Backward Class Youth Relief Committee's

Bhiwapur Mahavidyalaya

Bhiwapur, Dist. Nagpur (M.S.) 441201

Accredited with grade B (C.G.P.A. – 2.54) by NAAC, Bengaluru



Internal and External Audit of
Department of Physical Education and Sports
2016-2017



BOYRU'S

BHIWAPUR MAHAVIDYALAYA

Accredited with Grade 'B' (CGPA-2.54) by NAAC. Bangalore

Bhiwapur, Distt. Nagpur

SPORTS CALENDAR

your prospect begains here... Learn today, lead tommorrow





Sports Calendar

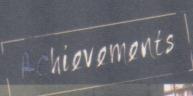
S.N.	Events	Proposed Dates
1	Registration For Inter Collegiate R.T.M.N.U. Sports Tournamen	15 th June 2016
2	Formation Of Students' Sports Committees	15 th July 2016
3	Monthly Free Medical Check-up Camp	Last Week of July
4	Badminton (men) R.T.M.N.U. Tournament	24-26 Aug 2016
5	Badminton (women) R.T.M.N.U. Tournament	26-29 Aug 2016
6	Monthly Free Medical Check-up Camp	Last Week of August
7	Cross- Country (men/women) R.T.M.N.U. Tournament	06 th Sept 2016
8	Swimming, Water Polo, Diving (men/women) R.T.M.N.U. Tournament	07-09 Sept 2016
9	Volleyball (men) R.T.M.N.U. Tournament	10-12 Sept 2016
10	Volleyball (women) R.T.M.N.U. Tournament	13-15 Sept 2016
11	Table-tennis (men/women) R.T.M.N.U. Tournament	14-16 Sept 2016
	Gymnastics / Mallakhamb / Rope Mallakhamb (men/ Women)	18-19 Sept 2016
12	R.T.M.N.U. Tournament	
40	Kabaddi (men) R.T.M.N.U. Tournament	21-23 Sept 2016
13	Kabaddi (women) R.T.M.N.U. Tournament	25-27 Sept 2016
14	Chess (men/women) R.T.M.N.U. Tournament	26-29 Sept 2016
15	Monthly Free Medical Check-up Camp	Last Week of September
16	Cricket (men) R.T.M.N.U. Tournament	28 Sept 2016
17	Kho-kho (men) R.T.M.N.U. Tournament	05-07 Oct 2016
18	Baskerball (women) R.T.M.N.U. Tournament	05-07 Oct 2016
19	Kho-kho (women) R.T.M.N.U. Tournament	08-10 Oct 2016
20	Basketball (men) R.T.M.N.U. Tournament	08-10 Oct 2016
21	Ball Badminton (men/women) R.T.M.N.U. Tournament	12-14 Oct 2016
22		26-28 Oct 2016
23		Last Week of October
24	Monthly Free Medical Check-up Camp	29-31 Oct 2016
25	Yogasan (men/women) R.T.M.N.U. Tournament	02-05 Nov 2016
26	Annual Athletic Meet R.T.M.N.U. Swargiya Bhausaheb Mulak Inter Collegiate Kabaddi Rolling Trophy	
27		28-30 Nev 2016
	Championship For Boys And Girls.	Last Week of November
28	Monthly Free Medical Check-up Camp	



Sports Calendar

S.N.	Events	Proposed Dates
29	Weight Lifting, Power Lifting (men/ Women) R.T.M.N.U. Tournament	28-30 Dec 2016
30	Lawn Tennis (men/women) R.T.M.N.U. Tournament	28-30 Dec 2016
31	Monthly Free Medical Check-up Camp	Last Week of December
32	Selection Trial For Badminton (men/women)	02 Jan 2017
33	Selection Trial For Cross- Country (men/women)	03 Jan 2017
34	Selection Trial For Swimming (men/women)	04 Jan 2017
35	Selection Trial For Volleyball (men/ Women)	05 Jan 2017
36	Selection Trial For Table-tennis (men/women)	.06 Jan 2017
37	Selection Trial For Gymnasium, Mallakhamb	
	And Rope Mallakhamb (men/women)	07 Jan 2017
38	Selection Trial For Kabaddi (men)	09 Jan 2017
39	Selection Trial For Chess (men/women)	10 Jan 2017
40	Selection Trial For Cricket (men)	11-14 Jan 2017
41	Selection Trial For Kabaddi (women)	11 Jan 2017
42	Selection Trial For Basketball (men/women)	11-14 Jan 2017
43	Selection Trial For Kho-kho (men/women)	12 Jan 2017
44	Selection Trial For Yoga (men/women)	13 Jan 2017
45	Selection Trial For Athletics Meet	17-18 Jan 2017
46	Selection Trial For Wrestling	18 Jan 2017
47	College Level Badminton And Table Tennis Matches	19jan 2017
48	College Level Kabaddi And Volleyball Matches	20 Jan 2017
49	College Level Kho-kho And Basketball Matches	21 Jan 2017
50	College Level Weightlifting And Powerlifting Matches	23 Jan 2017
51	College Level Athletics Meet	24 Jan 2017
52	Bhiwapur Mahavidyalaya Annual Sports Week (finals)	25 Jan 2017
53	Monthly Free Medical Check-up Camp	Last Week of January 2017
54	Rt.m.n.u. Summer Examination	March 2017
55	Summer Coaching Camp Organized By Swargiya Bhausaheb Mulak	01 May To 10 May 2017
	Sports Academy	
56	Commencement Of Next Academic Session	June 2017



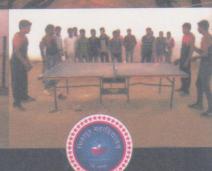














Shri Rajendra B. Mulak Chairman Swa. Bhausaheb Mulak Sports Academy. Bhiwapu



Dr. Jobi Cicorge Principal Bluvanar Mahayidyalaya Bhuwayar



Asst. Prot. Aditya K. Sarwe Director of Physical Education



Asst. Prof. Dr. Vijav S. Dighore Sports -in-charge



Introduction about the College

Bhiwapur Mahavidyalaya was established in 1990 with the noble vision of imparting Higher Education to the rural learners for enabling them to learn locally and flourish globally in spite of the evils of poverty and inconvenience.

Subsequently, we started Bachelor Degree in Commerce (B.Com.) in 2002 and Bachelor Degree in Science (B.Sc.) in 2012. Post Graduate Courses in Economics, Political Science and Sociology were started in 2004. Over the years, the Institution has earned the recognition of one of the premier Co-educational Institutions in Nagpur region imparting quality Higher Education in the faculties of Arts, Commerce and Science with the strong support of highly competent and skilled teaching and non-teaching staff.

The ICT enabled classrooms, independent Departments; E.T.N.L. software supported English Language Lab, State-of-the-art Computer Lab, Fully Automated Central Administrative Office and Central Library with spacious reading room and UGC Network Resource Centre support the Institution in transforming its envisioned objectives into a reality. Other infrastructural facilities like Multi-Purpose Auditorium, Conference Hall, Common Rooms for girls and boys, Canteen, Gymnasium, Indoor Stadium (under construction), Swimming Pool (under construction) Playgrounds and Women's Hostel Building enable the Institution in rendering requisite facilities for the students to grow.

Vision

Exemplary knowledge delivery to the rural and marginalized learners by integrating the mechanics of teaching, learning, Research and innovations in an intellectually charged environment to empower them compete in a global society.



Mission

To impart value-based education in the disciplines of Humanities, Commerce, Science and Professional Programmes to foster mutually valuable affiliations with trade and businesses for creating employability, promoting Research and Innovations for disseminating Ethical, Professional and Human Values.

Quality Policy

Bhiwapur Mahavidyalaya is dedicated to achieving exemplary standards in the field of Humanities, Commerce, Science and Professional and Skill-based education.

We do believe in and aim at unceasing improvisation in tune with the changing times for providing favourable environment in the quest for knowledge and holistic development of learners.

We inspire and encourage all to adhere to the highest standards of ethical, professional and human values to augment the gratification level of all our stakeholders.

Core Values

- ♣ Preservation of Culture: The Institution strives to preserve culture through knowledge dissemination, Research and respecting and promoting cultural heritage.
- **♣ Capacity Building**: The Institution through its mechanisms and policies attempts in the capacity building of individuals to be beneficial in Nation building activities.
- ♣ Integrity and Excellence: The Institution strives to foray into blending conventional and traditional knowledge systems to bring admirable outcomes in the field of Research and Academics.
- **♣ Transparency**: The Institution maintains transparency in all its mechanisms, policies and processes.



Service to the Society and Nation: The Institution pledges to serve the Nation through its Academic pursuits, Research and extension activities.

About the Department

Department of Physical Education and Sports was established in 1990. Under the able guidance of Asst. Prof. Dr. Vishwanath G. Channe from 1st August 1996 to 22nd May 2013, our College achieved many heights. In 2004-2005, Bhiwapur Mahavidyalaya bagged Zone-C Championship in Men's Kabaddi Tournament. In 2005-2006 Bhiwapur Mahavidyalaya secured University Championship in Judo Men's Event. In 2010-2011, our College brought laurels by securing 'University Zone-C Kabaddi (Men's) Championship'.

Our College produced many University Colour Holders in various games, namely Mr.Gajanan Chacharkar in Kabaddi in 2004-2005, Mr. Ritesh Bhagat and Mr. Harshal Waghela in Judo in 2005-2006, Mr. Ritesh Bhagat in Judo in 2006-2007, Mr. Rajat Shrinivas in 2007-2008 in Table Tennis, Mr. Achal Wanjari in Kabaddi in 2008-2009, Mr. Nitin Raut in Judo in 2008-2009, Nilesh Awari in Kho-Kho in 2009-2010. Ku. Harsha Hore secured 3rd Position in Volleyball Tournament organized by S.R.T. Marathwada University, Nanded in Krida Mahotsav-2015. Ku. Sonali Borkar (B.Sc. II) represented R.T.M. Nagpur University's Women's Volleyball Team in All India Inter-University Volleyball Championship in the Academic Session 2016-2017and got 3rd Position in Krida Mahotsava-2016 organized by Vasantrao Naik Marathwada Krishi Vidyapeeth, Parbhani.

Moreover, students of our College participated in State, National and International level Championships organized by various reputed Associations. In 2004-2005 Mr. Dipak Gaikwad and Mr. Sachin Bachale represented Maharashtra State in Beach Kabaddi. Mr. Sikander Kannoje participated in International Martial Arts



Championship in 2006-2007, Mr. Devendra Deoghare represented Maharashtra in All India Y.M.C.A. Table Tennis Tournament, Kolkata in 2007-2008, Mr. Amir Kannoje participated in Maharashtra State team in Throw Ball Championship and Martial Arts Championship 2009-2010, Mr. Nikhil Patel won Medal in 100 Meter Running and Long Jump events in State Level under 20 Athletics Championship in Pune.

Aims and Objectives of the Department

- ♣ To provide opportunities for bringing out hidden sports talents of students.
- To spread awareness among students about the disadvantages of falling prey to drugs, alcohol, tobacco and addictive substances.
- ♣ To inform the students about various components of physical ability.
- ♣ To inform the students about physical fitness and ability testing.
- To motivate students to lead a safe life by providing them with adequate information on diet.
- To revitalize students who were suffering from physical and mental stress through motivational and progressive environment.

Special Features of the Department

- ♣ Individual practice for Boys and Girls.
- Selection Trial facility for selecting College teams.
- Summer Coaching Camps.
- Fitness Camps for the students as well as for the general public.
- ↓ Intramural competitions for College students in various Sports items, recreational events and Annual Athletics Meet.
- Conducting regular Practice Sessions in Sports and Games.
- Students participate in State and National level Tournaments.
- ♣ Students participate in various University Level Tournaments.



Provide guidance on Sports, Games and Health.

Infrastructure Facilities Available

Sr.	Name of	Dimensions	Remark	Signature
No. 01	Office and Store Room	7.0 M X 5.6 M		
02	Indoor Gymnasium	8.4 M X 11.1 M		
03	Kho-Kho ground	29M X 17 M		
04	Kabaddi Playground	40 M X 28M		
05	Basketball Ground	30.60 M X 17 M		
06	Volleyball Ground	30.60 M X 12.80 M		
07	Indoor Stadium	43.5 M X 23.0 M		
08	Badminton Courts and Table Tennis	30.0 M X 23.5 M		
	Green Room for Boys	7.65 M X 5.25 M	Under	*
	Green Room for Girls	7.0 M X 5.6 M	Construction	
	Call Room	7.65 M X 5. 85 M		
	Staircase	2.25 M X 3.5 M		
	Sitting Gallery	19 M X 7 M		
	Store Room beside Sitting Gallery	5.40 M X 2.0 M		
	Store Room beside Staircase	3.50 M X 1.90		
09	Swimming Pool		Under Construction	



Sports Equipment / Inventory

Sr.	Name of Equipment	Inventory	Right	Remark	Signature
No.			off		
			Material		
1	Ab King Pro Heavy	1	0		
	Duty				
2	Abdominal Board	1	0		
3	Air Bike Heavy	1	0		
	Imported				
4	Bench Press 80 kg	1	0		
5	Belt Vibrator with	1	1		
	Heavy Duty Motor				
6	Bench Heavy	1	0		
7	Back Extension 60 kg	1	1		
8	Dumble Rod 14''	1	0		
9	Dumble & Rod Stand	1	0		
10	Declain Roman Chain	1	0		
11	Gym Ball	1	0		
12	Hip Flexor	1	1		
13	High Lat. Pulley 80 kg	1	0		
14	Inner Thigh	1	1		
15	Low Rope Pulley 60 kg	1	0		
16	Lateral Raise 70 kg	1	1		
17	Leg Press 100 kg	1	1		
18	Leg Extension 60 kg	1	0		
19	Leg Curl 60 kg	1	0		



20	Multi Hips 60 kg	1	0	
21	Massager Imported	1	1	
22	Manuel Trade Mill	1	0	
	Imported			
23	Neck Extension 70 kg	1	0	
24	Orbitek Imported	1	1	
25	Power-lifting Belt	1	0	
26	Peckdeck 80 kg wts	1	0	
27	Piston Triceps 80 kg	1	0	
28	Rubber Plate	87 kg	00	
29	Rotary Torso 80 kg	1	1	
30	R/Steeper	1	0	
31	Steel Rod 4'	1	0	
32	Shoulder Press 80 kg	1	0	
33	Smith Machine	1	1	
34	Weightlifting Belt	1	0	
35	Wrist Curl 40 kg	1	0	
36	Elliptical Massager Imported	1	1	
37	Steel Rod 5'	1	0	
38	Steel Rod 6'	1	0	
39	Tennis Ball	4	0	
40	Table Tennis Ball	9	0	
41	Skipping Rope	3	1	
42	Badminton gutting	2	2	
43	Basket Ball No. 06	1	0	



44	Basket Ball No.07	1	0	
45	Lawn Tennis Racquet	4	0	
46	Volleyball (One Piece)	1	0	
47	Volleyball (32 Piece)	1	0	
48	Cricket Bat Leather	2	0	
49	Badminton Net	2	0	
50	Badminton Racquet	4	2	
51	Badminton Shuttles	15	5	
52	Table Tennis Racquet	7	1	
53	Chess Board	2	0	
54	Table Tennis Net	4	0	
55	Lagori	2	0	
56	Kho-Kho pole	1 Set	0	
57	Badminton Pole	1 Set	0	
58	Basketball Pole	1 Set	0	
59	Volleyball Pole	1 Set	0	
60	Volleyball Net	2	0	
61	Table Tennis	1	0	
62	Cricket Helmet	4	0	
63	Cricket Guard	3	0	
64	Batsman Pad	3 Pair	0	
65	Batsman Gloves	2 pair	0	
66	Wicketkeepers pad	1 pair	0	
67	Wicketkeepers Gloves	1 Pair	0	
68	Thigh Pad	3	0	
69	Cricket Stumps	6	1	-



Cricket Stump Bells	4	0		
Wrestler Dress	1 Set	0		
Women's Shot Put 4 kg	1	0		
Carrom Board	3	1		
Carrom Stand	2	0		
Stop Watch	1	0		
Flags	18	0		
Rods	18	0		
Lawn Tennis Net	1	1		
Victory Stand	1	0		
	Wrestler Dress Women's Shot Put 4 kg Carrom Board Carrom Stand Stop Watch Flags Rods Lawn Tennis Net	Wrestler Dress 1 Set Women's Shot Put 4 kg 1 Carrom Board 3 Carrom Stand 2 Stop Watch 1 Flags 18 Rods 18 Lawn Tennis Net 1	Wrestler Dress 1 Set 0 Women's Shot Put 4 kg 1 0 Carrom Board 3 1 Carrom Stand 2 0 Stop Watch 1 0 Flags 18 0 Rods 18 0 Lawn Tennis Net 1 1	Wrestler Dress 1 Set 0 Women's Shot Put 4 kg 1 0 Carrom Board 3 1 Carrom Stand 2 0 Stop Watch 1 0 Flags 18 0 Rods 18 0 Lawn Tennis Net 1 1

Books	65
Books Available in the Central Library	246

Sports Performance

- ♣ Men's Kabaddi team lost to the team of Shri Lemdeo Patil Arts and Science College, Mandhal by 35-27 in the Second Round.
- Women's Volleyball team lost to the team of Dr. Ambedkar College, Nagpur in Zone Semi-final match.
- ♣ Ku. Jayashree Kapse of B.A. I year participated in 3000 Meter Running Competition and finished at 9th position at R.T.M. Nagpur University's Annual Athletic Meet.
- Shubham Nandardhane of B.A. I year successfully completed 10,000 Meter and 5000 Meter in R.T.M. Nagpur University's Annual Athletic Meet.



Awards and Achievements

- ♣ Ku. Sonali Borkar (B.Sc. II) represented R. T. M. Nagpur University's Women's Volleyball team in All India Inter-University Volleyball Championship. (13th February 2017)
- ♣ Ku. Sonali Borkar (B.Sc. II) represented R.T.M. Nagpur University's Women's Volleyball team and secured 3rd Position in Krida Mahotsava 2016 organized by Vasantrao Naik Marathwada Krishi Vidyapeeth, Parbhani. (1st December 2016)

Activities

- Annual Sports Meet
- ♣ International Yoga Day Celebrations.
- ♣ Swargiya Bhausaheb Mulak Vidarbha level open Men's Kabaddi Championship.
- Karate Coaching Camp
- Athletics Coaching Camp

Extension Activities

- Organized various activities to create awareness among students about Health and Hygiene.
- Helped students to develop healthy habits.
- Imparted Medical facilities for students.
- Provided Gymnasium facilities to students.

Perspective Plan

- Completion of the construction of Swimming Pool.
- Completion of the construction of Indoor Stadium.
- Leveling, beautification and modernization of play grounds.



- Concrete Basketball court for Students.
- 4 200 M Running Track.
- Synthetic Lawn Tennis Ground.
- ♣ To boost the confidence of our students to take active participation in Sports and Games so as to motivate them to win various competitions.

Utilities Provided

- ♣ A Track suit and Certificate with Memento had been given to Ku. Sonali Borkar (B. Sc. II Year) who represented R.T.M. Nagpur University's Women's Volleyball team in All India Inter- University Volleyball Championship. (1st December 2016) (13th February 2017)
- ♣ Incentive marks had been allotted as per the rule of Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur.

SWOC

Strengths

- Healthy environment in the College Campus.
- ♣ Support of Management and the College Administration for undertaking various Sports activities in the Campus for the holistic development of students.
- ♣ Well-equipped Gymnasium and other Sports amenities.
- Spacious playground for the students to do daily practices.



Weaknesses

- ♣ Low response of students towards participation in Sports and Games.
- Lack of basic knowledge about Sports and Games among our students at the entry level.
- ♣ Ignorance of parents about the importance of Sports and Games.
- ♣ Students from economically weaker sections of the society.
- Many students are first generation learners.
- Shyness and inferiority complex of the students.

Opportunities

- ♣ Opportunity for employments in Civil and Defense services.
- Wide scope to produce competent Sports Persons.
- ♣ Scope for the development of leadership qualities.
- ♣ Scope for building healthy Nation through healthy and vibrant youth.

Challenges

- ♣ To retain students in the main stream of education system.
- ♣ To motivate students for participation in various sports activities.
- ♣ To encourage students to face global challenges to grab better placement opportunities.
- ♣ To bring out the overall development of students who are coming from rural areas.
- ♣ To educate and train the rural students.
- ♣ To groom the girl-students for economic independence.



Remarks and Suggestions

Bhiwapur Mahavidyalaya remitted fees in favour of 'The Director, Sports and Physical Education Office, Rashtrasant Tukadoji Maharaj Nagpur University', Nagpur for ensuring the participation of students in various Sports items like Kabaddi, Volleyball, Kho-Kho and Athletics during the Academic Session 2016-2017. Daily Practice Sessions for the players were organized in the College Campus. Later on, the promising players were churned out by the Selection Committee of the College as per their performances.

Our Men's Kabaddi team lost to the team of Shri Lemdeo Patil College, Mandhal in 2nd round. Women's Volleyball Team failed to qualify in Zone Final Match after suffering defeat from the team of Dr. Ambedkar College, Nagpur.

We organized a State Level Kabaddi Tournament under the banner of 'Heavenly Bhausaheb Mulak Memorial Open State Level Kabaddi Tournament' from 18th December, 2016 to 19th December, 2016 in the College Campus. In all, 17 teams had participated in this Tournament.

Ku. Sonali Borkar (B.Sc. II) represented R.T.M. Nagpur University's Women's Volleyball team and secured 3rd position in Krida Mahotsava 2016 organized by Vasantrao Naik Marathwada Krishi Vidyapeeth, Parbhani. She also represented R. T. M. Nagpur University in All India Inter-University Championship, organized by Veer Bahadur Singh Purvanchal University.



We organized a Summer Training Camp for the students of Bhiwapur Mahavidyalaya and its adjacent areas from 1st May, 2017 to 15th May, 2017. Following promising players took active participation in the Camp:

Athletics

: 14 students

Kabaddi

: 15 students

Atyapatya

: 08 students

Total

: 37 students participated in the Training Camp.

As such, from 1st May, 2017 to 31st May, 2017, Self Defense Camp for Women was jointly organized by Bhiwapur Mahavidyalaya and Nagar Panchayat Bhiwapur. In all, 76 girls and women availed the benefit of this Camp.

Free physical fitness classes were also organized daily under 'Open House-Training Programme' for the College students and the promising youngsters of the adjacent areas to make them competent enough to join Police and Defense Forces. Through this Training Programme Mr. Sudhir Waware was selected in Railway Protection Force.

The Department of Physical Education and Sports intends to take-up more responsibilities in organizing various Local, District, State, and National and International level Sports events by utilizing all the infrastructure facilities available in the Campus. The weaker areas will be improved and the stronger areas will be strengthened further.

Anghawadiwaz

Asst. Prof. Dr. Anita V. Mahawadiwar Member Secretary (Criteria – VI Governance, Leadership and Management)



Asst. Prof. Dr. Mangesh V. Kadu Coordinator

Internal Quality Assurance Cell

Dr. Sanjay Choudhari (Associate Professor)

Invited Peer Colleague

Shri. S. B. City College, Nagpur

Inhouse Dr. Jobi George

Principal

Principal

Shiwapur Mahavidyalaya, Bhiwapur

Date:

Venue: Bhiwapur Mahavidyalaya

