhivapur

Class: 1st year Whatsapp No: 744732604

Please Tick the option you find more suitable

Sr. No.	Particular	Yes	No
1	Was the material and subject easy to understand?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2	Did your Teacher guide you properly?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3	Are you satisfied with the functioning of Training Equipments (Computers, Projectors, etc)?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4	Did you clear your concepts properly?	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Date: 05/03/2024 Sign of Student: S B Thakore

GEOTAG PHOTO GALLERY WITH CAPTIONS (Only GEOTAG photos covering the entire gamut/span of the activity will be accepted)

Notice to Conduct ICT Enabled Lectures in the Digital Classroom



Revised Notice to Conduct ICT Enabled Lectures in the Digital Classroom



B.A.-II

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students

Class: B.A.-II

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
1	Achal Anshu Nankhe	MS-CIT		
2	Achal Jyeshth Pardawat	MS-CIT		
3	Ahlu Rashid Sholkh			
4	Aishwarya Sathare	MS-CIT		70.41%
5	Amal Vithal Ghemde			
6	Anga Sunesh Deshmukh			
7	Anguraj Devinder Gurude	MS-CIT		
8	Anshu Anshu Nankhe	MS-CIT		
9	Hameshwaraj P. Chaudhari	MS-CIT		
10	Jadhav Dinesh Chandra			
11	Jayshri Chandra Kulkarni			
12	Kajal Dharmraj Wadhwa	MS-CIT		
13	Kajal Ramaji Bhosale			
14	Kalpani Sunil Chavhan			
15	Kamini Ramu Shende	MS-CIT		
16	Karishma Ashok Shende			
17	Kartikdas Anandhar Mankar			
18	Pradnya M. Shambharkar			
19	Nikita Manoj Chavhan			
20	Nishat Shaji Shinde			
21	Neha Nitya Ahimra	MS-CIT		
22	Nita Suman Jitke	MS-CIT		
23	Nargis Anayut Patil			
24	Nandini Tuladhar Chavhan			
25	Namrata Nitin Chavhan			
26	Namrata Devchandani Patil	MS-CIT		

B.A.-III

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students

Class: B.A.-III

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
1	Pravin Raju Margda	MS-CIT		
2	Safna Vinod Wanjari	MS-CIT		
3	Kajal Kisan Dhoke			
4	Aishwarya Jyodas Mahale			
5	Kanchan A. Chavhan			
6	Ashwini A. Ataram			
7	Kamini A. Shende			
8	Prachi D. Patil			
9	Shruti N. Yash			
10	Kajal J. Halole			
11	Kumari B. Bhosale	MS-CIT		
12	Kajal A. Bhalchandra			
13	Lispa Vilas Chavhan			
14	Kiran G. Patil			
15	Manisha P. Kulkarni			
16	Nandini D. Chavhan	MS-CIT		
17	Madhuri A. Mahale			
18	Mukta G. Sathare			
19	Manisha S. Dhote	MS-CIT		
20	Manisha S. Mahale			
21	Shantika G. Bhosale			
22	Shreyas M. Chavhan			
23	Shruti V. Mahale			
24	Shruti S. Bhandarkar			
25				

B.Com - I

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students
Class: B.COM - I

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
01	Ankita Bhograj Deshpande	MS-CIT	Ankita	
02	Ankita Ravindra Chaudhari	MS-CIT	Ankita	
03	Arunika R. Patilkar	MS-CIT	Arunika	
04	Denashvai N. Gajjar	MS-CIT	Denashvai	
05	Dnyani G. Bhajbhaje		Dnyani	
06	Kaushal D. Dewade		K. D. Dewade	
07	Kavita Wasudeo Chaudhari	MS-CIT	K. W. Chaudhari	
08	Krushna S. Nishant		Krushna	
09	Kamal D. Lalgamale		K. D. Lalgamale	
10	Pratik R. Balburde	MS-CIT	P. R. Balburde	
11	Prerona K. Kondekar	MS-CIT	Prerona	
12	Ishtikha C. Jangam		Ishtikha	
13	Preera A. Kaulde		Preera	
14	Roshni B. Waghmare		R. B. Waghmare	
15	Sakshi R. Pagarde	MS-CIT	Sakshi	
16	Sandeep R. Pawar	MS-CIT	Sandeep	
17	Shreyas C. Borkar		S. Borkar	
18	Srujan M. Dhanraj		S. M. Dhanraj	
19	Smruti M. Sengupta		Smruti	
20	Archi D. Patilkar		Archi	
21	Sahil S. Takar		Sahil	
22	Sapriya G. Ullaskar		Sapriya	
23	Sushma B. Bhogde		S. B. Bhogde	
24	Jasvika J. Kulkarni		Jasvika	
25	Tejaswini B. Jalmale	MS-CIT	T. B. Jalmale	
26	Ashvi M. Mahankar	MS-CIT	Ashvi	
27	Vaishnavi S. Bhargava		Vaishnavi	

B.Com - II

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students
Class: B.COM - II

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
01	Shweta P. Wale	MS-CIT	Shweta	
02	Achal T. Galburde		Achal	
03	Shasha R. Chaudhari		Shasha	
04	Mayuri A. Dewale		M. Dewale	
05	Hrushali K. Vaidya	MS-CIT	Hrushali	
06	Jeta R. Gogamale	MS-CIT	Jeta	
07	Kajal S. Mankar	MS-CIT	Kajal Mankar	
08	Mujal S. Sphalekar		Mujal	
09	Kalyani S. Bhoyar		Kalyani	
10	Krishna C. Shalgar		K. Shalgar	
11	Manita R. Chaudhari	MS-CIT	M. Chaudhari	
12	Manali A. Malode	MS-CIT	Manali	
13	Manika M. Lande		M. M. Lande	
14	Nikita M. Markate	MS-CIT	Nikita	
15	Nikita R. Thase	MS-CIT	Nikita	
16	Pooja S. Nigamkar	MS-CIT	Pooja	
17	Pradip T. Donsale		P. Donsale	
18	Pooja G. Tralade	MS-CIT	Pooja	
19	Pranika Y. Bhambure		P. Y. Bhambure	
20	Pragya V. Chaudhari	MS-CIT	Pragya	
21	Pooja P. Kulkarni	MS-CIT	Pooja	
22	Pooja J. Jitambar	MS-CIT	Pooja	
23	Radhika M. Shalgar	MS-CIT	R. M. Shalgar	
24	Rashmi A. Markate	MS-CIT	R. A. Markate	
25	Rishi P. Markate	MS-CIT	Rishi	
26	Ranika M. Gogamale	MS-CIT	Ranika	

B. Com - III

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students

Class: B-Com Final

Sl. No.	Name of Students	Computer Course	Sign of Student	Remark
1	Akanksha M. Dahare	MSCIT		
2	Bhagishree S. Wankar	MSCIT		
3	Disha P. Chavhan	MSCIT		
4	Kajal S. Khonde	MSCIT		
5	Kamna V. Karmate			
6	Kushbu D. Chandankumar			
7	Kuroud A. Nageshkar			
8	Nisha A. Dhore	MSCIT, Typing		
9	Deviya J. Chavhan			
10	Sai D. Jadhav	MSCIT		
11	Anish B. Patil	MSCIT		
12	Shital R. Kalse	MSCIT, Typing		
13	Ummed H. Khonde	MSCIT		
14	Veerendra D. Mahod			
15	Nikita V. Thakre	MSCIT		
16	Bhikesh S. Dupare	MSCIT		
17	Ashish A. Bhand	MSCIT		
18	Chetan P. Lanche	MSCIT		
19	Ganesh D. Patil	MSCIT		
20	Girishma R. Gangane	MSCIT		
21	Hastina P. Lemjekar	MSCIT		
22	Kantik D. Patil	MSCIT		
23	Manish W. Gajbhiye	Typing		
24	Mezha M. Uke	Typing		
25	Mithun R. Banskane	MS-CIT		

B.Sc. - I

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students

Class: B.Sc.-I

Sl. No.	Name of Students	Computer Course	Sign of Student	Remark
1	Ashish S. Hantkar	MSCIT		
2	Akanksha M. Wadhwa	MSCIT		
3	Alisha C. Patil	MSCIT		
4	Anjali Anur. Marniye	MSCIT		
5	Apeksha Jainam. Bot	MSCIT		
6	Chandani Sadhar. Ghodmare	MSCIT		
7	Darabha Shubh. Patil	MSCIT		
8	Dhmeshwari Vilas. Jangade	MSCIT		
9	Omudat. V. Jambhale			
10	Hanshika Gu. Chavhan	MS-CIT		
11	Kajal Kamalakar. Chavhan	MS-CIT		
12	Karishma Kailas. Pantake	MS-CIT		
13	Kavyanjali Rajesh. Jagade	MS-CIT		
14	Ketki Ravi. Jangade	MS-CIT		
15	Mahira. Rajkumar. Dalave	MS-CIT		
16	Madhita. Shilpa. Manjare	MS-CIT		
17	Hannal. Kushal. Ghate	MS-CIT/Typing		
18	Nytilan. Pravin. Jangade			
19	Nikita. Anur. Kumbhar	MS-CIT		
20	Omeshwari. Harichandra. Sankar	MS-CIT		
21	Anvayashree. K. Annapurne	MS-CIT		
22	Parashu. A. Hulke	MS-CIT		
23	Radhika. P. Dhore			
24	Rishi. R. Khobargade			
25	Priya. J. Dewalkar	MS-CIT		

B.Sc.-II

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students

Class: B.Sc.-II

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
1	Aashak Rajesh Borke	MS-CIT	Aashak	
2	Ashwanya Senapati	MS-CIT	Ashwanti	
3	Ashika Shamini Kaur	MS-CIT	Ashika	
4	Babli Sanjay Kulkarni	MS-CIT	Babli	
5	Bhushika Manoj Malwe	MS-CIT	Bhushika	
6	Achal P. Wajantkar	MS-CIT	Achal	
7	Anisha L. Kulkarni	MS-CIT	Anisha	
8	Ankita J. Tetmasare	MS-CIT	Ankita	
9	Mina K. Dangale	MS-CIT	Mina	
10	Ashika I. Navale	MS-CIT	A. Navale	
11	Kajal A. Ughade	MS-CIT	Kajal	
12	Anshu R. Mochharam	MS-CIT	Anshu	
13	Dipali D. Abasa	MS-CIT	Dipali	
14	Dipali R. Borikar	MS-CIT	Dipali	
15	Kashika S. Malode	MS-CIT	Kashika	
16	Divya M. Dhat	MS-CIT	Divya Dhat	
17	Manu P. Bhanarkar	MS-CIT	Manu	
18	Rani G. Rajee	MS-CIT	Rani Rajee	
19	Satomi D. Harshe	MS-CIT	Satomi	
20	Sanjana R. Chavhan	MS-CIT	Sanjana	
21	Sanjana A. Dhok	MS-CIT	Sanjana	
22	Shruti G. Deshpande	MS-CIT	Shruti	
23	Kalyani D. Madavi	MS-CIT	Kalyani	
24	Kalyani N. Taware	MS-CIT	Kalyani	
25	Tejashwini P. Tamkar	MS-CIT Typing	Tejashwini	

B.Sc.-III

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24
List of Computer Literate / Illiterate Students

Class: B.Sc. 3rd Year

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
1	Achal Sunil Gadgil	MS-CIT	Achal	
2	Ashwanya Geetika Dhat	MS-CIT	Ashwanti	
3	Ashanka Prakash Mate	MS-CIT	Ashanka	
4	Ashwini Murlidhar Jadhav	MS-CIT	Ashwini	
5	Dhanshree Prabhakar Rajkar	MS-CIT	Dhanshree	
6	Diksha Dilip Deshmukh	MS-CIT	Diksha	
7	Mina Siddharth Sakhar	MS-CIT	Mina	
8	Jashna S. Rajwade	MS-CIT	Jashna	
9	Jashna B. Jadhav	MS-CIT	Jashna	
10	M. Nisha A. Nising	MS-CIT	M. Nisha	
11	Namashree S. Chaudhari	MS-CIT	Namashree	
12	Nisha S. Gupta	MS-CIT	Nisha	
13	Nikita A. Yashwantrao	MS-CIT	Nikita	
14	Nikita V. Wabale	MS-CIT	Nikita	
15	Pooja A. Chaudhari	-	Pooja	
16	Pooja S. Wadgaonkar	MS-CIT	Pooja	
17	Pooja Mangam Unjapkar	MS-CIT	Pooja	
18	Pooja S. Chaudhari	MS-CIT	Pooja	
19	Pooja B. Tambe	MS-CIT	P. B. Tambe	
20	Pratibha S. Chaudhari	MS-CIT	Pratibha	
21	Priya Anand Kulkarni	MS-CIT	Priya	
22	Priya Anand Kulkarni	MS-CIT	Priya	
23	Priya Sanjay Patel	MS-CIT	Priya	
24	Pooja S. Wajantkar	-	Pooja	
25	Sanjana D. Panyane	MS-CIT	Sanjana	

M.A. Sociology, Economics, Political Science

Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24

List of Computer Literate / Illiterate Students

Class: M.A. (Sociology)

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
	Ajay K. Santakke	ms-cit	A.K. Santakke	
	Aman P. Randai	ms-cit	Aman Randai	
	Anil A. Bhandarkar	ms-cit	Anil Bhandarkar	
	Pinkay R. Jadhav		Pinkay R. Jadhav	
	Ashwin R. Sadawade	M.S.CIT	Ashwin R. Sadawade	
	Chetan R. Prasad	ms-cit	Chetan R. Prasad	
	Dubai Lal Singh	ms-cit	Dubai Lal Singh	
	Dhruv V. Deshmukh	M.S.CIT	Dhruv V. Deshmukh	
	Hemant M. Kharbadekar	M.S.CIT	Hemant M. Kharbadekar	
	Ishay P. Shetye	ms-cit	Ishay P. Shetye	
	Jitendra K. Mundhore	M.S.CIT	Jitendra K. Mundhore	
	Karant R. Patil	ms-cit	Karant R. Patil	
	Karan S. Vekar	ms-cit	Karan S. Vekar	
	Madhavi P. Bhandarkar		Madhavi P. Bhandarkar	
	Milind R. Lakhande	ms-cit	Milind R. Lakhande	
	Nishant M. Khante	M.S.CIT	Nishant M. Khante	
	Nishant P. Ghatge	M.S.CIT	Nishant P. Ghatge	
	Pratik G. Chavhan	M.S.CIT	Pratik G. Chavhan	
	Rajay R. Patil	ms-cit	Rajay R. Patil	
	Ravi V. Patil		Ravi V. Patil	
	Rohit R. Kulkarni	ms-cit	Rohit R. Kulkarni	
	Rohit D. Bhat	M.S.CIT	Rohit D. Bhat	
	Pratikha S. Salpate	ms-cit	Pratikha S. Salpate	
	Pratikha R. Meshram	M.S.CIT	Pratikha R. Meshram	
	Rahul Sagar Bhandarkar	ms-cit	Rahul Sagar Bhandarkar	


Bhivapur Mahavidyalaya, Bhivapur
Complete Students' Computer Literacy Programme
Session: 2023-24


List of Computer Literate / Illiterate Students

Class: M.A.

Sr. No.	Name of Students	Computer Course	Sign of Student	Remark
1	Shubham Ghatge	M.S.CIT	Shubham Ghatge	M.A. (SOC)
2	Gayatri Jadhav	M.S.CIT	Gayatri Jadhav	M.A. (ECON)
3	Taruni Jadhav	M.S.CIT	T. Jadhav	M.A. (ECON)
4	Pratik K. Patil	M.S.CIT	Pratik K. Patil	M.A. (ECON)
5	Sanjivani S. Rathod	ms-cit	Sanjivani S. Rathod	-II-
6	Vijay S. Lakhad	ms-cit	Vijay S. Lakhad	M.A. (ECON)
7	Sapana K. Khandekar	M.S.CIT	Sapana K. Khandekar	M.A. (ECON)
8	Vishwas V. Khawade	M.S.CIT	V.V. Khawade	M.A. (SOC)
9	Vishal V. Bhayre	M.S.CIT	Vishal V. Bhayre	M.A. (SOC)
10	Vandana A. Chaudhari	M.S.CIT	Vandana A. Chaudhari	M.A. (SOC)
11	Bhagyashree M. Bhande	M.S.CIT	Bhagyashree M. Bhande	M.A. (PO)
12	Ashwini A. Bhatnagar	M.S.CIT	Ashwini A. Bhatnagar	-II-
13	Ashwini S. Bhatnagar	M.S.CIT	Ashwini S. Bhatnagar	-II-
14	Akshaya A. Tikhe	M.S.CIT	Akshaya A. Tikhe	-II-
15	Akruti K. Meshram	M.S.CIT	Akruti K. Meshram	-II-
16	Bhrami V. Chaudhari	M.S.CIT	Bhrami V. Chaudhari	-II-
17	Dhanashree M. Sankar	M.S.CIT	Dhanashree M. Sankar	-II-
18	Divya T. Deshmukh	M.S.CIT	Divya T. Deshmukh	-II-
19	Jayanti S. Gajghate	M.S.CIT	Jayanti S. Gajghate	-II-
20	Kaushal D. Mahale		Kaushal D. Mahale	-II-
21	Minkshi D. Randai	M.S.CIT	Minkshi D. Randai	-II-
22	Parvati H. Tekade	M.S.CIT	Parvati H. Tekade	-II-
23	Pratikha D. Meshram	M.S.CIT	Pratikha D. Meshram	-II-
24	Sachin G. Narshe	M.S.CIT	Sachin G. Narshe	-II-
25	Sushant H. Thase	M.S.CIT	Sushant H. Thase	-II-
26	Sushant H. Thase	M.S.CIT	Sushant H. Thase	-II-
27	Vinay M. Narshe		Vinay M. Narshe	-II-

Specimen copy of Registration Form of “Basic Computer Knowledge Programme”

 Bhiwapur Mahavidyalaya, Bhiwapur
Basic Computer Knowledge Programme
Session: 2023-2024



REGISTRATION FORM

Name of the Student in full: Rushali Subhash Dhongade

Name of the Course: Basic computer knowledge programme

Class: BSc^{1st} year Gender: female

Date of Birth: 01/12/2004 Category: OBC

Place of Birth: Makhada

Aadhar Card Number: 507240944236

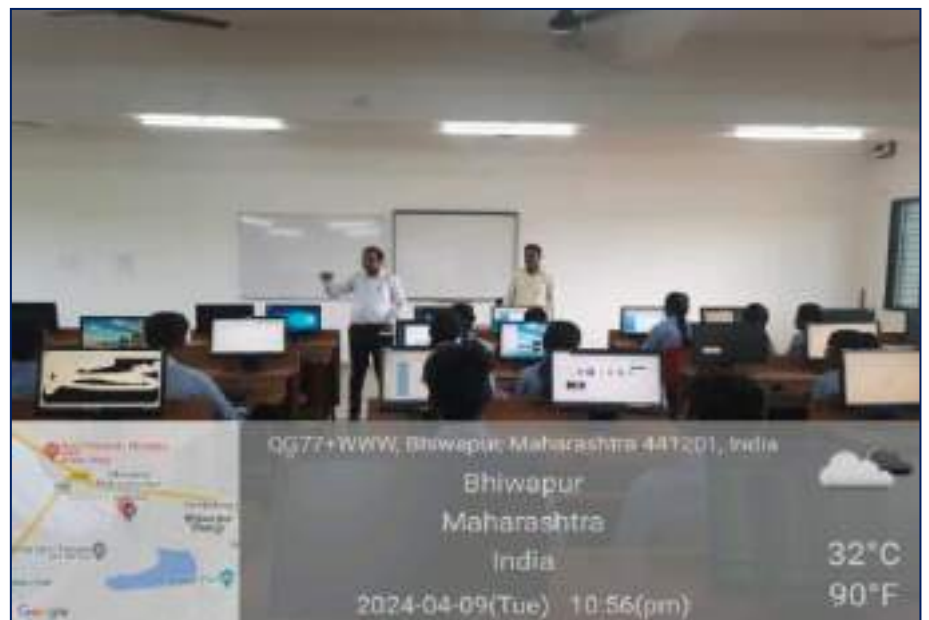
Address for correspondence: A1, Makhada Po. Naxi
Tah. Bhiwapur, Dist.
Nagpur

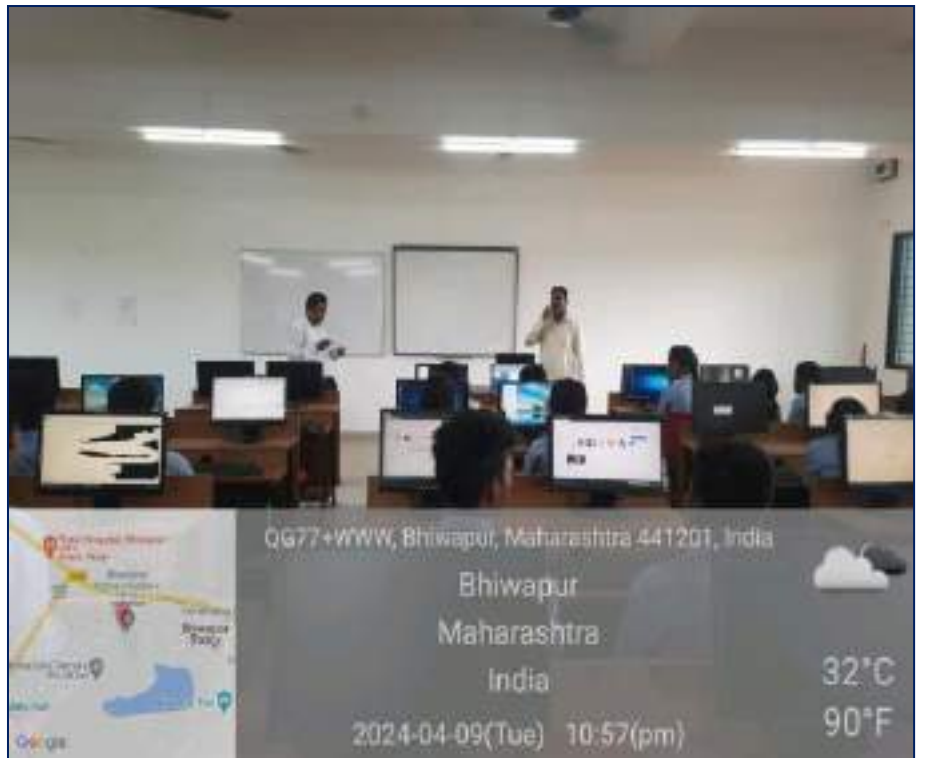
Mobile Number: 9854087173

E-mail Id: Subhashdhongade17@gmail.com

Date: 27/03/2024 Dhngade
Sign. of Student

Asst. Prof. Dr. Ravikant Mishra conducting Theory Classes during the “Basic Computer Knowledge Programme”





Mr. Khushwant Dhamke instructing the trainees on the topic 'Internet Surfing and Web Browsing'.



Mr. Dhamke teaching the Basic Skills of Computer in the Computer Lab of Bhiwapur Mahavidyalaya.



Mr. Khushwant Dhamke assisting students in addressing the technical issues in Computers.



Students receiving in-depth insights into Hardware and Software from expert Mr. Khushwant Dhamke



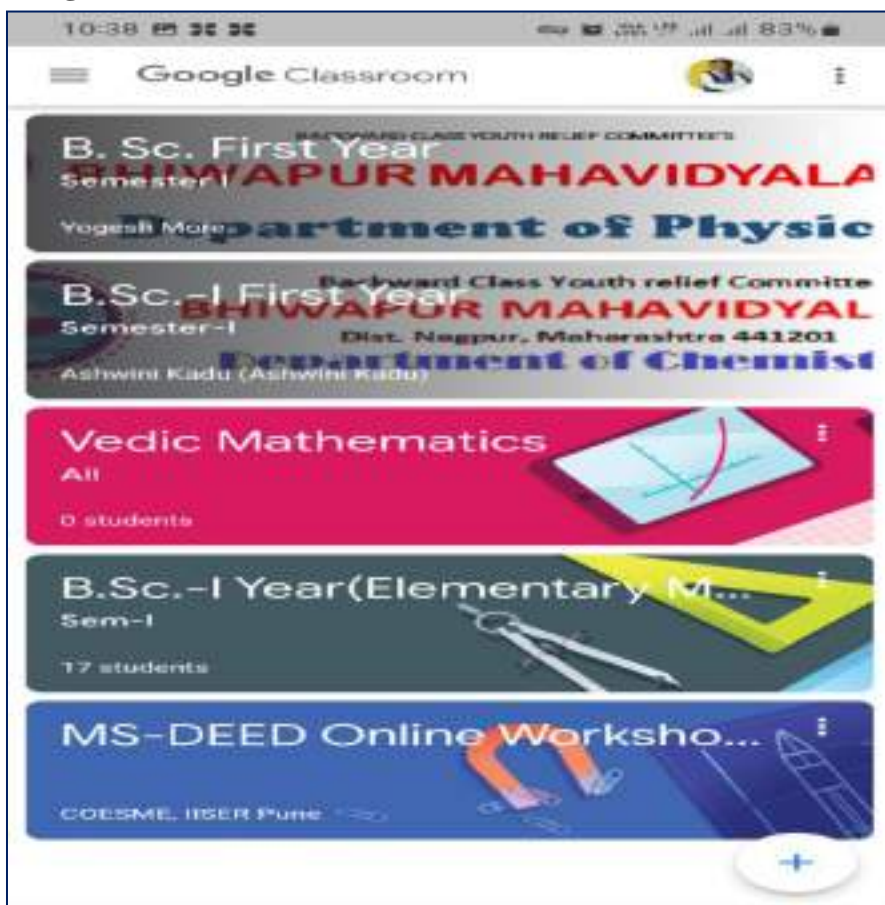
Students receiving in-depth insights into Hardware and Software from expert Mr. Khushwant Dhamke

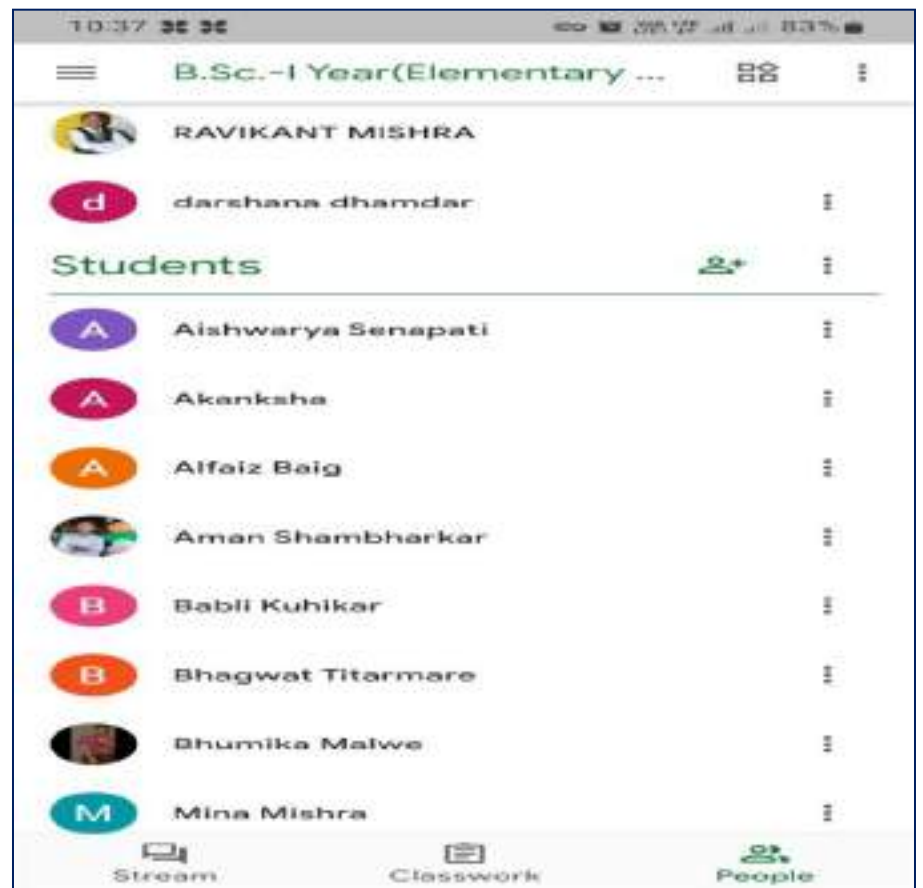


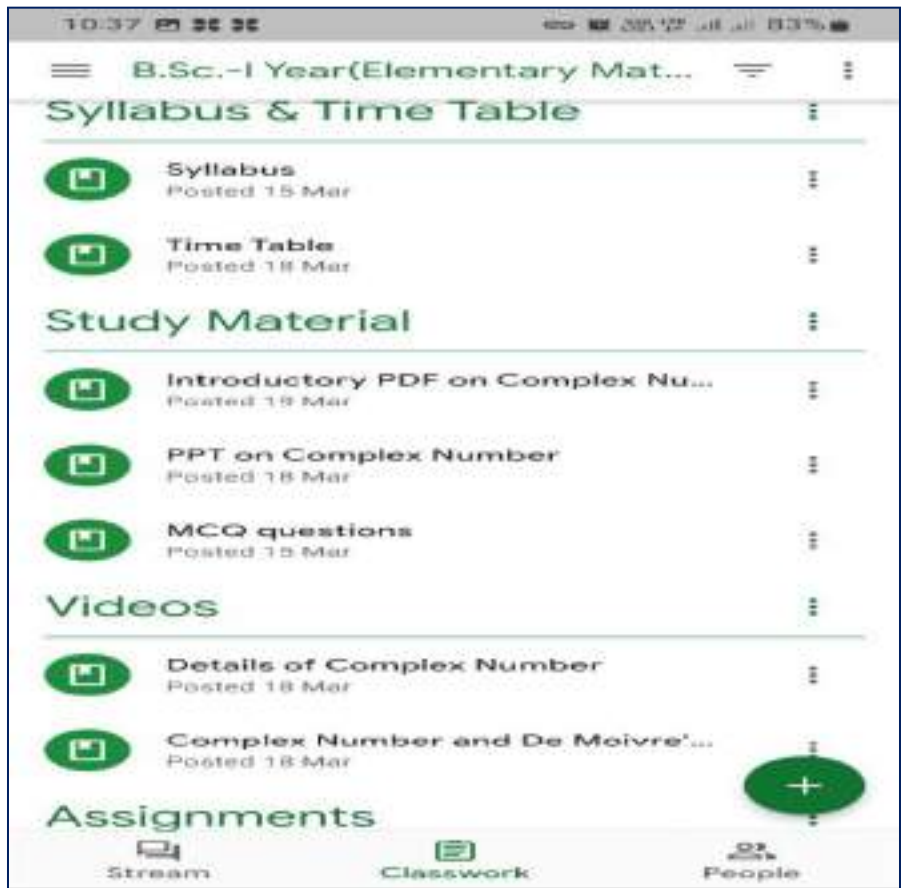
Asst. Prof. Dr. Ashwini Kadu teaching with the help of Interactive Board



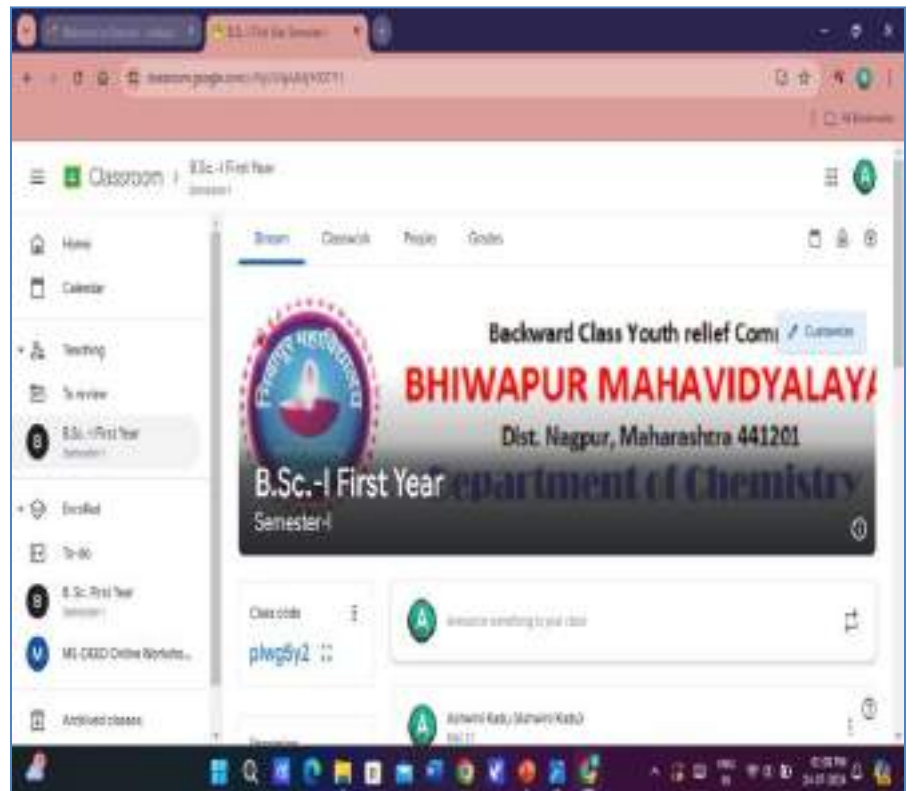
Google Classroom Screenshots of Asst. Prof. Dr. Ravikant Mishra







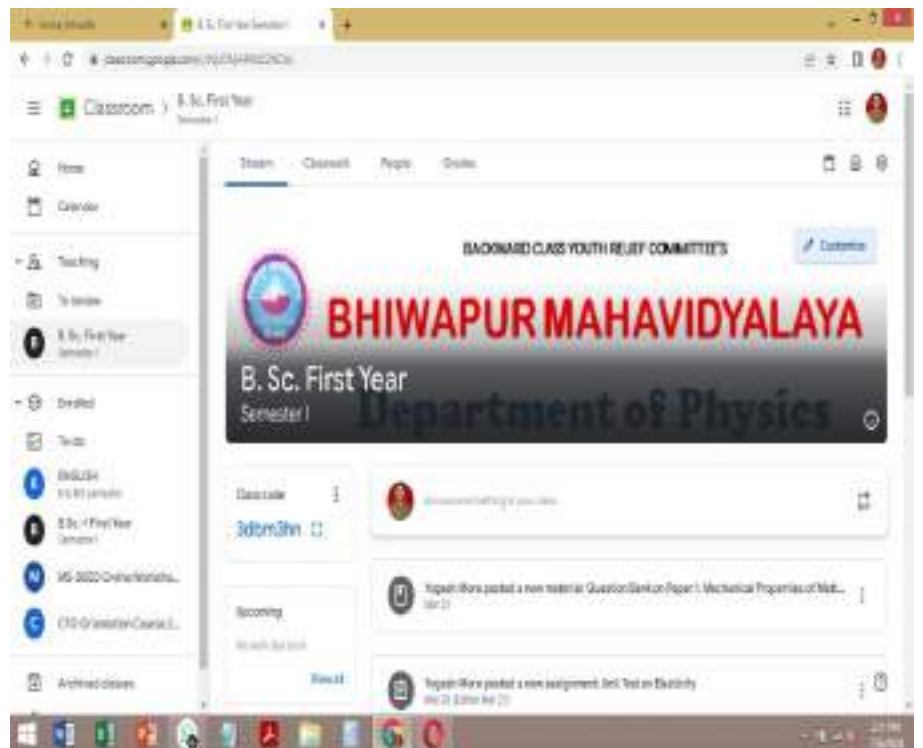
Google Classroom Screenshots of Asst. Prof. Dr. Ashwini Kadu

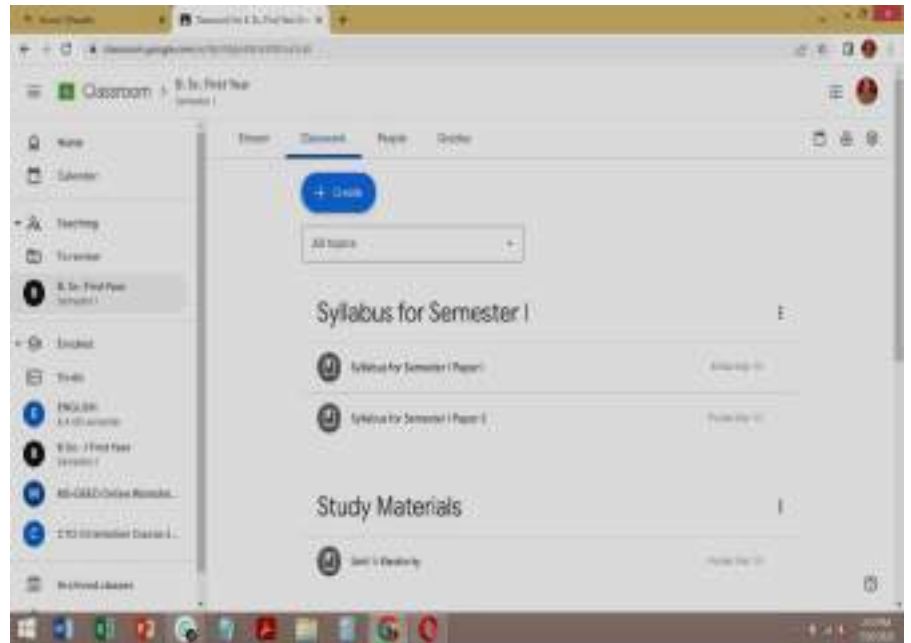


Google Classroom Screenshot of Asst. Prof. Someshwar Wasekar

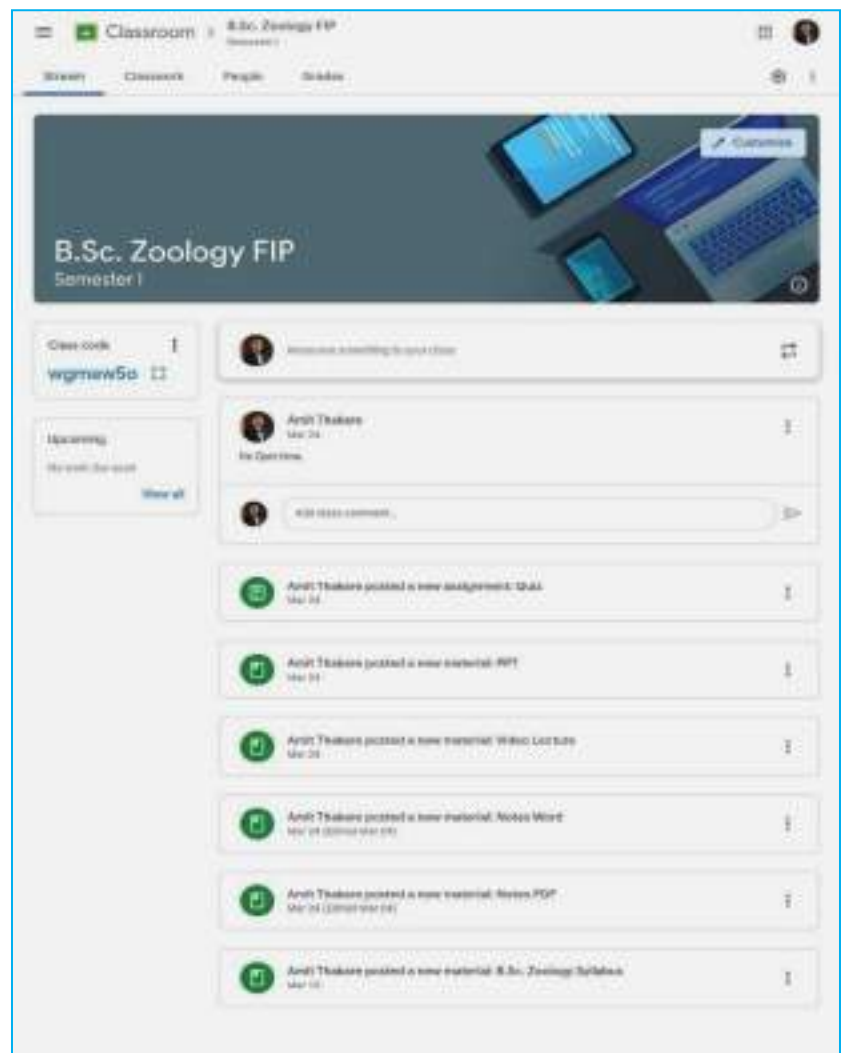


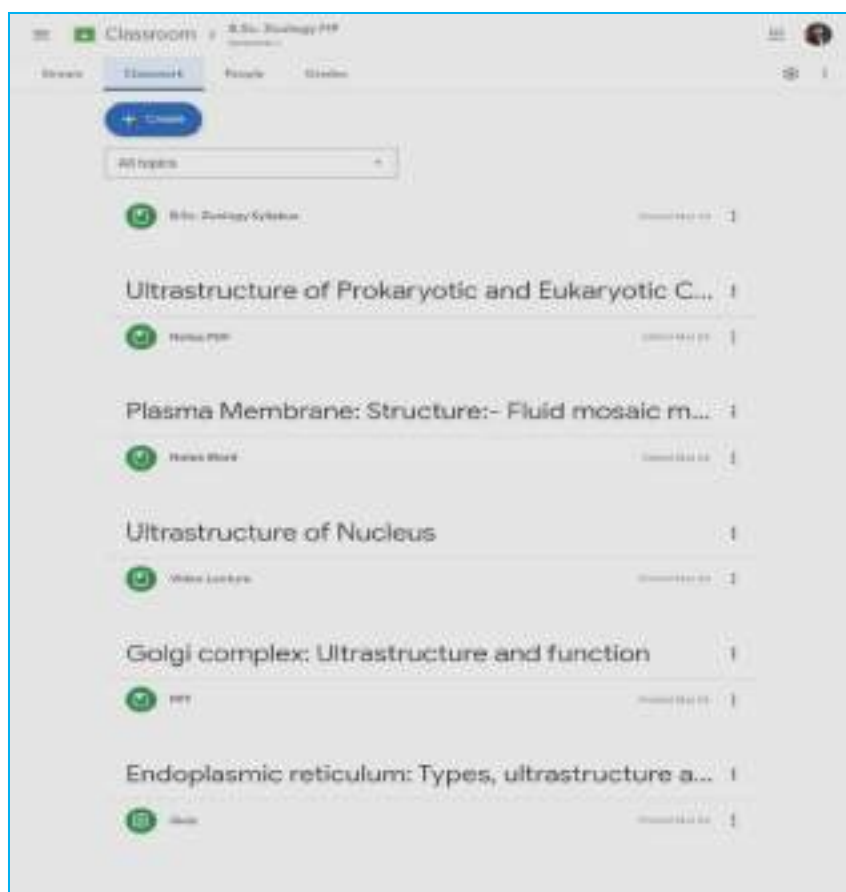
Google Classroom Screenshot of Asst. Prof. Dr. Yogesh More



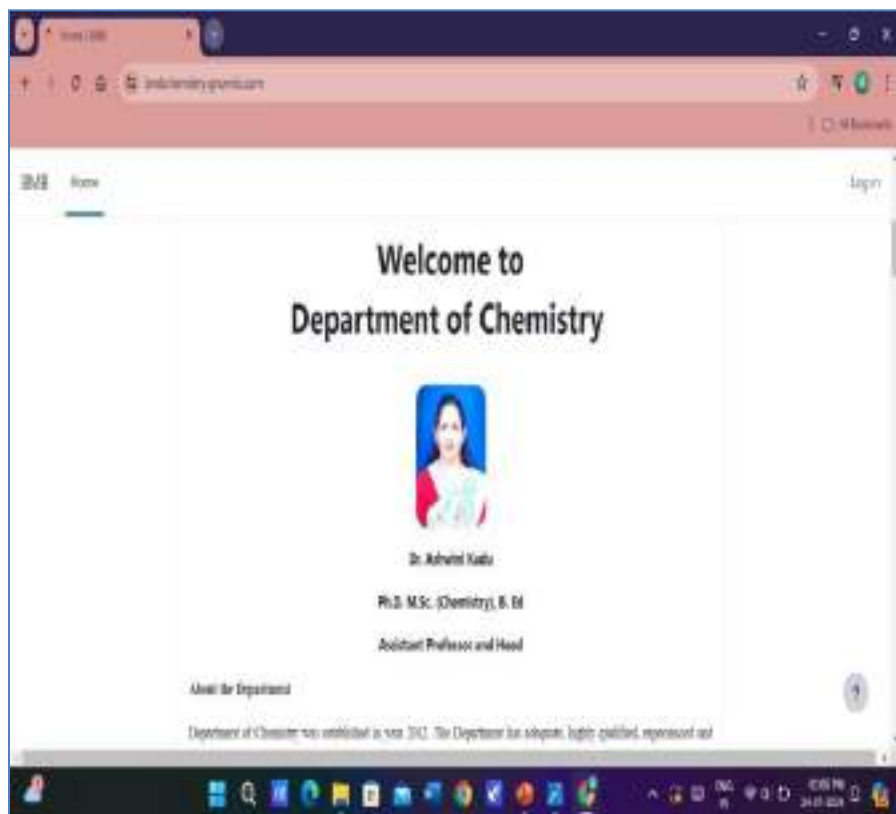


Google Classroom Screenshot of Asst. Prof. Amit Thakare





<https://bmbchemistry.gnomio.com> website Screenshot



The screenshot shows a web browser window displaying the 'Elementary Mathematics' course page. The browser's address bar shows the URL <https://ravikantmishra123.gnomio.com>. The page header includes navigation links: Home, Dashboard, My course, Site administration. The main content area features a 'Welcome Dear Students' message with the following details:

- Name of Course : Elementary Mathematics
- Duration : 30 Hours
- Instructor: Dr. Ravikant Mishra
- Head Department of Mathematics
- Contact: 9421344081
- email: ravikant123@gmail.com

The screenshot shows the 'Available courses' section. It features a video player with a red play button and a 'Watch on YouTube' button. Below the video, the course details are listed:

- Course Summary:** Course Summary for Dr. Ravikant Mishra
- Name of the Paper/Course:** Elementary Mathematics
- Name of the facilitator/Teacher:** Dr. Ravikant Mishra
- Duration:** 30 Hours
- Semester:** First Semester
- Mode of teaching:** Online
- Credits:** 02
- Type of course:** Foundation/Core/ Elective
- Brief description about the course:**
 - I. Unit 1: Complex Numbers
 - II. Unit 2: Matrices
 - III. Unit 3: Theory of Equations
 - IV. Unit 4: Elementary Number Theory
- Assessment:** Online quiz, Seminar, Assignment, etc.
- Evaluation: Distribution of marks:**
 - Theory: 08 marks,
 - Internal Assessment: 15 marks
- Suggested Reading:**
 - Name of the Books or Links
 - Mathematics (B. Sc. - O), Himalaya Publication
- Teacher:** Dr. Ravikant Mishra

The page footer includes the text 'VEDIC MATHEMATICS'.

VEDIC MATHS BY DR. RAJIKANT MISHRA
 Mathematics (B. Sc. - II), Himalaya Publications
 Teacher: Dr. Rajikant Mishra

Vedic Mathematics



Watch on YouTube OR FAST CALCULATIONS

Course Summary

Q Name of the Paper/Course: Vedic Mathematics
 Q Name of the Institute/Teacher: Dr. Rajikant Mishra
 Q Duration: 30 hrs
 Q Semester: Second Semester
 Q Mode of teaching: ONLINE
 Q Type of course: Elective
 Q Brief description about the course:

- I. Unit 1: Introduction
- II. Unit 2: Multiplication with 999999.....
- III. Unit 3: Base Multiplication Method
- iv. Unit 4: Magic with Different Numbers

Q Assessment: Online quiz, Seminars, Assignment, etc
 Q Evaluation: Distribution of marks:
 - Theory: 85 marks,
 - Internal Assessment: 30 marks.

Q Suggested Reading: Name of the Books or links
 - Vedic Mathematics by Rajikant Mishra.
 - Advanced Mathematics

Teacher: Dr. Rajikant Mishra

Available courses

<https://amitthakare.gnomio.com> website Screenshot

Available courses

Paper I General Mathematics (Elective) 📌



Course Summary

✓ Name of the Paper/Course: (Semester Paper I) General Mathematics (Physiology)
 ✓ Name of the Institute/Teacher: Asst. Prof. Anil Kishan Thakur
 ✓ Duration: 6 Months
 ✓ Semester: VI
 ✓ Mode of teaching: Online
 ✓ Course: 1st
 ✓ Type of course: Elective
 ✓ Brief description about the course:

- I. Unit 1: General and Medical Physiology
- II. Unit 2: Nutrition
- III. Unit 3: Immunology
- IV. Unit 4: Reproduction

✓ Assessment: 10th term, Seminars, Assignment
 ✓ Evaluation: Distribution of marks:
 Theory: 80 marks,
 Practical: 30 marks,
 Internal Assessment: 10 marks

✓ Suggested reading: Name of the Books or links:
 Physiology
 1. Human Physiology - Ganong's 41th ed. 1st II
 2. Medical Physiology - Ghatak
 3. T. H. of general Physiology - Bhatt
 4. Introduction to Animal Physiology and Human Homeostasis - H. W. Magill
 5. Animal Physiology - Anon 44th
 6. Nutrition and Comparative Physiology - Prasad 1st ed.
 7. T. H. of Animal Physiology - Ghatak 1st ed. 1st II
 8. Animal Physiology - Ghatak 1st ed. 1st II
 9. T. H. of Animal Physiology & Clinical Physiology - Ghatak & Prasad
 10. Human Homeostasis - Ghatak 1st ed. 1st II
 11. Reproduction and Human welfare - Ghatak and Ghatak
 12. Animal Physiology - Ghatak & Ghatak
 13. Animal Physiology - Ghatak & Ghatak
 14. Human Physiology - Ghatak and Ghatak
 15. Applied Physiology - Ghatak, Ghatak and Ghatak
 16. Animal Physiology - Ghatak 1st ed. 1st II
 17. Animal Physiology - Ghatak 1st ed. 1st II

Asst. Prof. Anil Kishan Thakur
 Course Coordinator

Teacher: Anil Thakur

Bhiwapur Mahavidyalaya, Bhiwapur
 Basic Computer Knowledge Programme
 Session: 2023-2024

Attendance Sheet

Sr. No.	Name of Student	Class	Date						
			23/01/24 Sign.	24/01/24 Sign.	05/01/24 Sign.	06/01/24 Sign.	07/01/24 Sign.	12/01/24 Sign.	13/01/24 Sign.
21	Prasanna D. Chaudhari	B+1	Pachankhe	Pachankhe	AB	Pachankhe	Pachankhe	Pachankhe	AB
22	Ritesh S. Dny	B+1	Pachankhe	Pachankhe	Pachankhe	Pachankhe	Pachankhe	Pachankhe	Pachankhe
23	Umesh S. Patil	B+1	Pachankhe	Pachankhe	Pachankhe	Pachankhe	Pachankhe	Pachankhe	Pachankhe
24	Harshad D. Pachankhe	B+1	AB	Harshad	Harshad	Harshad	Harshad	AB	AB
25	Anand V. Patil	B+1	AB	AB	AB	AB	AB	AB	AB
26	Mukul J. Bahate	B+1	Bahate	Bahate	Bahate	Bahate	Bahate	Bahate	AB
27	Sujal P. Mahajan	B+1	Sujal	Sujal	Sujal	AB	AB	Sujal	Sujal
28	Sahil W. Ambedkar	B+1	AB	Ambedkar	Ambedkar	Ambedkar	AB	AB	AB
29	Prasanna S. Bhusari	B+1	AB	Prasanna	Prasanna	Prasanna	Prasanna	Prasanna	Prasanna
30	Vinay V. Kulkarni	B+1	AB	Qvale	Qvale	Qvale	Qvale	Qvale	Qvale

**JOB
GEORGE**

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by JOB GEORGE

Date:

2025.01.11

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Principal
Bhiwapur Mahavidyalaya



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

E-mail: bmv_bhiwapur@yahoo.com; bgm.college1990@gmail.com Website: <https://www.bmb.ac.in>

Tel: 07106-232349

DETAILED REPORT OF THE ACTIVITY

2023-2024

ACADEMIC SESSION	2023-2024
NAME OF THE ACTIVITY	Participation of students in International Level Quiz Competition
ORGANIZING INSTITUTION/COLLABORATING INSTITUTIONS	Smt. Rewaben Manoharbai Patel Kala Mahavidyalaya, Bhandara
CORE AREAS COVERED	English Literature
SCHEDULE	10 th December, 2023
VENUE	Online Platform
MODE OF ACTIVITY (ONLINE/OFFLINE (IF ONLINE, GIVE WEBLINK))	Online
ORGANIZING COMMITTEE	Cultural Committee
CHIEF COORDINATOR	Asst. Prof. Someshwar Vinodrao Wasekar
COMMITTEE MEMBERS	Asst. Prof. Dr. M. V. Nandanwar, Asst. Prof. Dr. M. R. Chavhan, Asst. Prof. Dr. A. V. Mahawadiwar, Asst. Prof. Dr. Jyoti Bante, Asst. Prof. Chetana Thakare, Asst. Prof. Dr. Ashwini Kadu, Asst. Prof. Ashwini Ramteke, Asst. Prof. Darshana Dhamdar and Ku. Jijabai Parate
BENEFICIARIES/TARGET	Students of B.A., B. Com. and B.Sc.

GROUP																																		
NUMBER OF STUDENTS/BENEFICIARIES	Eleven Students																																	
DETAILED REPORT OF THE ACTIVITY	<p>The students of our College participated in the National Level Quiz Competition organized by Smt. Rewaben Manoharbai Patel Mahila Kala Mahavidyalaya, Bhandara on 10th December, 2023 in an Online Mode. The Quiz Competition was unique in itself as it created interest among the participants about English Literature. The students of our College received Certificates of Excellence.</p> <p>The list of students is as follows;</p> <table border="1"> <thead> <tr> <th>S. N.</th> <th>Name of the student</th> <th>Class</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Miss Amisha M. Kakde</td> <td>B.A.III</td> </tr> <tr> <td>2</td> <td>Miss Ankita R. Thawkar</td> <td>B.A.III</td> </tr> <tr> <td>3</td> <td>Mr. Dhiraj B. Mankar</td> <td>B.A.III</td> </tr> <tr> <td>4</td> <td>Miss Janhvi G. Channe</td> <td>B.A.III</td> </tr> <tr> <td>5</td> <td>Mr. Jitendra V. Waghmare</td> <td>B.A.III</td> </tr> <tr> <td>6</td> <td>Miss Kajal K. Dhone</td> <td>B.A.III</td> </tr> <tr> <td>7</td> <td>Mr. Kiran N. Dhone</td> <td>B.A.III</td> </tr> <tr> <td>8</td> <td>Miss Minisha Kawale</td> <td>B.A.III</td> </tr> <tr> <td>9</td> <td>Miss Nikita V. Deshmukh</td> <td>B.A.III</td> </tr> <tr> <td>10</td> <td>Miss Pranali Y. Gavture</td> <td>B.A.III</td> </tr> </tbody> </table>	S. N.	Name of the student	Class	1	Miss Amisha M. Kakde	B.A.III	2	Miss Ankita R. Thawkar	B.A.III	3	Mr. Dhiraj B. Mankar	B.A.III	4	Miss Janhvi G. Channe	B.A.III	5	Mr. Jitendra V. Waghmare	B.A.III	6	Miss Kajal K. Dhone	B.A.III	7	Mr. Kiran N. Dhone	B.A.III	8	Miss Minisha Kawale	B.A.III	9	Miss Nikita V. Deshmukh	B.A.III	10	Miss Pranali Y. Gavture	B.A.III
S. N.	Name of the student	Class																																
1	Miss Amisha M. Kakde	B.A.III																																
2	Miss Ankita R. Thawkar	B.A.III																																
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8	Miss Minisha Kawale	B.A.III																																
9	Miss Nikita V. Deshmukh	B.A.III																																
10	Miss Pranali Y. Gavture	B.A.III																																

	11	Miss Sanjana R. Bhiwankar	B.A.III
PROGRAMME OBJECTIVES	<ul style="list-style-type: none"> • To encourage our students to acquire General Knowledge. • To motivate our students to participate in Competitive Examinations. • To build confidence among our students. • To develop the overall personality of our students. • To enhance the holistic development of our students. • To enhance the reading habits of our students. 		
IMPACT/OUTCOME ACHIEVED	<ul style="list-style-type: none"> • The Quiz Competition proved to be very informative and useful for the participants. • Encouraged the students to acquire General Knowledge. • Eleven students participated in the Quiz Competition. • Successful students received Certificates of Appreciations. • Developed self-confidence among our students. • Developed the overall personality of our students. • Enhanced the holistic development of our students. • Enhanced the reading habits of our students. 		
GEOTAG PHOTO GALLERY	Samples of Certificates of Appreciation		

WITH CAPTIONS (Only GEOTAG photos covering the entire gamut/span of the activity will be accepted)





ANY OTHER INFORMATION



JOB
GEORGE

Digitally signed
by JOB GEORGE
Date: 2025.01.11
17:41:44 +05'30'

Principal
Bhiwapur Mahavidyalaya



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

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E-mail: bmv_bhiwapur@yahoo.com; bgm.college1990@gmail.com

Website: <https://www.bmb.ac.in>

Tel: 07106-232349

DETAILED REPORT OF THE ACTIVITY

2023-2024

ACADEMIC SESSION	2023-2024
NAME OF THE ACTIVITY	Online Webinar on Yoga and Pranayama -Effective Mechanisms to Address Depression Arising from Excessive Use of Screen Time on Mobile and T.V.
ORGANIZING INSTITUTION/COLLABORATING INSTITUTIONS	Bhiwapur Mahavidyalaya and Cluster of Thirteen Institutions (CoTI) <ol style="list-style-type: none">1. Nabira Mahavidyalaya, Katol,2. Yashwant Mahavidyalaya, Seloo,3. Arts and Science College, Arvi,4. R. G. Bhoyar Arts, Commerce and Science College, Seloo5. Indraprashtha New Arts, Commerce and Science College, Wardha,6. Yashwant Mahavidyalaya, Wardha,7. New Arts College, Nachangaon, Pulgaon,8. Late Vasanttrao Kolhatkar College, Rohna,9. Narayanrao Kale Smruti Model College, Karanja.10. Arvindbabu Deshmukh Mahavidyalaya, Bharsingi,11. Jeevan Vikas Mahavidyalaya, Devgram,12. Priyadarshini Mahila Mahavidyalaya, Wardha.
CORE AREAS COVERED	<ul style="list-style-type: none">● Impact of Excessive Screen Time● Overtraining and Its Impact● Yoga and Pranayama● Cooling Down Techniques● Holistic Health Considerations● Body Composition and Performance● Preventive Health Measures● Community and Institutional Role
SCHEDULE	30 th April, 2024

VENUE	Google meet
MODE OF ACTIVITY (ONLINE/OFFLINE (IF ONLINE, GIVE WEBLINK)	https://meet.google.com/fue-qumd-yom
ORGANIZING COMMITTEE	Sports Committee
CHIEF COORDINATOR	Asst. Prof. Dr. Aditya Kishor Sarwe
COMMITTEE MEMBERS	Associate Prof. Dr. S.K. Shinde Asst. Prof. Dr. M.V. Kadu Asst. Prof. Dr. A. M. Mahawadiwar Mr. Ganesh Shahane
KEYNOTE SPEAKER/RESOURCE PERSON/PERSONS (Furnish a Brief Report on the Keynote Speaker's Expertise)	1. Capt. Dr. Tejsingh Jagdale, Director of Sports and Physical Education, Nabira Mahavidyalaya, Katol 2. Dr. Jobi George, Principal, Bhiwapur Mahavidyalaya, Bhiwapur
BENEFICIARIES/TARGET GROUP	Students, Sportspersons, Parents along with teaching and non-teaching staff from the Organizing Institutions
NUMBER OF STUDENTS/BENEFICIARIES	136
DETAILED REPORT OF THE ACTIVITY	<p>‘Department of Physical Education and Sports’ of Bhiwapur Mahavidyalaya, in collaboration with Cluster of Thirteen Institution (CoTI), organized One-day National Webinar on ‘Yoga and Pranayama -Effective Mechanisms to Address Depression Arising from Excessive Use of Screen Time on Mobile and T.V.’ on 30th April, 2024.</p> <p>Asst. Prof. Dr. A.K. Sarwe, Director, Department of Physical Education and Sports, of our College, delivered the Introductory Remarks. Captain Dr. Tejsingh Jagdale, renowned Yoga Trainer was the Keynote Speaker of the Webinar. He provided valuable insights on the impact of excessive screen time and overtraining. He stressed the</p>

	<p>significance of incorporating proper cooling down techniques into exercise routines and encouraged instructors to consider factors like food, sleep, and mood when planning training programme.</p> <p>Dr. Tejsingh Jagdale also discussed how making the right food choices can help prevent health issues. He advised delegates to assess body composition to enhance performance through proper dietary choices. He underscored the importance of maintaining a balanced diet to prevent injuries and facilitate athletes’ progress. He emphasized the need for continuous efforts to ensure success in the world of sports.</p> <p>Dr. Jobi George, the Principal of our College hoped that the knowledge shared by the Resource Person would be instrumental in highlighting the importance of Yoga and Pranayama. He also emphasized that the educational institutions, workplaces, and community centers should promote these practices and provide resources for individuals to learn and integrate them into their lives.</p> <p>Overall, the National Webinar served as a platform for valuable discussions and knowledge sharing on the topics of excessive use of mobile devices and TV, as well as rehabilitation through Yoga and Pranayama, aiming to benefit students and sports persons across the nation. Asst. Prof. Dr. A.K. Sarwe conducted the proceedings of the Webinar. Asst. Prof. Dr. Ravikant Mishra, proposed the formal Vote of Thanks. In all, 136 participants marked their online attendance for the Event.</p>
<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To raise awareness about Mobile use and the importance of Yoga and Pranayama among athletes, coaches, and sports enthusiasts. • To facilitate the sharing of knowledge and insights from experts in the field of Yoga and Meditation.

	<ul style="list-style-type: none"> • To educate the participants on how proper Yoga, can help to prevent Body Posture. • To provide guidance on the role of nutrition in preventing Malnutrition and improving health • To engage the local community and educational Institutions in discussions related to excessive use of mobile and T.V. • To strengthen collaboration among educational Institutions, sports authorities, and experts for the benefit of Students and sports development. • To promote a holistic approach to Yoga by addressing the importance of both physical health and nutrition for sportspersons.
<p>PROBLEMS FACED, IF ANY</p>	<p>Technical Challenges: As the National Webinar was conducted online, technical issues such as internet connectivity problems, audio/video glitches and platform compatibility issues disrupted the smooth flow of the Event.</p> <p>Participant Engagement: Ensuring active participation and engagement from online attendees was challenging.</p> <p>By addressing these potential challenges through careful planning, communication, and contingency measures, the Organizers enhanced the success of the National Webinar and provided a valuable experience for the participants and speakers alike.</p>
<p>IMPACT/OUTCOME ACHIEVED</p>	<ul style="list-style-type: none"> • Raised awareness about sports injuries and the importance of rehabilitation among athletes, coaches, and sports enthusiasts. • Facilitated the sharing of knowledge and insights from experts in the field of sports injury, prevention and rehabilitation. • Educated the participants on how proper training,

including cooling down techniques, can help to prevent sports injuries.

- Provided guidance on the role of nutrition in preventing injuries and improving athletes' performances.
- Emphasized the importance of customized diets for athletes aged 17 years and above, to meet their specific nutritional needs.
- Promoted the use of body composition analysis as a tool to enhance athletes' performances by optimizing their dietary choices.
- Encouraged strategies and practices that can lead to success in sports by avoiding injuries and improving performances.
- Engaged the local community and educational Institutions in discussions related to sports, injury, prevention, and athlete rehabilitation.
- Strengthened collaborations among educational Institutions, sports authorities, and experts, for the benefit of athletes and sports development.
- Promoted a holistic approach to sports by addressing the importance of both physical health and nutrition for sportspersons.

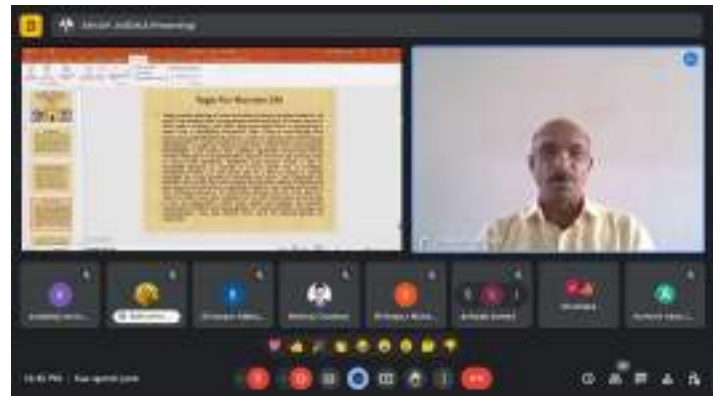
ANALYSIS REPORT OF THE FEEDBACK OBTAINED FROM STUDENTS/ BENEFICIARIES/ ACADEMIC PEERS ETC.



GEOTAG PHOTO GALLERY WITH CAPTIONS (Only GEOTAG photos covering the entire gamut/ span of the activity will be accepted)



Asst. Prof. Dr. A.K. Sarwe, delivering Introductory Remarks.

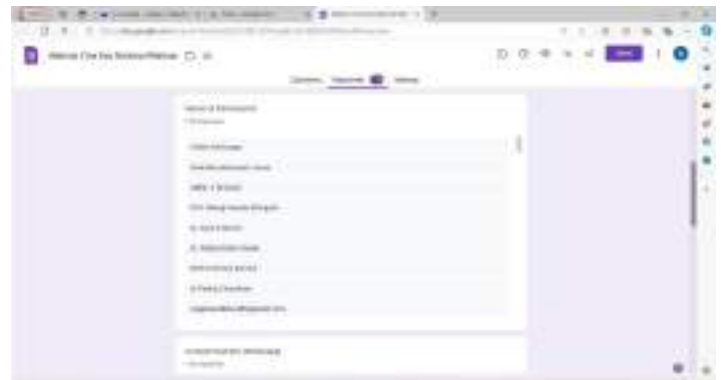
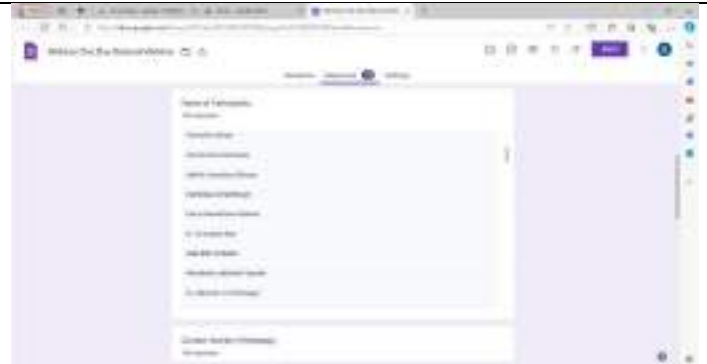


Dr. Tejsingh Jagdale, delivering his Keynote Address



Dr. Jobi George, the Principal of our College, delivering Presidential Address.

SCANNED COPY OF ATTENDANCE SHEET



Dr. Jobi George

Digitally signed by Dr. Jobi George
DN: cn=Dr. Jobi George, o=Bhiwapur Mahavidyalaya, ou=Principal, email=bmv_bhiwapur@yahoo.com, c=US
Date: 2025.01.12 15:27:07 +05'30'

**Principal
Bhiwapur Mahavidyalaya**