



Physical Education and Sports Department
Arts and Science College, Pulgaon
&
Cluster of Thirteen Institutions(CoTI)
Jointly organize



National Webinar

On

**"Stress Management in Sports During
 Pandemic"**



Topic-What is Stress?

Dr Bebul

Career Guidance and Placement Officer
 Shri Guru Gobind Govt. Degree College. Paonta
 Sahib, Himachal Pradesh



Topic-Stress Management

Dr. Parveen Kumar

Director of Physical Education and
 Sports N.M.D College Gondia

RESOURCE PERSONS



March, 28, 2022
2.30 pm onwards



Inaugurator

Dr. Sharad Suryavashi

Director
 Sports and Physical Education,
 R. T. M. Nagpur University Nagpur



Chairman

Dr. Vilas V. Hadge

Principal
 Arts and Science College, Pulgaon

Convener
Dr. Jayant Burade
 Director

Department of Physical Education and Sports
 Arts and Science College, Pulgaon

ORGANIZING COMMITTEE

Organizing Secretaries

Dr. Sunil Wathore
 HOD, Department of English
 Arts and Science College, Pulgaon

Dr. Sandip Hatewar
 HOD, Department of History
 Arts and Science College, Pulgaon

Joint organizing Secretaries

Dr. Ashok Y. Dawande
 IQAC Coordinator
 Arts and Science College, Pulgaon

Dr. Yogesh S Banginwar
 NAAC Coordinator
 Arts and Science College, Pulgaon

Registration link-



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