



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

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Tel: 07106-232349

ACTIVITY REPORT

ACADEMIC SESSION	2022-2023
ORGANIZER	Bhiwapur Mahavidyalaya
NAME OF THE ACTIVITY	Certificate Course in Swimming
AREAS COVERED	<ul style="list-style-type: none">• Life Saving Skills• Basics of First Aid• Basic Skills of Swimming• Well-being of the Swimmers• Mental Health and Peace of Mind• Stress Reliving Activity
PROGRAMME SCHEDULE	From 1st November, 2022 to 13th December, 2022
VENUE	Bhiwapur Mahavidyalaya
MODE OF ACTIVITY	Offline
ORGANIZING COMMITTEE	COMMITTEE FOR RUNNING B. VOC. DEGREE PROGRAMMES (Bachelor of Vocation), COMMUNITY COLLEGES, CAREER ORIENTED PROGRAMMES, ADVANCED DIPLOMA PROGRAMMES AND ONE

	STUDENT ONE SKILL PROGRAMME (OSOSP)
PROGRAMME COORDINATOR	Asst. Prof. Dr. Anita Mahawadiwar
COMMITTEE MEMBERS	<ol style="list-style-type: none"> 1. Asst. Prof. Dr. Raheel Quraishi 2. Asst. Prof. Dr. Ashwini Kadu 3. Asst. Prof. Amit Thakare 4. Asst. Prof. Sachin Kubde 5. Asst. Prof. Ravikant Mishra
KEYNOTE SPEAKER/RESOURCE PERSON	<p>Asst. Prof. Dr. Aditya Kishor Sarwe</p> <p>Director,</p> <p>Physical Education and Sports,</p> <p>Bhiwapur Mahavidyalaya, Bhiwapur</p>
TARGET GROUP	Entire students of the College
NUMBER OF STUDENTS PARTICIPATED /BENEFICIARIES	30
SYLLABUS AS PER THE MODULE	<p style="text-align: center;">Certificate Course in Swimming</p> <p style="text-align: center;">Under ‘One Student One Skill Programme’ (OSOSP)</p> <p style="text-align: center;">Syllabus of the Certificate Course</p> <p style="text-align: center;">2022-2023</p> <p>Unit 1</p> <p>Introduction to Basic Water Skills</p> <p>Unit II</p> <p>Getting Comfortable to different depths of water</p>

	<p>Unit III</p> <p>Breath holding</p> <p>Unit IV</p> <p>Floating on water</p> <p>Unit V</p> <p>Swimming Strokes in Competition</p> <p>Unit VI</p> <p>Types of Diving</p> <p>Unit VII</p> <p>Basics of First Aid and CPR</p>
<p>BRIEF REPORT</p>	<p>The Department of Physical Education and Sports, under the banner of ‘COMMITTEE FOR RUNNING B. VOC. DEGREE PROGRAMMES (Bachelor of Vocation), COMMUNITY COLLEGES, CAREER ORIENTED PROGRAMMES, ADVANCED DIPLOMA PROGRAMMES AND ONE STUDENT ONE SKILL PROGRAMME (OSOSP)’, conducted ‘Certificate Course in Swimming’ during the Academic Session 2022-2023. The ‘Certificate Course in Swimming’ was conducted in our College from 1st December, 2022 to 13th December, 2022.</p> <p>Dr. Jobi George, the Principal of our College, Associate Prof. Dr. Sunil Shinde, Asst. Prof. Dr. Mangesh Kadu, Asst. Prof. Dr. Vinita Virgandham, IQAC Coordinator, Asst. Prof. Dr. Anita Mahawadiwar, the Coordinator of ‘One Student One Skill Programme’ and Asst. Prof. Dr. A.K. Sarwe appreciated the students for their active participation in the Course. In all,</p>

thirty students of our College registered their names and made active participation in the 'Certificate Course in swimming' programme.

Upon successful completion of the Course, Certificates had been issued to all the participants.

**PARTICIPATED
STUDENTS**

S.N.	NAME OF STUDENTS	CLASS
01	Mr. Nitesh Botule	B.A. I
02	Mr. Jay Balbudhe	B.A. I
03	Mr. Abhishek Balbudhe	B.A. I
04	Mr. Suraj Thakare	B.A. I
05	Mr. Akash Umbarkar	B.A. I
06	Mr. Lokesh Wagh	B.Com. I
07	Mr. Vaibhao Kolte	B.A. I
08	Mr. Yugesh Karkade	B.A. I
09	Mr. Vaibhao Nagekar	B.Com. I
10	Mr. Arbaj Pathan	B.Com. I
11	Mr. Vivek Shirame	B.Com. I
12	Mr. Umesh Thakare	B.Com. I
13	Mr. Rohit Raut	B.Com. I
14	Mr. Samir Saosakage	B.Com. I
15	Mr. Samir Bhoyar	B.Com. I

	16	Mr. Pratik There	B.Com. I
	17	Mr. Manthan Ahirkar	B.Com. I
	18	Mr. Khushal Katwale	B.Com. I
	19	Mr. Yogesh Dahare	B.Com. I
	20	Mr. Mrunal Parkhi	B.Sc. I
	21	Mr. Ansh Madankar	B.Sc. I
	22	Mr. Swapnil Cholkar	B.Sc. I
	23	Mr. Anubhav Bankar	B.Sc. I
	24	Mr. Nikhil Humne	B.Sc. I
	25	Mr. Saurabh Hatwar	B.Sc. I
	26	Mr. Sagar Khodkar	B.Voc. II
	27	Mr. Suraj Thakare	B.Voc. II
	28	Mr. Prajwal Gajghate	B.Voc. II
	29	Mr. Akshay Randhye	B.Voc. II
	30	Dnyaneshwar Shahare	B.Voc. II
PROGRAMME OBJECTIVES	<ul style="list-style-type: none"> • To make our students competent to face the challenges in future. • To motivate the students to participate in the Flagship ‘One Student One Skill Programme (OSOSP)’ of our Institution. • To develop students’ interest in the skill oriented programmes. 		

	<ul style="list-style-type: none"> • To give wider exposure to students in exploring their hidden talents. • To ensure the holistic development of our students. • To build confidence among our students. • To develop the overall personality of our students.
<p>PROBLEMS FACED, IF ANY</p>	<p>Scheduling Conflicts: Students and faculty members of our Institution had conflicting schedules, which made it challenging for us to attend the course consistently.</p> <p>Student Engagement: Maintaining high levels of students’ engagement throughout the Course was a matter of concern. However, the Committee addressed these challenges through effective planning, communication and flexibility.</p>
<p>PROGRAMME OUTCOMES</p>	<ul style="list-style-type: none"> • Developed market based talent among our students. • Motivated our students to participate in the Flagship ‘One Student One Skill Programme (OSOSP)’ of our Institution. • Students became competent to face the challenges in future. • Developed students’ interest in the ‘Certificate Course in Swimming’. • Built confidence among our students. • Ensured the holistic development of our students. • Students received Certificates of Appreciations. • Developed the overall personality of our students. • Gave wider exposure to students in exploring their hidden talents.

PHOTO GALLERY WITH CAPTIONS

Students of our College participated in the Swimming during the training programme



SCANNED COPY OF ATTENDANCE SHEET

**Certificate Course in Swimming
Under One Student One Skill Programme
Syllabus of the Certificate Course**

2022-23

SN	Name of Trainee	25/11	26/11	28/11	29/11	30/11	01/12	02/12	03/12	04/12	05/12	06/12	07/12	08/12	09/12	10/12	11/12	12/12	13/12	
1	Mr. Nitesh Botule	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2	Mr. Jay Balbudhe	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	Mr. Abhishek Balbudhe	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4	Mr. Suraj Thakare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	Mr. Akash Umbarkar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	Mr. Lokesh Wagh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	Mr. Vaibhao Kolhe	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8	Mr. Yugesh Karkade	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9	Mr. Vaibhao Nagekar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10	Mr. Arbaj Pathan	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	Mr. Vivek Shirame	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12	Mr. Umesh Thakare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13	Mr. Rohit Raut	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14	Mr. Samir Saosakage	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	Mr. Samir Bhojar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
16	Mr. Pratik There	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17	Mr. Manthan Ahirkar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
18	Mr. Khushal Katwale	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
19	Mr. Yogesh Dahare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	Mr. Mrunal Parkhi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
21	Mr. Ansh Madankar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
22	Mr. Swapnil Cholkar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
23	Mr. Anubhav Bankar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
24	Mr. Nikhil Humne	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
25	Mr. Saurabh Hatwar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
26	Mr. Sagar Khodkar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
27	Mr. Suraj Thakare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
28	Mr. Prajwal Gajghate	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
29	Mr. Akshay Randhyc	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
30	Dnyaneshwar Shahare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

**Certificate Course in Swimming
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8	Mr. Yugesh Karkade	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9	Mr. Vaibhao Nagekar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10	Mr. Arbaj Pathan	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	Mr. Vivek Shirame	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12	Mr. Umesh Thakare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13	Mr. Rohit Raut	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14	Mr. Samir Saosakage	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15	Mr. Samir Bhojar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
16	Mr. Pratik There	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17	Mr. Manthan Ahirkar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
18	Mr. Khushal Katwale	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
19	Mr. Yogesh Dahare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	Mr. Mrunal Parkhi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
21	Mr. Ansh Madankar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
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30	Dnyaneshwar Shahare	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

Principal
Bhiwapur Mahavidyalaya