### BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

# **BHIWAPUR MAHAVIDYALAYA**

BHIWAPUR DIST. NAGPUR- 441201 ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR E-mail: bmv\_bhiwapur@yahoo.com; bgm.college1990@gmail.com Website: https://www.bmb.ac.in Tel: 07106-232349

#### **ACTIVITY REPORT**

ACADEMIC SESSION	2017-2018
ORGANIZER	Bhiwapur Mahavidyalaya, Bhiwapur
NAME OF THE ACTIVITY WITH TITLE	Body Building Championship for the title of 'Mr. Bhiwapur Mahavidyalaya'
DATE OF ACTIVITY	18 <sup>th</sup> January, 2018
MODE OF ACTIVITY	Offline
ORGANIZING COMMITTEE	Department of Physical Education and Sports
PROGRAMME COORDINATOR	Asst. Prof. Aditya Kishor Sarwe
COMMITTEE	Asst. Prof. Dr. V. S. Dighore
MEMBERS	Asst. Prof. Swapnil Dakhole
	Asst. Prof. Dr. Nitisha Patankar
NUMBER OF STUDENTS / BENEFICIARIES PARTICIPATED	09  Rhiwapur Ar

#### **BRIEF REPORT**

The 'Department of Physical Education and Sports', under the aegis of IQAC, organized Body Building Championship for the title of 'Mr. Bhiwapur Mahavidyalaya' during the 'Annual Sports Day' in the College Campus. Nine boys participated in the Event. The Event was inaugurated by the Principal of the College. Shree Shiv Chhatrapati Awardee Mr. Bhushan Gomashe was prominently present on this occasion. The Principal and the Guests offered their best wishes to all the participants and appealed to give their best in the ensuing matches. Out of nine Body Builders, Mr. Sudhir Shende of B.A-II Year bagged the title of 'Mr. Bhiwapur Mahavidyalaya'.

## PROGRAMME OBJECTIVES

- To enhance the muscular development, general health and fitness of students.
- To create awareness among students about bodybuilding, which not only fits and conditions the body but also the mind.
- To provide opportunity to compete with other body builders.
- To inculcate sense of sportsmanship among students.
- To boost the level of confidence among students.
- To develop physical talent of boys to their maximum potential.
- To engage boys in competitive sports activities so as to enhance their health, safety and physical fitness.
- To exemplify good conduct among students.
- To train students to experience and deal with both success and failure in an educational environment.

# To train the sportspersons to work as a team member, exercising self-discipline and self-sacrifice in order to achieve team's goals.

- To enable sportspersons to become good teammates, making positive contributions, regardless of their roles in the team or activity.
- To engage sportspersons in organizing various activities with other students whose backgrounds may be dissimilar from others.

## PROGRAMME OUTCOMES

- Enhanced the muscular development, general health and fitness of students.
- Created awareness among students about bodybuilding which not only fits and conditions the body but also the mind.
- Provided opportunity to compete with other body builders.
- · Inculcated sense of sportsmanship among students.
- Boosted the level of confidence students.
- Developed physical talent of boys to its maximum potential.
- Engaged boys in competitive sports activities so as to enhance their health, safety and physical fitness.
- Exemplified good conduct among students.
- Trained students to experience and deal with both success and failure in an educational environment.
- Trained the sportspersons to work as a team member, exercising self-discipline and self-sacrifice in order to achieve team's goals.



- Enabled sportspersons to become good teammates, making positive contributions, regardless of their roles in the team or activity.
- Engaged sportspersons in organizing activities with other students whose backgrounds may be dissimilar from others.

# PHOTO GALLERY WITH CAPTIONS



Dr. Jobi George, Principal of the College, felicitating Mr. Sudhir Shende with the title of "Mr. Bhiwapur Mahavidyalaya"



PRINCIPAL Bhiwapur Mahavidyalaya Bhiwapur