



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU
ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

E-mail: bmv_bhiwapur@yahoo.com; bgm.college1990@gmail.com, Website: <https://www.bmb.ac.in>

Tel: 07106-232349

ACTIVITY REPORT

ACADEMIC SESSION	2022-2023
ORGANIZER	Ministry of Youth Affairs and Sports, Regional Directorate of NSS, Pune (Maharashtra and Goa), Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur.
NAME OF THE ACTIVITY	Participation of NSS Volunteer in National Adventure Camp at Manali in Himachal Pradesh.
AREAS COVERED	<ul style="list-style-type: none">• Adventure Education• Environmental Awareness• Selfless Service and Democratic Living• Physical Fitness
PROGRAMME SCHEDULE	From 15 th November, 2022 to 24 th November, 2022
VENUE	Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali.
MODE OF ACTIVITY	OFFLINE
ORGANIZING COMMITTEE	National Service Scheme (N.S.S.) Unit of our College
PROGRAMME COORDINATOR	Asst. Prof. Dr. Motiraj Chavhan Asst. Prof. Dr. Ashwini Kadu

COMMITTEE MEMBERS	Associate Prof. Dr. S.K. Shinde, Asst. Prof. Sachin Kubde, Asst. Prof. Amit Thakare, Asst. Prof. Dr. Ravikant Mishra Asst. Prof. Darshana Dhamdar
TARGET GROUP	Volunteers of National Service Scheme (NSS)
NUMBER OF VOLUNTEERS PARTICIPATED	One
BRIEF REPORT	<p>Mr. Suraj Thakare, a dedicated NSS Volunteer and a promising student of B.A.-II, has achieved a remarkable milestone by earning a coveted spot in the prestigious National Adventure Camp, which took place at Manali in Himachal Pradesh. The Ten-day Adventure Camp was arranged at the ‘Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports in Manali’ from 15th November, 2022 to 24th November, 2022. During this Camp, the NSS Volunteers received rigorous training in various adventurous activities such as mountaineering, trekking, rock climbing, river crossing and more. The programme encompassed both basic exercises and advanced techniques.</p> <p>The NSS motto, ‘Not Me But You’, was embraced and upheld by the Volunteers throughout the Camp, reflecting the essence of democratic living and the importance of selfless service.</p>

	<p>Dr. Jobi George, the Principal of our College, Asst. Prof. Dr. Motiraj Chavhan, the NSS Programme Officer, Associate Prof. Dr. S.K. Shinde, Asst. Prof. Sachin Kubde, Asst. Prof. Amit Thakare, Asst. Prof. Dr. Ravikant Mishra and Asst. Prof. Darshana Dhamdar extended their congratulations and best wishes to Suraj Thakare for his remarkable achievement. This accomplishment stands as a testament to his dedication and it represents a proud moment for our Institution.</p>
<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To promote adventure sports and outdoor activities among NSS Volunteers. • To provide the NSS Volunteers with comprehensive training in a wide range of adventurous pursuits. • To encourage physical fitness and healthy lifestyle among the NSS Volunteers. • To encourage teamwork, cooperation and leadership development among the NSS Volunteers. • To emphasize the importance of selfless service and democratic living. • To connect the NSS Volunteers with nature so as to enable them to appreciate the beauty of the outdoors. • To foster a sense of responsibility for environmental conservation and the importance of preserving natural resources. • To facilitate in building a broader perspective and understanding of diverse cultures.

<p>PROBLEMS FACED, IF ANY</p>	<p>Logistical Challenges: Coordinating the travel, accommodation and other logistics for the participation of our Volunteer in the National Adventure Camp at Manali was a challenge, which required meticulous planning.</p> <p>Health and Safety: Adventure Camp involved physically demanding activities that posed health and safety risks. Ensuring the safety and well-being of our Volunteer during the Camp was paramount and the Institution needed to address the same.</p> <p>Communication and Connectivity: Manali's remote location has limited connectivity. This made it difficult for our College to stay in touch with our Volunteer during the Camp.</p> <p>To address these challenges, our College planned meticulously and with effective communication, we ensured all the necessary preparations to make his participation in the National Adventure Camp a successful one.</p>
<p>PROGRAMME OUTCOMES</p>	<ul style="list-style-type: none"> • Promoted adventure sports and outdoor activities among the NSS Volunteers. • Provided the NSS Volunteers with comprehensive training in a wide range of adventurous pursuits. • Encouraged physical fitness and healthy lifestyle among the NSS Volunteers. • Encouraged teamwork, cooperation and leadership development among the NSS Volunteers. • Emphasized the importance of selfless service and

democratic living.

- Connected the NSS Volunteers with nature, which enabled them to appreciate the beauty of the outdoors.
- Fostered a sense of responsibility for environmental conservation and the importance of preserving natural resources.
- Facilitated in building a broader perspective and understanding of diverse cultures.

**PHOTO GALLERY
WITH CAPTIONS**

Mr. Suraj Thakare, along with other NSS volunteers, during the National Adventure Camp at Manali in Himachal Pradesh



Mr. Suraj Thakare, along with other NSS Volunteers from across the Nation, during the National Adventure Camp at Manali in Himachal Pradesh.



Mr. Suraj Thakare, along with other NSS Volunteers from across the Nation, during the Adventure activity at Manali in Himachal Pradesh.



Manali 175131
HP
India
Old Manali
32° 15' 13.372" N, 77° 10' 58.847" E
Wednesday, 23 November 2022 at 11:32 AM

Mr. Suraj Thakare, with 'Team Maharashtra' participating in the National Adventure Camp at Manali in Himachal Pradesh.



SCANNED COPY OF ATTENDANCE SHEET

Certificate of Participation

Registration No. 52575



ATAL BIHARI VAJPAYEE INSTITUTE OF MOUNTAINEERING AND ALLIED SPORTS MANALI-175131 HP

CERTIFICATE OF PARTICIPATION ADVENTURE CAMP

COURSE NO : 858TH
NAME : SURAJ PRADIP THAKARE
National Service Scheme (NSS)- Govt. Of India

PERIOD: 15.11.2022 to 24.11.2022
ADDRESS: BIWAPUR MAHAVIDYALAYA, BIWAPUR,
MAHARASHTRA - 441201

He /She has successfully completed the Adventure Camp and acquired proficiency in elementary skills of Rock Climbing, Rappelling, River Crossing, Trekking, Camping, Mountain Rescue Methods, Social Awareness and Leadership.

The Adventure Training was conducted in the wilderness of the Himalayas. The trainee was found physically fit, cooperative, disciplined and well behaved. Trekked 50 kilometers and attained 9500 feet height.

[Signature]
Course Incharge
Atal Bihari Vajpayee Institute of
Mountaineering & Allied Sports,
Manali-175131 (HP)

[Signature]
Director
Atal Bihari Vajpayee Institute of
Mountaineering & Allied Sports,
Manali-175131 (HP)

Principal
Bhiwapur Mahavidyalaya