**Backward Class Youth Relief Committee's** 

# Bhiwapur Mahavidyalaya

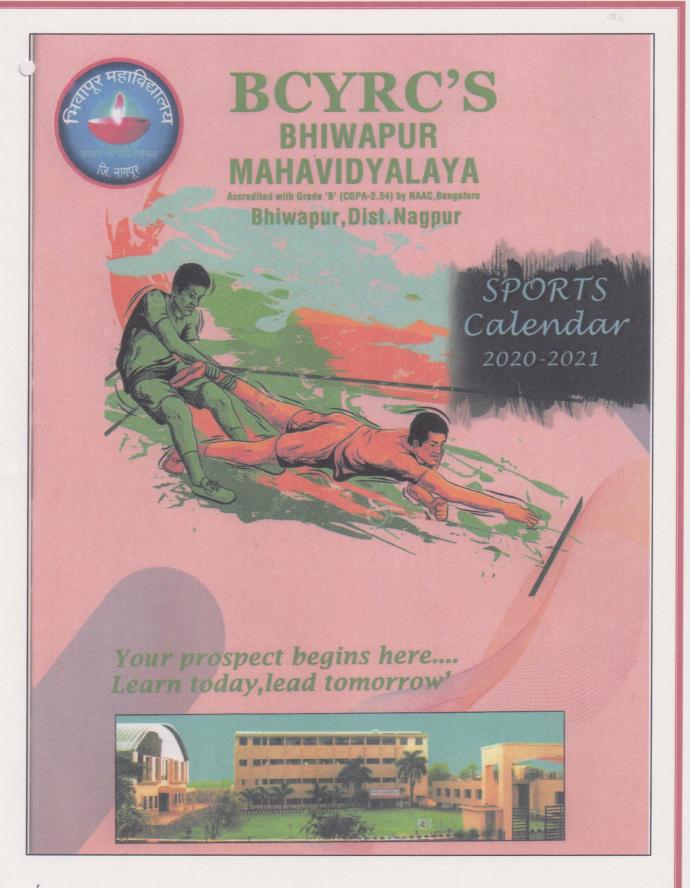
**Dist. Nagpur (M.S.) 441201** 

Accredited with grade B (C.G.P.A. – 2.54) by NAAC, Bengaluru



Internal and External Audit of
Department of Physical Education and Sports
Academic Session-2020-2021





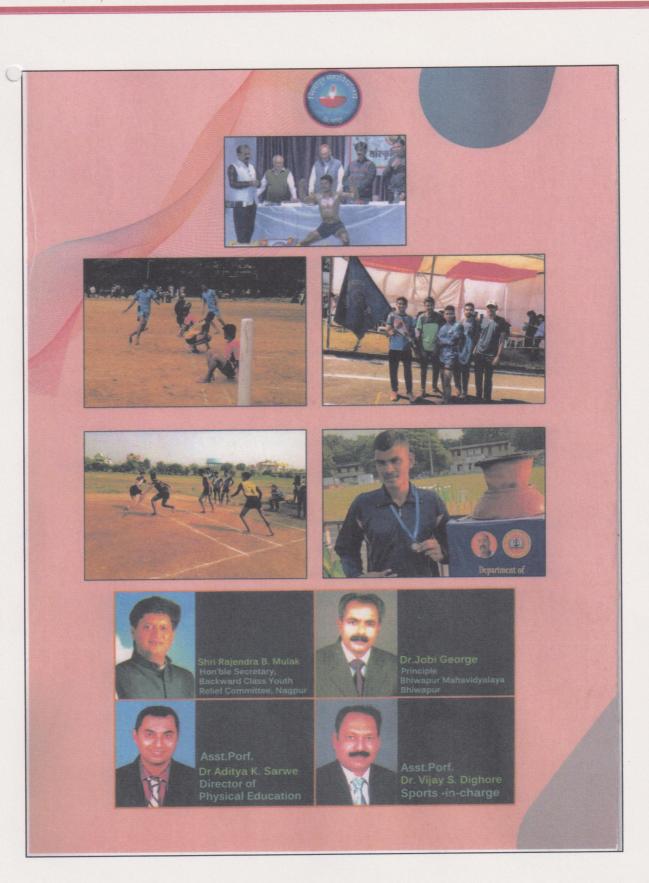


	Name of Events	<b>Propose Date</b>	
1	Commencement of Academic Session	25th June 2020	
2	Registration of Inter Collegiate Sport's Tournament	20th July 2020	
3	Formation of Students Sports Committees	25th July 2020	
4	R.T.M.N.U. Badminton Championship	20th Aug.2020	
5	R.T.M.N.U. Swimming/ water polo Diving Championship	25th Aug. 2020	
7	R.T.M.N.U. Cross Country Championship	29th Aug. 2020	
8	R.T.M.N.U. Football Championship	02 <sup>nd</sup> Sept. 2020	
9	R.T.M.N.U. Table Tennis Championship	05th Sept. 2020	
10	R.T.M.N.U. Chess Championship	08th Sept. 2020	
11	R.T.M.N.U. Kabaddi Championship	13th Sept. 2020	
12	R.T.M.N.U. Kho-Kho Championship	21st Sept. 2020	
13	R.T.M.N.U. Lawn Tennis Championship	27th Oct. 2020	
14	R.T.M.N.U. Judo Championship	30th Sept. 2020	
15	R. T. M. N. U. Weightlifting / Powerlifting Championship	04th Oct. 2020	
16	R.T.M.N.U. Best Physique Championship	05th Oct. 2020	
17	R.T.M.N.U. Basketball Championship	09th Oct. 2020	
18	R.T.M.N.U. Tug of war Championship	12th Oct. 2020	
19	R.T.M.N.U. Athletic Meet Championship	14th Oct. 2020	
20	R.T.M.N.U. Shooting Championship	18th Oct. 2020	
21	R.T.M.N.U. Handball Championship	20th Oct. 2020	
22	R.T.M.N.U. Baseball Championship	25th Oct. 2020	
23	R.T.M.N.U. Taekwondo Championship	29th Oct. 2020	
24	R.T.M.N.U. Wrestling Championship 5th Nov. 2		



25	R.T.M.N.U. Ball Badminton Championship	8th Nov. 2020
26	Diwali Vacation	10th Nov. 2020 to
		16th Nov. 2021
27	R.T.M.N.U. Boxing Championship	23 <sup>rd</sup> Nov. 2020
28	R.T.M.N.U. Mallakhamb Championship	27th Nov. 2020
29	R.T.M.N.U. Gymnastic Championship	03 <sup>rd</sup> Dec. 2020
30	R.T.M.N.U. Archery Championship	05th Dec. 2020
31	R.T.M.N.U. Fencing Championship	12th Dec. 2020
32	R.T.M.N.U. Cricket Championship	16th Dec. 2020
33	R.T.M.N.U. Netball Championship	19th Dec. 2020
34	Swargiya Bhausaheb Mulak Memorial Kabaddi	21st Dec. 2000
	Rolling Trophy Championship	
35	Winter Vaccation	25th Dec. 2020 to
		15th Jan. 2021
36	Intra-College Badminton Matches	29th Jan. 2021
37	Intra-College Kabaddi Matches	29th Jan. 2021
38	Intra-College Kho-Kho Matches	30th Jan. 2021
39	Intra-College Table-Tennis Matches	30th Jan. 2021
40	Intra-College Track and Field Matches	30th Jan. 2021
41	Intra-College Mr. Bhiwapur Mahavidyalaya	30th Jan. 2021
	Championship	
42	R.T.M.N.U. Yogasan Championship	03 <sup>rd</sup> Feb. 2021
43	R.T.M.N.U. Softball Championship	05 <sup>th</sup> Feb. 2021
44	R.T.M.N.U. Hockey Championship	09th Feb. 2021
45	R.T.M.N.U. Sepak Takra Championship	13th Feb. 2021
46	R.T.M.N.U. Korf ball Championship	15th Feb. 2021







# Introduction about the College

Bhiwapur Mahavidyalaya was established in 1990 with the noble vision of imparting Higher Education to the rural learners for enabling them to learn locally and flourish globally in spite of the evils of poverty and inconvenience.

Subsequently, we started Bachelor Degree in Commerce (B.Com.) in 2002 and Bachelor Degree in Science (B.Sc.) in 2012. Post Graduate Courses in Economics, Political Science and Sociology were started in 2004. Over the years, the Institution has earned the recognition of one of the premier Co-educational Institutions in Nagpur region imparting quality Higher Education in the faculties of Arts, Commerce and Science with the strong support of highly competent and skilled teaching and non-teaching staff.

The ICT enabled classrooms, independent Departments; E.T.N.L. software supported English Language Lab, State-of-the-art Computer Lab, Fully Automated Central Administrative Office and the Central Library with spacious reading room and UGC Network Resource Centre support the Institution in transforming its envisioned objectives into a reality. Other infrastructural facilities like Multi-Purpose Auditorium, Conference Hall, and Common Rooms for girls and boys, Canteen, Gymnasium, Indoor Stadium, Swimming Pool Playgrounds and Women's Hostel Building enable the Institution in rendering requisite facilities for the students to grow.

### Vision

Exemplary knowledge delivery to the rural and marginalized learners by integrating the mechanics of Teaching, Learning, Research and Innovations in an intellectually charged environment to empower them compete in a global society.



### Mission

To impart value-based education in the disciplines of Humanities, Commerce, Science and Professional Programmes to foster mutually valuable affiliations with trade and businesses for creating employability, promoting Research and Innovations for disseminating Ethical, Professional and Human Values.

# **Quality Policy**

Bhiwapur Mahavidyalaya is dedicated to achieving exemplary standards in the field of Humanities, Commerce, Science and Professional and Skill-based education.

We do believe in and aim at unceasing improvisation in tune with the changing times for providing favourable environment in the quest for knowledge and holistic development of learners.

We inspire and encourage all to adhere to the highest standards of ethical, professional and human values to augment the gratification level of all our stakeholders.

### Core Values

- ♣ Preservation of Culture: The Institution strives to preserve culture through knowledge dissemination, Research and respecting and promoting cultural heritage.
- **♣ Capacity Building**: The Institution through its mechanisms and policies attempts in the capacity building of individuals to be beneficial in Nation building activities.
- ♣ Integrity and Excellence: The Institution strives to foray into blending conventional and traditional knowledge systems to bring admirable outcomes in the field of Research and Academics.
- ♣ Transparency: The Institution maintains transparency in all its mechanisms, policies and processes.
  Mahan

Service to the Society and Nation: The Institution pledges to serve the Nation through its Academic pursuits, Research and extension activities.

### **About the Department**

Department of Physical Education and Sports was established in 1990. Under the able guidance of Asst. Prof. Dr. Vishwanath G. Channe from 1<sup>st</sup> August 1996 to 22<sup>nd</sup> May 2013, our College achieved many heights. In 2004-2005, Bhiwapur Mahavidyalaya bagged Zone-C Championship in Men's Kabaddi Tournament. In 2005-2006 Bhiwapur Mahavidyalaya secured University Championship in Judo Men's Event. In 2010-2011, our College brought laurels by securing 'University Zone-C Kabaddi (Men's) Championship'.

Our College produced many University Colour Holders in various games, namely Mr.Gajanan Chacharkar in Kabaddi in 2004-2005, Mr. Ritesh Bhagat and Mr. Harshal Waghela in Judo in 2005-2006, Mr. Ritesh Bhagat in Judo in 2006-2007, Mr. Rajat Shrinivas in 2007-2008 in Table Tennis, Mr. Achal Wanjari in Kabaddi in 2008-2009, Mr. Nitin Raut in Judo in 2008-2009, Nilesh Awari in Kho-Kho in 2009-2010. Ku. Harsha Hore secured 3<sup>rd</sup> Position in Volleyball Tournament organized by S.R.T. Marathwada University, Nanded in Krida Mahotsav-2015. In 2016-2017, Ku. Sonali Borkar (B.Sc. II) represented R.T.M. Nagpur University's Women's Volleyball Team in All India Inter-University Volleyball Championship and got 3<sup>rd</sup> Position in Krida Mahotsava-2016 organized by Vasantrao Naik Marathwada Krishi Vidyapeeth, Parbhani. Mr. Aniket Ingole (B. Sc. I) bagged Bronze Medal in 100 Meter and 200 Meter Breaststroke Event in Swimming Competitions organized by R. T. M. Nagpur University, Nagpur. Mr. Akash Masram represented R. T. M. Nagpur University, Nagpur in West Zone Inter University (Men's) Kabaddi Tournaments 2019-2020 organized by University of Kota, Kota. Mr. Sudhir Shende got 2<sup>nd</sup> position in 400

Meter running competition organized by R. T. M. Nagpur University's Annual Athletic Meet.

Moreover, students of our College participated in State, National and International level Championships organized by various reputed Associations. In 2004-2005 Mr. Dipak Gaikwad and Mr. Sachin Bachale represented Maharashtra State in Beach Kabaddi. Mr. Sikander Kannoje participated in International Martial Arts Championship in 2006-2007, Mr. Devendra Deoghare represented Maharashtra in All India Y.M.C.A. Table Tennis Tournament, Kolkata in 2007-2008, Mr. Amir Kannoje participated in Maharashtra State team in Throw Ball Championship and Martial Arts Championship 2009-2010, Mr. Nikhil Patel won Medal in 100 Meter Running and Long Jump events in State Level under 20 Athletics Championship in Pune. Ku. Priyanka Karmore participated in Indo-Thai Soft-Baseball International Championship 2018 held at Thailand and secured Gold Medal; Mr. Akash Masram secured 3<sup>rd</sup> Position in the 66<sup>th</sup> Senior State Kabaddi Championship held at Tumsar Dist, Bhandara. Mr. Akash Masram bagged Silver Medal again in the 67<sup>th</sup> Senior State Kabaddi Championship in 2019-2020.

### Aims and Objectives of the Department

- To provide opportunities for bringing out hidden sports talents of students.
- To spread awareness among students about the disadvantages of falling prey to drugs, alcohol, tobacco and addictive substances.
- To inform the students about various components of physical ability.
- To inform the students about physical fitness and ability testing.
- To motivate students to lead a safe life by providing them with adequate information on diet.



To revitalize students who were suffering from physical and mental stress through motivational and progressive environment.

### **Special Features of the Department**

- ♣ Individual practice for Boys and Girls.
- Selection Trial facility for selecting College teams.
- Summer Coaching Camps.
- Fitness Camps for the students as well as for the general public.
- Intramural competitions for College students in various sports items, recreational events and Annual Athletics Meet.
- **♣** Conducting regular Practice Sessions in Sports and Games.
- Students' participation in State and National level Tournaments.
- \$\blacktriangle\$ Students' participation in various University Level Tournaments.
- ♣ Provide guidance on Sports, Games and Health.

### **Infrastructure and Facilities**

Sr. No.	Name of	Dimensions	Remark	Signature
01	Office and Store Room	7.0 M X 5.6 M		
02	Kho-Kho ground	29M X 17 M		
03	Kabaddi ground	17 M X 12 M		
04	Basketball ground	30.60 M X 17 M		
05	Volleyball ground	30.60 M X 12.80 M		
06	Indoor Gym	8.4 M X 11.1 M		
07	Indoor Stadium	43.5 M X 23.0 M		
08	Badminton Courts and Table Tennis	30.0 M X 23.5 M		
	Green Room for Boys	7.65 M X 5.25 M		*



	Green Room for Girls	7.0 M X 5.6 M	
	Call Room	7.65 M X 5. 85 M	
	Staircase	2.25 M X 3.5 M	
	Sitting Gallery	19 M X 7 M	
	Store Room beside Sitting Gallery	5.40 M X 2.0 M	
	Store Room beside staircase	3.50 M X 1.90	
09	Swimming Pool	65 M X 31 M	
	Swimming Pool Training Arena	50 M X 21 M	
	Dock Area	5.1 M X 5.10 M	
	Filtration Unit Room	7.5 M X 9.75 M	
	Girls' Changing Room Shower Room 04	Each of 1.25 M X 1.25 M	
	Girls' Changing Room Locker Room 40	0.65 M X 3.60 M	
	Girls' Changing Room Rest Room 04	Each of 1.25 M X 1.25 M	
	Girls' Changing Room Changing Room	Each of 1.25 M X 1.25 M	
	Boys' Changing Room Shower Room	4.40 M X 2.40 M	
	Boys' Changing Room Changing Room	1.25 M X 1.25 M	
	Boys' Changing Room Locker Room 40	0.65 M X 3.60 M	
	Boys' Changing Room Rest Room 02	3.25 M X 1.25 M	
	Boys' Changing Room Urinal Area 04	3.40 M X 1.85 M	
	Swimming Pool Office Room	3.20 M X 3.75 M	
10	Green Gym	30.60 M X 3.90 M	1



# Sports Equipment / Inventory

Sr. No.	Name of Equipment	Inventory	Right off Material	Remark	Signature
1	Ab King Pro Heavy Duty	1	0		
2	Abdominal Board	1	0		
3	Air Bike Heavy Imported	1	1		
4	Bench Press 80 kg	1	0		
5	Belt Vibrator with Heavy Duty Motor	1	1		
6	Bench Heavy	1	0		
7	Back Extension 60 kg	1	1		
8	Dumble Rod 14''	1	0		
9	Dumble & Rod Stand	1	0		
10	Declain Roman Chain	1	0		7
11	Gym Ball	1	1		
12	Hip Flexor	1	1		
13	High Lat. Pully 80 kg	1	0		
14	Inner Thigh	1	1		
15	Low Rope Pully 60 kg	1	0		
16	Lateral Raise 70 kg	1	1		
17	Leg Press 100 kg	1	1		
18	Leg Extension 60 kg	1	1		
19	Leg Curl 60 kg	1	0		
20	Multi Hips 60 kg	1	1		
21	Massager Imported	1	1		
22	Manuel Trade Mill Imported	1	1		9



23	Neck Extension 70 kg	1	1	
24	Orbitek Imported	1	1	
25	Power-lifting Belt	1	0	
26	Peckdeck 80 kg	1	1	
27	Piston Triceps 80 kg	1	0	
28	Rubber Plate	87 kg	00	
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1	1	
29	Rotary Torso 80 kg			
30	R/Steeper	1	0	
31	Steel Rod 4'	1	0	
32	Shoulder Press 80 kg	1	1	
33	Smith Machine	1	1	
34	Weightlifting Belt	1	0	
35	Wrist Curl 40 kg	1	0	
36	Elliptical Massager Imported	1	1	
37	Steel Rod 5'	1	0	
38	Steel Rod 6'	1	0	
39	Tennis Ball	4	4	
40	Table Tennis Ball	9	9	
41	Skipping Rope	3	3	
42	Badminton gutting	2	2	
43	Basket Ball No. 06	1	1	
44	Basket Ball No.07	1	1	
45	Lawn Tennis Racquet	4	0	
46	Volleyball (One Piece)	1	1	
47	Volleyball (32 Piece)	1	1	



48	Cricket Bat Leather	2	0		
49	Badminton Net	6	1		,
50	Badminton Racquet	4	4		
51	Badminton Shuttles	18	18		
52	Table Tennis Racquet	7	5		
53	Chess Board	2	0		
54	Table Tennis Net	4	0		
55	Lagori	2	1		
56	Khokho pole	1 Set	0		
57	Badminton Pole	4 Set	0		
58	Basketball Pole	1 Set	0		
59	Volleyball Pole	1 Set	0		
60	Volleyball Net	2	1	}	
61	Table Tennis	1	0		
62	Cricket Helmet	4	0		
63	Cricket Guard	3	0		
64	Batsman Pad	3 Pair	0		
65	Batsman Gloves	2 pair	0		
66	Wicketkeepers pad	1 pair	0		
67	Wicketkeepers Gloves	1 Pair	0		
68	Thigh Pad	3	0		
69	Cricket Stumps	6	2		
70	Cricket Stump Bells	4	0		
71	Wrestler Dress	1 Set	0		
72	Women's Shot Put 4 kg	1	0		
73	Carrom Board	3	1		



74	Carrom Stand	2	0
75	Victory Stand	1set	0
76	Flags	66	0
77	Rods	28	0
78	Cycle	2	0
79	Shoulder Rotator	2	0
80	Thigh Pressure	1	0
81	Sky Walker	1	0
82	Sit up Board	1	0
83	Air Walker	1	0
84	Waist Rotator	1	0

Books	78
Books Available in the Central Library	257
Research papers Published	3
Seminar, Workshop, Conference Attended	7

# **Sports Performance**

No Physical Sports activities were conducted due to COVID-19 Pandemic.

### **Activities Conducted**

- ♣ International Yoga Day Celebrations (Online Mode)
- ♣ Covid-19 Pandemic Awareness Programme (Online Mode)
- Stress Management Programme (Online Mode)



### **Extension Activities Organized**

- ♣ Organized various activities to create awareness among students about Health and Hygiene.
- ♣ Helped students to develop healthy habits.

### **Perspective Plan**

- Levelling and beautification and modernization of play grounds
- 4 200 M Running Track.
- Leave Concrete Basket Ball Ground
- ♣ Synthetic Lawn Tennis Ground.
- ♣ To boost the confidence of our students to take active participation in Sports and Games so as to motivate them to win various competitions.

### SWOC

### Strengths

- ♣ Healthy environment in the College Campus.
- ♣ Support of Management and the College Administration for undertaking various Sports activities in the Campus for the holistic development of students.
- ♣ Well-equipped Gymnasium and other Sports amenities.
- Spacious playground for the students to do daily practices.

#### Weaknesses

- ♣ Low response of students towards participation in Sports and Games.
- Lack of basic knowledge about Sports and Games among our students at the entry level.
- ♣ Ignorance of parents about the importance of Sports and Games.
- Students from economically weaker sections of the society.
- Many students are first generation learners.



♣ Shyness and inferiority complex of the students.

### **Opportunities**

- Opportunity for employments in Civil and Defense services.
- ♣ Wide scope to produce competent Sports Persons.
- Scope for the development of leadership qualities.
- Scope for building healthy Nation through healthy and vibrant youth.

### Challenges

- 4 To retain students in the main stream of education system.
- ♣ To motivate students for participation in various Sports activities.
- ♣ To encourage students to face global challenges to grab better placement opportunities.
- ♣ To bring out the overall development of students who are coming from rural areas.
- ♣ To educate and train the rural students.
- **♣** To groom the girl-students for economic independence.
- ♣ To ensure the holistic development of students.

Hroahawadiwas

Asst. Prof. Dr. Anita V. Mahawadiwar

Member Secretary

(Criteria - VI Governance, Leadership and Management)

Asst. Prof. Dr. Mangesh V. Kadu

Coordinator

Internal Quality Assurance Cell



Dr. Sanjay Choudhari (Associate Professor)
Invited Peer Colleague
Shri. S. B. City College, Nagpur

Dr. Jobi George Principal

Principal Bhiwapur Mahavidyalaya, Bhiwapur

Date:

Venue: Bhiwapur Mahavidyalaya

