Backward Class Youth Relief Committee's

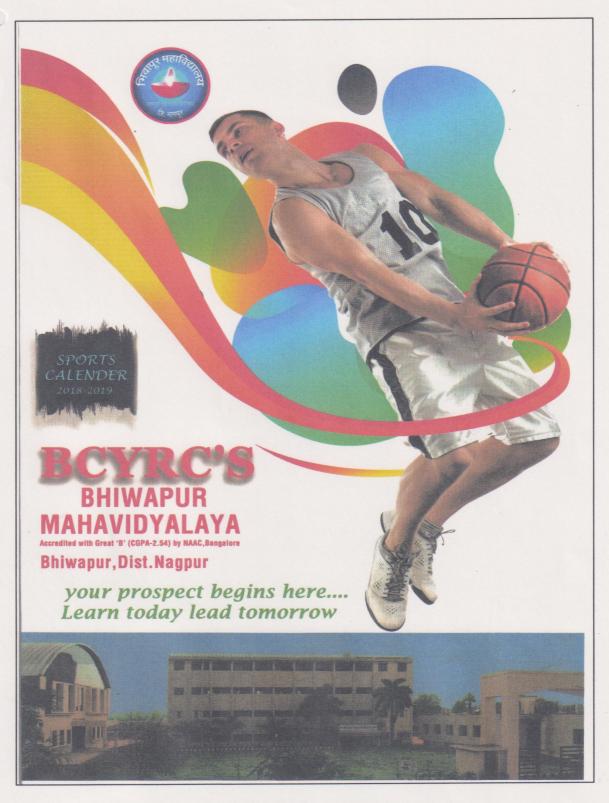
Bhiwapur Mahavidyalaya

Dist. Nagpur (M.S.) 441201 Accredited with grade B (C.G.P.A. – 2.54) by NAAC, Bengaluru



Internal and External Audit of
Department of Physical Education and Sports
Academic Session 2018-2019





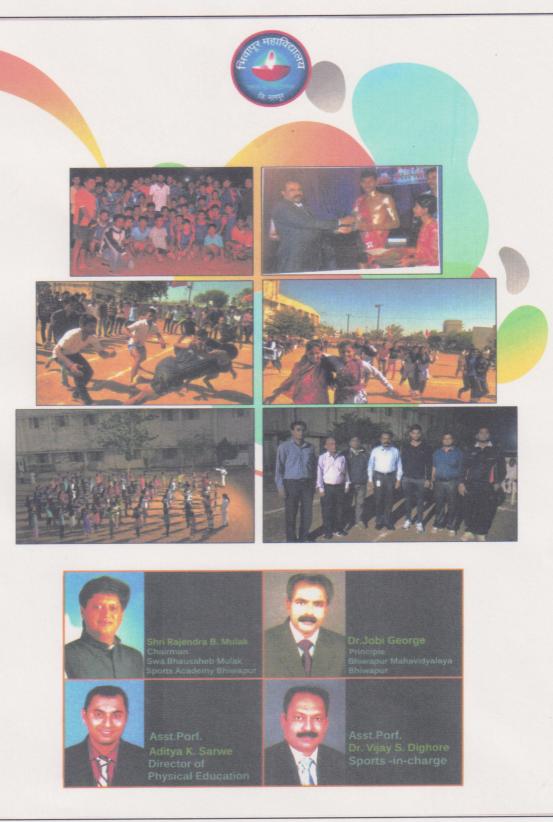


S.N.	Proposed Events	Proposed Dates	
1	Commencement of Academic Session	15th June, 2018	
2	Registration of Intercollegiate Sports Tournament	15th July, 2018	
3	Formation of Students' Sports Committees	25th July, 2018	
4	R.T.M.N.U. Swimming/ Water Polo Diving	18th Aug., 2018	
	Championship		
5	R.T.M.N.U. Chess Championship	23 rd Aug., 2018	
6	R.T.M.N.U. Table Tennis Championship	27th Aug., 2018	
7	R.T.M.N.U. Cross Country Championship	30th Aug., 2018	
8	R.T.M.N.U. Gymnastic Championship	04th Sept., 2018	
9	R.T.M.N.U. Boxing Championship	09th Sept., 2018	
10	R.T.M.N.U. Judo Championship	13th Sept., 2018	
11	R.T.M.N.U. Weightlifting / Powerlifting	16th Sept., 2018	
	Championship		
12	R.T.M.N.U. Best Physique Championship	18th Sept., 2018	
13	R.T.M.N.U. Kho-Kho Championship	25th Sept., 2018	
14	R.T.M.N.U. Kabaddi Championship	30th Sept., 2018	
15	R.T.M.N.U. Badminton Championship	07th Oct., 2018	
16	R.T.M.N.U. Athletic Meet Championship	13th Oct., 2018	
17	Diwali Vacation	18th Oct., 2018 to	
		17 th Nov., 2018 23 rd Nov., 2018	
18	R.T.M.N.U. Lawn Tennis Championship	27 th Nov., 2018	
19	R.T.M.N.U. Basketball Championship		
20	R.T.M.N.U. Tug of War Championship	03 rd Dec., 2018	
21	R.T.M.N.U. Table Tennis Championship	11th Dec., 2018	
22	R.T.M.N.U. Mallakhamb Championship	17 th Dec., 2018	
23'	Swargiya Bhausaheb Mulak Memorial Kabaddi 22 nd Dec., 2018		



	Rolling Trophy Championship		
24	R.T.M.N.U. Archery Championship	26th Dec., 2018	
25	Intra-college Badminton Matches	28th Dec., 2018	
26	Intra-college Kabaddi Matches	28th Dec., 2018	
27	Intra-college Kho-Kho Matches	29th Dec., 2018	
28	Intra-college Table Tennis Matches	29th Dec., 2018	
29	Intra-college Track and Field Matches	29th Dec., 2018	
30	Intra-college Mr. Bhiwapur Mahavidyalaya Championship	29th Dec., 2018	
31	R.T.M.N.U. Fencing Championship	03 rd Jan., 2019	
32	R.T.M.N.U. Cricket Championship	06th Jan., 2019	
33	R.T.M.N.U. Football Championship	15th Jan., 2019	
34	R.T.M.N.U. Netball Championship	18th Jan., 2019	
35	R.T.M.N.U. Shooting Championship	21st Jan., 2019	
36	R.T.M.N.U. Handball Championship	23 rd Jan., 2019	
37	R.T.M.N.U. Baseball Championship	28th Dec., 2019	
38	R.T.M.N.U. Taekwondo Championship	01st Feb., 2019	
39	R.T.M.N.U. Wrestling Championship	02 nd Feb., 2019	
40	R.T.M.N.U. Ball Badminton Championship	05 th Feb., 2019	
41	R.T.M.N.U. Yogasan Championship	08th Feb., 2019	
42	R.T.M.N.U. Softball Championship	10th Feb., 2019	
43	R.T.M.N.U. Hockey Championship 12 th Feb., 20		
44	R.T.M.N.U. Sepak Takraw Championship 16th Feb., 2		
45	R.T.M.N.U. Korfball Championship	18th Feb., 2019	
46	Commencement of R.T.M.N.U. Summer Examinations	15th March,2019	







Introduction about the College

Bhiwapur Mahavidyalaya was established in 1990 with the noble vision of imparting Higher Education to the rural learners for enabling them to learn locally and flourish globally in spite of the evils of poverty and inconvenience.

Subsequently, we started Bachelor Degree in Commerce (B.Com.) in 2002 and Bachelor Degree in Science (B.Sc.) in 2012. Post Graduate Courses in Economics, Political Science and Sociology were started in 2004. Over the years, the Institution has earned the recognition of one of the premier Co-educational Institutions in Nagpur region imparting quality Higher Education in the faculties of Arts, Commerce and Science with the strong support of highly competent and skilled teaching and non-teaching staff.

The ICT enabled classrooms, independent Departments; E.T.N.L. software supported English Language Lab, State-of-the-art Computer Lab, Fully Automated Central Administrative Office and Central Library with spacious reading room and UGC Network Resource Centre support the Institution in transforming its envisioned objectives into a reality. Other infrastructural facilities like Multi-Purpose Auditorium, Conference Hall, Common Rooms for girls and boys, Canteen, Gymnasium, Indoor Stadium, Swimming Pool Playgrounds and Women's Hostel Building enable the Institution in rendering requisite facilities for the students to grow.

Vision

Exemplary knowledge delivery to the rural and marginalized learners by integrating the mechanics of teaching, learning, Research and innovations in an intellectually charged environment to empower them compete in a global society.

Mission

To impart value-based education in the disciplines of Humanities, Commerce, Science and Professional Programmes to foster mutually valuable affiliations with trade and businesses for creating employability, promoting Research and Innovations for disseminating Ethical, Professional and Human Values.

Quality Policy

Bhiwapur Mahavidyalaya is dedicated to achieving exemplary standards in the field of Humanities, Commerce, Science and Professional and Skill-based education.

We do believe in and aim at unceasing improvisation in tune with the changing times for providing favourable environment in the quest for knowledge and holistic development of learners.

We inspire and encourage all to adhere to the highest standards of ethical, professional and human values to augment the gratification level of all our stakeholders.

Core Values

- ♣ Preservation of Culture: The Institution strives to preserve culture through knowledge dissemination, Research and respecting and promoting cultural heritage.
- ♣ Capacity Building: The Institution through its mechanisms and policies attempts in the capacity building of individuals to be beneficial in Nation building activities.
- ♣ Integrity and Excellence: The Institution strives to foray into blending conventional and traditional knowledge systems to bring admirable outcomes in the field of Research and Academics.
- ♣ Transparency: The Institution maintains transparency in all its mechanisms, policies and processes.
- ♣ Service to the Society and Nation: The Institution pledges to serve the Nation through its Academic pursuits, Research and extension activities.

About the Department

Department of Physical Education and Sports was established in 1990. Under the able guidance of Asst. Prof. Dr. Vishwanath G. Channe from 1st August 1996 to 22nd May 2013, our College achieved many heights. In 2004-2005, Bhiwapur Mahavidyalaya bagged Zone-C Championship in Men's Kabaddi Tournament. In 2005-2006 Bhiwapur Mahavidyalaya secured University Championship in Judo Men's Event. In 2010-2011, our College brought laurels by securing 'University Zone-C Kabaddi (Men's) Championship'.



Our College produced many University Colour Holders in various games, namely Mr.Gajanan Chacharkar in Kabaddi in 2004-2005, Mr. Ritesh Bhagat and Mr. Harshal Waghela in Judo in 2005-2006, Mr. Ritesh Bhagat in Judo in 2006-2007, Mr. Rajat Shrinivas in 2007-2008 in Table Tennis, Mr. Achal Wanjari in Kabaddi in 2008-2009, Mr. Nitin Raut in Judo in 2008-2009, Nilesh Awari in Kho-Kho in 2009-2010. Ku. Harsha Hore secured 3rd Position in Volleyball Tournament organized by S.R.T. Marathwada University, Nanded in Krida Mahotsav-2015. In 2016-2017, Ku. Sonali Borkar (B.Sc. II) represented R.T.M. Nagpur University's Women's Volleyball Team in All India Inter-University Volleyball Championship and got 3rd Position in Krida Mahotsava-2016 organized by Vasantrao Naik Marathwada Krishi Vidyapeeth, Parbhani. Mr. Aniket Ingole (B. Sc. I) bagged Bronze Medal in 100 Meter and 200 Meter Breaststroke Event in Swimming Competitions organized by R. T. M. Nagpur University, Nagpur.

Moreover, students of our College participated in State, National and International level Championships organized by various reputed Associations. In 2004-2005 Mr. Dipak Gaikwad and Mr. Sachin Bachale represented Maharashtra State in Beach Kabaddi. Mr. Sikander Kannoje participated in International Martial Arts Championship in 2006-2007, Mr. Devendra Deoghare represented Maharashtra in All India Y.M.C.A. Table Tennis Tournament, Kolkata in 2007-2008, Mr. Amir Kannoje participated in Maharashtra State team in Throw Ball Championship and Martial Arts Championship 2009-2010, Mr. Nikhil Patel won Medal in 100 Meter Running and Long Jump events in State Level under 20 Athletics Championship in Pune. Ku. Priyanka Karmore participated in Indo-Thai Soft-Baseball International Championship 2018 organized at Thailand and secured Gold Medal; Mr. Akash Masram secured 3rd Position in the 66th Senior State Kabaddi Championship held at Tumsar Dist, Bhandara.

Aims and Objectives of the Department

- ♣ To provide opportunities for bringing out hidden sports talents of students.
- To spread awareness among students about the disadvantages of falling prey to drugs, alcohol, tobacco and addictive substances.
- ♣ To inform the students about various components of physical ability.
- 4 To inform the students about physical fitness and ability testing.



- → To motivate students to lead a safe life by providing them with adequate information on diet.
- ♣ To revitalize students who were suffering from physical and mental stress through motivational and progressive environment.

Special Features of the Department

- ♣ Individual practice for Boys and Girls.
- ♣ Selection Trial facility for selecting College teams.
- **♣** Summer Coaching Camps.
- ♣ Fitness Camps for the students as well as for the general public.
- ♣ Intramural competitions for College students in various sports items, recreational events and Annual Athletics Meet.
- ♣ Conducting regular Practice Sessions in Sports and Games.
- ♣ Students' participation in State and National level Tournaments.
- 4 Students' participation in various University Level Tournaments.
- ♣ Provide guidance on Sports, Games and Health.

Infrastructure and Facilities

Sr.	Name of	Dimensions	Remark	Signature
No.				
01	Office and Store Room	7.0 M X 5.6 M		
02	Kho-Kho ground	29M X 17 M		
03	Kabaddi ground	17 M X 12 M		
04	Basketball ground	30.60 M X 17 M		
05	Volleyball ground	30.60 M X 12.80		
		M		
06	Indoor Stadium	43.5 M X 23.0 M		
07	Indoor Gym	8.4 M X 11.1 M		
08	Badminton Courts and	30.0 M X 23.5 M		
	Table Tennis			
	Green Room for Boys	7.65 M X 5.25 M		
	Green Room for Girls	7.0 M X 5.6 M		
	Call Room	7.65 M X 5.85 M		
	Staircase	2.25 M X 3.5 M		
	Sitting Gallery	19 M X 7 M		
	Store Room beside	5.40 M X 2.0 M		



	Sitting Gallery	
	Store Room beside staircase	3.50 M X 1.90
09	Swimming Pool	65 M X 31 M
	Swimming Pool Training Arena	50 M X 21 M
	Dock Area	5.1 M X 5.10 M
	Filtration Unit Room	7.5 M X 9.75 M
	Girls' Changing Room	Each of 1.25 M X
	Shower Room 04	1.25 M
	Girls' Changing Room Locker Room 40	0.65 M X 3.60 M
	Girls' Changing Room	Each of 1.25 M X
	Rest Room 04	1.25 M
	Girls' Changing Room	Each of 1.25 M X
	Changing Room	1.25 M
	Boys' Changing Room Shower Room	4.40 M X 2.40 M
	Boys' Changing Room Changing Room	1.25 M X 1.25 M
	Boys' Changing Room Locker Room 40	0.65 M X 3.60 M
	Boys' Changing Room Rest Room 02	3.25 M X 1.25 M
	Boys' Changing Room Urinal Area 04	3.40 M X 1.85 M
	Swimming Pool Office Room	3.20 M X 3.75 M
10	Green Gym	30.60 M X 3.90 M

Sports Equipment / Inventory

Sr. No.	Name of Equipment	Inventory	Right off Material	Remark	Signature
1	Ab King Pro Heavy Duty	1	0		
2	Abdominal Board	1	0		
3	Air Bike Heavy	1	1		



	Imported			
4	Bench Press 80 kg	1	0	
5	Belt Vibrator with	1	1	
	Heavy Duty Motor			
6	Bench Heavy	1	0	
7	Back Extension 60 kg	1	1	
8	Dumbel Rod 14"	1	0	
9	Dumbel & Rod Stand	1	0	
10	Declain Roman Chain	1	0	
11	Gym Ball	1	1	
12	Hip Flexor	1	1	
13	High Lat. Pully 80 kg	1	0	
14	Inner Thigh	1	1	
15	Low Rope Pully 60 kg	1	0	
16	Lateral Raise 70 kg	1	1	
17	Leg Press 100 kg	1	1	
18	Leg Extension 60 kg	1	1	
19	Leg Curl 60 kg	1	0	
20	Multi Hips 60 kg	1	1	
21	Massager Imported	1	1	
22	Manuel Trade Mill	1	1	
	Imported			
23	Neck Extension 70 kg	1	1	
24	Orbitek Imported	1	1	
25	Power-lifting Belt	1	0	
26	Peckdeck 80 kg	1	1	
27	Piston Triceps 80 kg	1	0	
28	Rubber Plate	87 kg	00	
29	Rotary Torso 80 kg	1	1	
30	R/Steeper	1	0	
31	Steel Rod 4'	1	0	
32	Shoulder Press 80 kg	1	1	
33	Smith Machine	1	1	
34	Weightlifting Belt	1	0	
35	Wrist Curl 40 kg	1	0	
36	Elliptical Massager	1	1	
	Imported			
37	Steel Rod 5'	1	0	
38	Steel Rod 6'	1	0	



39	Tennis Ball	4	4	
40	Table Tennis Ball	9	8	
41	Skipping Rope	3	3	
42	Badminton gutting	2	2	
43	Basket Ball No. 06	1	1	
44	Basket Ball No.07	1	1	
45	Lawn Tennis Racquet	4	0	
46	Volleyball (One Piece)	1	1	
47	Volleyball (32 Piece)	1	1	
48	Cricket Bat Leather	2	0	
49	Badminton Net	6	1	
50	Badminton Racquet	4	4	
51	Badminton Shuttles	18	18	
52	Table Tennis Racquet	7	5	
53	Chess Board	2	0	
54	Table Tennis Net	4	0	
55	Lagori	2	1	
56	Kho-Kho pole	1 Set	0	
57	Badminton Pole	4 Set	0	
58	Basketball Pole	1 Set	0	
59	Volleyball Pole	1 Set	0	
60	Volleyball Net	2	1	
61	Table Tennis	1	0	
62	Cricket Helmet	4	0	
63	Cricket Guard	3	0	
64	Batsman Pad	3 Pair	0	
65	Batsman Gloves	2 pair	0	
66	Wicketkeepers pad	1 pair	0	
67	Wicketkeepers Gloves	1 Pair	0	
68	Thigh Pad	3	0	
69	Cricket Stumps	6	2	
70	Cricket Stump Bells	4	0	
71	Wrestler Dress	1 Set	0	
72	Women's Shot Put 4 kg	1	0	
73	Carom Board	3	1	
74	Carom Stand	2	0	
75	Victory Stand	1set	0	
76	Flags	66	0	
77	Rods	28	0	



78	Cycle	2	0	
79	Shoulder Rotator	2	0	
80	Thigh Pressure	1	0	
81	Sky Walker	1	0	
82	Sit up Board	1	0	
83	Air Walker	1	0	
84	Waist Rotator	1	0	

Books	72
Books Available in the Central Library	252
Research Papers Published	2
Seminar, Conference, Workshop attended	1

Sports Performance

- ♣ Men's Kabaddi team lost to team of Saibaba L. P. Mahavidyalaya, Wadner in the Quarter-final.
- ♣ Women's Kabaddi team lost to the team of C. P. and Berar College, Nagpur in the first round.
- ♣ Mr. Aniket Ingole of B. Sc. Ist Year won Bronze Medal in R. T. M. Nagpur University's Inter-collegiate Swimming Competition of 100 Meter and 200 Meter Breaststroke.
- ♣ Men's Badminton Team lost to Anurag Pharmacy College, Warthi, Bhandera District in the Pre-Quarter Final Match held at Bhiwapur Mahavidyalaya, Bhiwapur.
- ♣ Men's Volleyball team lost to Shri. Lemdeo Patil College, Mandhal in the 2nd round match.
- ♣ Girl's Kho-Kho team lost to Sant Gadge Baba Mahila Mahavidyalaya, Tumsar in the 1st Round.

Awards and Achievements

- ♣ Mr. Akash Masram represented Nagpur District in the 66th Senior State Kabaddi Championship and won Bronze Medal. (28th October 2018)
- ♣ Aniket Ingole won Bronze Medal in R. T. M. Nagpur University's Intercollegiate Swimming Competition of 100 Meter and 200 Meter Breaststroke Event.

Activities

- **4** Annual Sports Meet
- ♣ International Yoga Day Celebrations
- **4** Athletics Grooming Programme.
- ♣ Swimming Coaching Camp.
- ♣ R.T.M. Nagpur University Inter-Collegiate Men's Badminton Championship was organized at Bhiwapur Mahavidyalaya, Bhiwapur from 15th October 2018 to 17th October, 2018.

Extension Activities

- Organized various activities to create awareness among students about Health and Hygiene.
- Helped students to develop healthy habits.
- Imparted Medical facilities to students.
- Provided Gymnasium facilities to students.

Perspective Plan

- Completion of the construction of Swimming Pool.
- 4 Completion of the construction of Indoor Stadium.
- Leveling, beautification and modernization of play grounds.
- Concrete Basketball court for Students.
- 4 200 M Running Track.
- Synthetic Lawn Tennis Court.
- ♣ To boost the confidence of our students to take active participation in Sports and Games so as to motivate them to win various competitions.



Utilities Provided

- ♣ A Track suit and Certificate with Memento to Ku. Priyanka Karmore (B.Sc. II) who participated in the Indo-Thai International Soft Baseball Championship 2018 and won Gold Medal.
- ♣ Incentive marks as per the rule of Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur.

SWOC

Strengths

- ♣ Healthy environment in the College Campus.
- ♣ Support of Management and the College Administration for undertaking various Sports activities in the Campus for the holistic development of students.
- ♣ Well-equipped Gymnasium and other Sports amenities.
- Spacious playground for the students to do daily practices.

Weaknesses

- Low response of students towards participation in Sports and Games.
- Lack of basic knowledge about Sports and Games among our students at the entry level.
- ♣ Ignorance of parents about the importance of Sports and Games.
- ♣ Students from economically weaker sections of the society.
- ♣ Many students are first generation learners.
- Shyness and inferiority complex of the students.

Opportunities

- Opportunity for employments in Civil and Defense services.
- ♣ Wide scope to produce competent Sports Persons.
- ♣ Scope for the development of leadership qualities.
- Let Scope for building healthy Nation through healthy and vibrant youth.



Challenges

- ♣ To retain students in the main stream of education system.
- ♣ To motivate students for participation in various sports activities.
- ♣ To encourage students to face global challenges to grab better placement opportunities.
- ♣ To bring out the overall development of students who are coming from rural areas.
- ♣ To educate and train the rural students.
- ♣ To groom the girl-students for economic independence.

Remarks and Suggestions

Bhiwapur Mahavidyalaya remitted fees in favour of 'The Director, Sports and Physical Education Office, Rashtrasant Tukadoji Maharaj Nagpur University', Nagpur for enrollment in various Sports items like Kabaddi, Volleyball, Kho-Kho and Athletics during the Academic Session 2018-2019. Daily Practice Sessions for the players were organized in the College Campus. Later on, the promising players were churned out by the Selection Committee of the College as per their performances.

Kabaddi Men's team lost to team of Saibaba L. P. Mahavidyalaya, Wadner in the Quarter-Final while Girls team lost in the 1st Round Match against the team of C. P. and Berar College, Nagpur. Boys Badminton team moved up to Semifinal in the Zone Match organized at our College Campus. Our Swimmer Aniket Ingole won Bronze Medal in 100 Meter and 200 Meter Breaststroke Event.

We organized Swimming Coaching Camp for the students of Bhiwapur Mahavidyalaya and its adjacent areas from 1st April 2019 to 15th June, 2019 in the College Campus. In all, 147 trainees participated in this Coaching Camp.

Free physical fitness classes were also organized daily under 'Open House-Training Programme' for the College students and the promising youngsters of the adjacent areas to make them competent enough to join Police and Defense Forces. Through this Training Programme Mr. Vrushabh Admane has been selected in Indian Army.

The Department of Physical Education and Sports intends to take-up more responsibilities in organizing various Local, District, State, and National and International level Sports events by utilizing all the infrastructure facilities available in the Campus. The weaker areas will be improved and the stronger areas will be strengthened further.

Smahawadiwas

Asst. Prof. Dr. Anita V. Mahawadiwar

Member Secretary

(Criteria - VI Governance, Leadership and Management)

Asst. Prof. Dr. Mangesh V. Kadu

Coordinator

Internal Quality Assurance Cell

Dr. Sanjay Choudhari (Associate Professor)

Invited Peer Colleague

Inhmurse

Shri. S. B. City College, Nagpur

Dr. Jobi George

Principal

Principal

Shiwapur Mahavidyalaya,

Bhiwapur

Date:

Venue: Bhiwapur Mahavidyalaya