Backward Class Youth Relief Committee's

Bhiwapur Mahavidyalaya

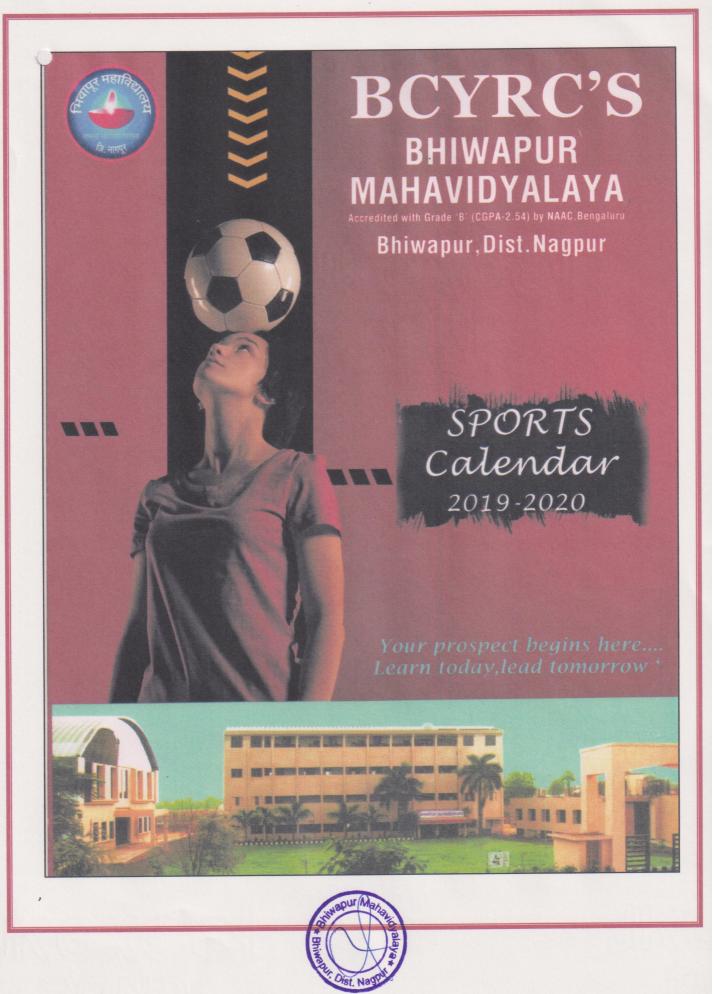
Dist. Nagpur (M.S.) 441201

Accredited with grade B (C.G.P.A. - 2.54) by NAAC, Bengaluru



Internal & External Audit of
Department of Physical Education and Sports
Academic Session - 2019-20





S.N.	Proposed Events	Proposed Dates		
1	Commencement of Academic Session	15th June, 2019		
2	Registration of Intercollegiate Sports Tournament	15th July, 2019		
3	Formation of Students' Sports Committees	25th July, 2019		
4	R.T.M.N.U. Badminton Championship	20th Aug.,2019		
5	R.T.M.N.U. Swimming/ Water Polo Diving Championship	25th Aug., 2019		
7	R.T.M.N.U. Cross Country Championship	29th Aug., 2019		
8	R.T.M.N.U. Football Championship	02 nd Sept., 2019		
9	R.T.M.N.U. Table Tennis Championship	05th Sept., 2019		
10	R.T.M.N.U. Chess Championship	08th Sept., 2019		
11	R.T.M.N.U. Kabaddi Championship	13th Sept., 2019		
12	R.T.M.N.U. Kho-Kho Championship	21st Sept., 2019		
13	R.T.M.N.U. Lawn Tennis Championship	27th Oct., 2019		
14	R.T.M.N.U. Judo Championship	30th Sept., 2019		
15	R.T.M.N.U. Weightlifting/Powerlifting 04th Oct., Championship			
16	R.T.M.N.U. Best Physique Championship	05th Oct., 2019		
17	R.T.M.N.U. Basketball Championship	09th Oct., 2019		
18	R.T.M.N.U. Tug of war Championship	12th Oct., 2019		
19	R.T.M.N.U. Athletic Meet Championship	14th Oct., 2019		
20	Winter Vacation	20 th Oct., 2019 to 19 th Nov., 2019		
21	R.T.M.N.U. Boxing Championship	23 rd Nov., 2019		
22	R.T.M.N.U. Mallakhamb Championship	27th Nov., 2019		
23	R.T.M.N.U. Gymnastic Championship 03 rd Dec., 201			



24	R.T.M.N.U. Archery Championship	05th Dec., 2019		
25	R.T.M.N.U. Fencing Championship 12 th Dec., 2019			
26	R.T.M.N.U. Cricket Championship	16th Dec., 2019		
27	R.T.M.N.U. Netball Championship	19th Dec., 2019		
28	Swargiya Bhausaheb Mulak Memorial Kabaddi Rolling Trophy Championship	21st Dec., 2019		
29	Intra-college Badminton Matches	29th Dec., 2019		
30	Intra-college Kabaddi Matches	29th Dec., 2019		
31	Intra-college Kho-Kho Matches	30th Dec., 2019		
32	Intra-college Table Tennis Matches	30th Dec., 2019		
33	Intra-college Track and Field Matches	30th Dec., 2019		
3,4	Intra-college Mr. Bhiwapur Mahavidyalaya Championship	30th Dec., 2019		
35	R.T.M.N.U. Shooting Championship	05th Jan., 2020		
36	R.T.M.N.U. Handball Championship 07th Jan., 2020			
37	R.T.M.N.U. Baseball Championship 11th Jan., 2020			
38	R.T.M.N.U. Taekwondo Championship 13th Jan., 2020			
39	R.T.M.N.U. Wrestling Championship 21st Jan., 2020			
40	R.T.M.N.U. Ball Badminton Championship	28th Jan., 2020		
41	R.T.M.N.U. Yogasan Championship	03 rd Feb., 2020		
42	R.T.M.N.U. Softball Championship 05th Feb., 2020			
43	R.T.M.N.U. Hockey Championship 09th Feb., 2020			
44	R.T.M.N.U. Sepak Takraw Championship 13th Feb., 2020			
45	R.T.M.N.U. Korf ball Championship	15th Feb., 2020		
46	Commencement of R.T.M.N.U. Summer Examinations	15th March, 2020		







Shri Rajendra B. Mulak Chairman Swa Bhausaheb Mulak Sports Academy Bhiwapur



Dr. Jobi George Principle Bhiwapur Mahavidyalaya Rhiwapur



Asst.Porf.
Aditya K. Sarwe
Director of
Physical Education



Asst.Porf. Dr. Vijay S. Dighore Sports -in-charge



Introduction about the College

Bhiwapur Mahavidyalaya was established in 1990 with the noble vision of imparting Higher Education to the rural learners for enabling them to learn locally and flourish globally in spite of the evils of poverty and inconvenience.

Subsequently, we started Bachelor Degree in Commerce (B.Com.) in 2002 and Bachelor Degree in Science (B.Sc.) in 2012. Post Graduate Courses in Economics, Political Science and Sociology were started in 2004. Over the years, the Institution has earned the recognition of one of the premier Co-educational Institutions in Nagpur region imparting quality Higher Education in the faculties of Arts, Commerce and Science with the strong support of highly competent and skilled teaching and non-teaching staff.

The ICT enabled classrooms, independent Departments; E.T.N.L. software supported English Language Lab, State-of-the-art Computer Lab, Fully Automated Central Administrative Office and Central Library with spacious reading room and UGC Network Resource Centre support the Institution in transforming its envisioned objectives into a reality. Other infrastructural facilities like Multi-Purpose Auditorium, Conference Hall, Common Rooms for girls and boys, Canteen, Gymnasium, Indoor Stadium, Swimming Pool Playgrounds and Women's Hostel Building enable the Institution in rendering requisite facilities for the students to grow.

Vision

Exemplary knowledge delivery to the rural and marginalized learners by integrating the mechanics of teaching, learning, Research and innovations in an intellectually charged environment to empower them compete in a global society.



Mission

To impart value-based education in the disciplines of Humanities, Commerce, Science and Professional Programmes to foster mutually valuable affiliations with trade and businesses for creating employability, promoting Research and Innovations for disseminating Ethical, Professional and Human Values.

Quality Policy

Bhiwapur Mahavidyalaya is dedicated to achieving exemplary standards in the field of Humanities, Commerce, Science and Professional and Skill-based education.

We do believe in and aim at unceasing improvisation in tune with the changing times for providing favourable environment in the quest for knowledge and holistic development of learners.

We inspire and encourage all to adhere to the highest standards of ethical, professional and human values to augment the gratification level of all our stakeholders.

Core Values

- ♣ Preservation of Culture: The Institution strives to preserve culture through knowledge dissemination, Research and respecting and promoting cultural heritage.
- ♣ Capacity Building: The Institution through its mechanisms and policies attempts in the capacity building of individuals to be beneficial in Nation building activities.



- **♣ Integrity and Excellence**: The Institution strives to foray into blending conventional and traditional knowledge systems to bring admirable outcomes in the field of Research and Academics.
- **↓** Transparency: The Institution maintains transparency in all its mechanisms, policies and processes.
- ♣ Service to the Society and Nation: The Institution pledges to serve the Nation through its Academic pursuits, Research and extension activities.

About the Department

Department of Physical Education and Sports was established in 1990. Under the able guidance of Asst. Prof. Dr. Vishwanath G. Channe from 1st August 1996 to 22nd May 2013, our College achieved many heights. In 2004-2005, Bhiwapur Mahavidyalaya bagged Zone-C Championship in Men's Kabaddi Tournament. In 2005-2006 Bhiwapur Mahavidyalaya secured University Championship in Judo Men's Event. In 2010-2011, our College brought laurels by securing 'University Zone-C Kabaddi (Men's) Championship'.

Our College produced many University Colour Holders in various games, namely Mr.Gajanan Chacharkar in Kabaddi in 2004-2005, Mr. Ritesh Bhagat and Mr. Harshal Waghela in Judo in 2005-2006, Mr. Ritesh Bhagat in Judo in 2006-2007, Mr. Rajat Shrinivas in 2007-2008 in Table Tennis, Mr. Achal Wanjari in Kabaddi in 2008-2009, Mr. Nitin Raut in Judo in 2008-2009, Nilesh Awari in Kho-Kho in 2009-2010. Ku. Harsha Hore secured 3rd Position in Volleyball Tournament organized by S.R.T. Marathwada University, Nanded in Krida Mahotsav-2015. In 2016-2017, Ku. Sonali Borkar (B.Sc. II) represented R.T.M. Nagpur University's Women's Volleyball Team in All India Inter-University Volleyball Championship and got 3rd Position in Krida Mahotsava-2016 organized by Vasantrao Naik Marathwada Krishi



Vidyapeeth, Parbhani. Mr. Aniket Ingole (B. Sc. I) bagged Bronze Medal in 100 Meter and 200 Meter Breaststroke Event in Swimming Competitions organized by R. T. M. Nagpur University, Nagpur. Mr. Akash Masram represented R. T. M. Nagpur University, Nagpur in West Zone Inter University (Men's) Kabaddi Tournaments 2019-2020 organized by University of Kota, Kota. Mr. Sudhir Shende got 2nd position in 400 Meter running competition organized by R. T. M. Nagpur University's Annual Athletic Meet.

Moreover, students of our College participated in State, National and International level Championships organized by various reputed Associations. In 2004-2005 Mr. Dipak Gaikwad and Mr. Sachin Bachale represented Maharashtra State in Beach Kabaddi. Mr. Sikander Kannoje participated in International Martial Arts Championship in 2006-2007, Mr. Devendra Deoghare represented Maharashtra in All India Y.M.C.A. Table Tennis Tournament, Kolkata in 2007-2008, Mr. Amir Kannoje participated in Maharashtra State team in Throw Ball Championship and Martial Arts Championship 2009-2010, Mr. Nikhil Patel won Medal in 100 Meter Running and Long Jump events in State Level under 20 Athletics Championship in Pune. Ku. Soft-Baseball International Indo-Thai participated in Priyanka Karmore Championship 2018 organized at Thailand and secured Gold Medal; Mr. Akash Masram secured 3rd Position in the 66th Senior State Kabaddi Championship held at Tumsar Dist, Bhandara. Mr. Akash Masram bagged Silver Medal again in the 67th Senior State Kabaddi Championship in 2019-2020.

Aims and Objectives of the Department

- ♣ To provide opportunities for bringing out hidden sports talents of students.
- ♣ To spread awareness among students about the disadvantages of falling prey to drugs, alcohol, tobacco and addictive substances.



- ♣ To inform the students about various components of physical ability.
- ♣ To inform the students about physical fitness and ability testing.
- → To motivate students to lead a safe life by providing them with adequate information on diet.
- ♣ To revitalize students who were suffering from physical and mental stress through motivational and progressive environment.

Special Features of the Department

- ♣ Individual practice for Boys and Girls.
- ♣ Selection Trial facility for selecting College teams.
- Summer Coaching Camps.
- ♣ Fitness Camps for the students as well as for the general public.
- ♣ Intramural competitions for College students in various sports items, recreational events and Annual Athletics Meet.
- Conducting regular Practice Sessions in Sports and Games.
- ♣ Students' participation in State and National level Tournaments.
- Students' participation in various University Level Tournaments.
- Provide guidance on Sports, Games and Health.

Infrastructure and Facilities

Sr.	Name of	Dimensions	Remark	Signature
No.				
01	Office and Store Room	7.0 M X 5.6 M		
02	Kho-Kho ground	29M X 17 M		
03	Kabaddi ground	17 M X 12 M		
04	Basketball ground	30.60 M X 17 M		
05	Volleyball ground	30.60 M X 12.80 M		
06	Indoor Gym	8.4 M X 11.1 M		
07	Indoor Stadium	43.5 M X 23.0 M		
08	Badminton Courts and	30.0 M X 23.5 M		



	m 11 m ·			
	Table Tennis	Z CENTY E DE M		
	Green Room for Boys	7.65 M X 5.25 M		
	Green Room for Girls	7.0 M X 5.6 M		
	Call Room	7.65 M X 5. 85 M		
	Staircase	2.25 M X 3.5 M		
	Sitting Gallery	19 M X 7 M		
	Store Room beside Sitting	5.40 M X 2.0 M		
	Gallery			
	Store Room beside staircase	3.50 M X 1.90		
09	Swimming Pool	65 M X 31 M		
	Swimming Pool Training	50 M X 21 M		
	Arena			
	Dock Area	5.1 M X 5.10 M		
	Filtration Unit Room	7.5 M X 9.75 M		
	Girls' Changing Room	Each of 1.25 M X		
	Shower Room 04	1.25 M		
	Girls' Changing Room	0.65 M X 3.60 M		
	Locker Room 40			
	Girls' Changing Room	Each of 1.25 M X		
	Rest Room 04	1.25 M		
	Girls' Changing Room	Each of 1.25 M X		
	Changing Room	1.25 M		
	Boys' Changing Room	4.40 M X 2.40 M		
	Shower Room			
	Boys' Changing Room	1.25 M X 1.25 M		
	Changing Room	1.20 11111 1.20 1.1		
	Boys' Changing Room	0.65 M X 3.60 M		
	Locker Room 40	0.03 111 11 3.00 111	-	
	Boys' Changing Room	3.25 M X 1.25 M		
	Rest Room 02	J.23 WI IL 1.23 W		
	Boys' Changing Room	3.40 M X 1.85 M		
	Urinal Area 04	J. TO IVI ZI 1.03 IVI		
	Swimming Pool	3.20 M X 3.75 M		
10	Office Room	30.60 M X 3.90 M		
10	Green Gym	30.00 WI A 3.90 WI		



Sports Equipment / Inventory

Sr. No.	Name of Equipment	Inventory	Right off Material	Remark	Signature
1	Ab King Pro Heavy Duty	1	0		
2	Abdominal Board	1	0		
3	Air Bike Heavy Imported	1	1		
4	Bench Press 80 kg	1	0		
5	Belt Vibrator with Heavy Duty Motor	1	1		
6	Bench Heavy	1	0		
7	Back Extension 60 kg	1	1		
8	Dumble Rod 14''	1	0		
9	Dumble & Rod Stand	1	0		
10	Declain Roman Chain	1	0		
11	Gym Ball	1	1		
12	Hip Flexor	1	1		
13	High Lat. Pully 80 kg	1	0		
14	Inner Thigh	1	1		
15	Low Rope Pully 60 kg	1	0		
16	Lateral Raise 70 kg	1	1		
17	Leg Press 100 kg	1	1		
18	Leg Extension 60 kg	1	1		
19	Leg Curl 60 kg	1	0		
20	Multi Hips 60 kg	1	1		
21	Massager Imported	1	1		
22	Manuel Trade Mill Imported	1	1		
23	Neck Extension 70 kg	1	1		
24	Orbitek Imported	1	1		
25	Power-lifting Belt	1	0		
26	Peckdeck 80 kg	1	1		
27	Piston Triceps 80 kg	1	0		
28	Rubber Plate	87 kg	00		
29	Rotary Torso 80 kg	1	1		
30	R/Steeper	1	0		
31	Steel Rod 4'	1	0		
32	Shoulder Press 80 kg	1	1		
33	Smith Machine	1	1		
34	Weightlifting Belt	1	0		



25 W	Twict Card 10 Ira	1	0	1
	rist Curl 40 kg	1	1	
	lliptical Massager Imported reel Rod 5'	1	0	
			0	
	teel Rod 6'	1		
	ennis Ball	4	4	
	able Tennis Ball	9	9	
	kipping Rope	3	3	
	adminton gutting	2	2	
	asket Ball No. 06	1	1	
	asket Ball No.07	1	1	
	awn Tennis Racquet	4	0	
46 V	olleyball (One Piece)	1	1	
47 V	olleyball (32 Piece)	1	1	
48 C1	ricket Bat Leather	2	0	
49 Ba	adminton Net	6	1	
50 Ba	adminton Racquet	4	4	
51 Ba	adminton Shuttles	18	18	
52 Ta	able Tennis Racquet	7	5	
	hess Board	2	0	
54 Ta	able Tennis Net	4	0	
	agori	2	1	
	hokho pole	1 Set	0	
	adminton Pole	4 Set	0	
	asketball Pole	1 Set	0	
	olleyball Pole	1 Set	0	
	olleyball Net	2	1	
	able Tennis	1	0	
	ricket Helmet	4	0	
	ricket Guard	3	0	
	atsman Pad	3 Pair	0	
	atsman Gloves	2 pair	0	
	Vicketkeepers pad	1 pair	0	
	Vicketkeepers Gloves	1 Pair	0	
	high Pad	3	0	
	ricket Stumps	6	2	
	ricket Stump Bells	4	0	
	restler Dress	1 Set	0	
	Vomen's Shot Put 4 kg	1	0	
	arrom Board	3	1	
13 0	arom Doard		1	



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74	Carrom Stand	2	0	
75	Victory Stand	1set	0	
76	Flags	66	0	
77	Rods	28	0	
78	Cycle	2	0	
79	Shoulder Rotator	2	0	
80	Thigh Pressure	1	0	
81	Sky Walker	1	0	
82	Sit up Board	1	0	
83	Air Walker	1	0	
84	Waist Rotator	1	0	

Books	75
Books Available in the Central Library	255
Research papers Published	2
Seminar, Workshop, Conference Attended	1

Sports Performance

- ♣ Men's Kabaddi Lost to team of Padmashree Ajit Wadekar College of Physical Education Nagpur by 39-32 in Zone Final.
- ♣ Women's Kabaddi Lost to team of Nutan Adarsh College, Umred by 45-37 in Zone Semi-final.
- ♣ Men's Kho-Kho Lost to team of Arvindbabu Deshmukh College, Bharsingi by 11-09 in Zone quarter final.
- ♣ Women's Kho-Kho Lost to team of Government Engineering College, Nagpur by 14-11 in Zone 3rd Round.



- ♣ Sudhir Shende of B.Voc. 1st year got Silver Medal in the final of 400 Meter Running Competition organized by R.T. M. Nagpur University, Nagpur.
- ♣ Sudhir Shende of B.Voc. 1st year secure 4th Position in final of 200 Meter Running Competition organized by R.T. M. Nagpur University, Nagpur.
- ♣ Men's team of 4X100 M comes at 10th Position in Running Competition organized by R.T. M. Nagpur University, Nagpur.

Awards and Achievements

- ♣ Mr. Akash Masram of M.A. I represented R. T. M. Nagpur University, Nagpur Kabaddi team in West Zone Inter-University Kabaddi Championship organized by Kota University, Kota. (18th November 2019)
- ♣ Mr. Akash Masram represented Nagpur District and secured Silver Medal in 67th Senior State Kabaddi Championship. (12th January 2020)
- ♣ Sudhir Shende of B. Voc.-1st Year won Silver medal in 400 Meter Running Competition of R. T. M. Nagpur University's Inter-collegiate Athletics Meet. (27th February 2020)

Activities

- Annual Sports Meet
- International Yoga Day Celebrations
- **4** Athletics Grooming Programme

Extension Activities

- Organized various activities to create awareness among students about Health and Hygiene.
- Helped students to develop healthy habits.
- Imparted Medical facilities to students.
- ♣ Provided Gymnasium facilities to students.



Perspective Plan

- Levelling and beautification and modernization of play grounds
- ♣ Concrete Basketball court for Students.
- ♣ 200 M Running Track.
- ♣ Synthetic Lawn Tennis Ground.
- ♣ To boost the confidence of our students to take active participation in Sports and Games so as to motivate them to win various competitions.

Utilities Provided

- ♣ A Track suit and Certificate with Memento to Mr. Akash Masram (M.A. I) who represented R.T.M. Nagpur University, Nagpur in West Zone Inter-University Kabaddi Tournament at Kota University, Kota.
- ♣ A Track suit and Certificate with memento to Mr. Sudhir Shende (B. Voc. I) who secured Silver Medal in 400 Meter Running Competition of R.T.M. Nagpur University's Athletic Meet.
- ♣ Certificates with Medals to Men's Kabaddi players for their performance in Zone level Inter-Collegiate Kabaddi Matches. (07th November 2019)
- ♣ Incentive marks as per the rule of Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur.

SWOC

Strengths

- 4 Healthy environment in the College Campus.
- ♣ Support of Management and the College Administration for undertaking various Sports activities in the Campus for the holistic development of students.
- ♣ Well-equipped Gymnasium and other Sports amenities.
- 4 Spacious playground for the students to do daily practices.



Weaknesses

- ♣ Low response of students towards participation in Sports and Games.
- ♣ Lack of basic knowledge about Sports and Games among our students at the entry level.
- ♣ Ignorance of parents about the importance of Sports and Games.
- ♣ Students from economically weaker sections of the society.
- ♣ Many students are first generation learners.
- ♣ Shyness and inferiority complex of the students.

Opportunities

- ♣ Opportunity for employments in Civil and Defense services.
- ♣ Wide scope to produce competent Sports Persons.
- 4 Scope for the development of leadership qualities.
- ♣ Scope for building healthy Nation through healthy and vibrant youth.

Challenges

- ♣ To retain students in the main stream of education system.
- ♣ To motivate students for participation in various sports activities.
- ♣ To encourage students to face global challenges to grab better placement opportunities.
- ♣ To bring out the overall development of students who are coming from rural areas.
- ♣ To educate and train the rural students.
- ♣ To groom the girl-students for economic independence.



Remarks and Suggestions

Bhiwapur Mahavidyalaya remitted fees in favour of 'The Director, Sports and Physical Education Office, Rashtrasant Tukadoji Maharaj Nagpur University', Nagpur for enrollment in various Sports items like Kabaddi, Volleyball, Kho-Kho and Athletics during the Academic Session 2019-2020. Daily Practice Sessions for the players were organized in the College Campus. Later on, the promising players were churned out by the Selection Committee of the College as per their performances.

Kabaddi Men's team lost to the team of Padmashree Ajit Wadekar College of physical Education, Nagpur in Zone-Final while Girls team lost in Zone-Semi-final Match against the team of Nutan Adarsh College, Umred. Boys Kho-Kho team moved to Semifinal in Zone match organized at University Campus, Nagpur but failed to register win against Arvindbabu Deshmukh Collge, Bharsingi while Girls' team of our College succeeded to enter into Pre-Quarter Final Round, but failed to keep its winning momentum against the team of 'Government Engineering College', Nagpur. In R.T. M. Nagpur University's Athletics Meet, our Student Mr. Sudhir Shende won Silver Medal in 400 Meter Running Competition. He also narrowly missed Bronze Medal in 200 Meter Running Competitions.

Mr. Akash Masram (M.A. I) represented Rashtrasant Tukadoji Maharaj Nagpur University's Kabaddi Team in West Zone Inter-University Kabaddi Championship organized by Kota University, Kota. He also represented Nagpur District in 67th Senior State Kabaddi Championship and won Silver Medal.

Free physical fitness classes were also organized daily under 'Open House-Training Programme' for the College students and the promising youngsters of the adjacent areas to make them competent enough to join Police and Defense Forces. Mr. Sudhir



Shende (B.Voc) has been appointed in Indian Army and Mr. Sachin Dahare (B.A. III), Mr. Manoj Waware (B.A.) and Mr. Sarang Nagpurkar (B.Sc. I) joined Home guard.

The Department of Physical Education and Sports intends to take-up more responsibilities in organizing various Local, District, State, and National and International level Sports events by utilizing all the infrastructure facilities available in the Campus. The weaker areas will be improved and the stronger areas will be strengthened further.

Amahawadicas

Asst. Prof. Dr. Anita V. Mahawadiwar

Member Secretary

(Criteria - VI Governance, Leadership and Management)

Asst. Prof. Dr. Mangesh V. Kadu

Coordinator

Internal Quality Assurance Cell

Dr. Sanjay Choudhari (Associate Professor)

Invited Peer Colleague

Shri. S. B. City College, Nagpur



Dr. Jobi George Principal

Principal
Bhiwapur Mahavidyalaÿa,
Bhiwapur



Date:

Venue: Bhiwapur Mahavidyalaya