



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

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ACTIVITY REPORT

ACADEMIC SESSION	2017-2018
ORGANIZER	Bhiwapur Mahavidyalaya, Bhiwapur
NAME OF THE ACTIVITY WITH TITLE	Workshop on Kabaddi
DATE OF ACTIVITY	From 30 th December 2017 to 1 st January, 2018
MODE OF ACTIVITY	Offline
ORGANIZING COMMITTEE	Bhiwapur Mahavidyalaya, Bhiwapur
PROGRAMME COORDINATOR	Asst. Prof. Aditya Kishor Sarwe
COMMITTEE MEMBERS	Asst. Prof. Dr. V. S. Dighore Asst. Prof. Swapnil Dakhole Asst. Prof. Dr. Nitisha Patankar
NUMBER OF STUDENTS/BENEFICIARIES PARTICIPATED	43
BRIEF REPORT	The "Department of Physical Education and Sports" of our Institution, under the aegis of its IQAC Chapter, organized



	<p>three-day Workshop on Kabaddi from 30th December 2017 to 1st January, 2018. The Workshop was conducted by Hon. Amit Hudda, a renowned International Player of Kabaddi and the Director of Amit Ashok Academy of Kabaddi, Rohtak (Haryana). The Workshop witnessed the active participation of 13 girls and 21 boys from our College. During the Workshop, Mr. Amit Hudda, threw flood of light on the various exercises to increase speed, agility and reaction time of the players. He also sensitized the trainees about proper diet, stress management, physical and mental relaxation.</p>
<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To promote and develop the game of Kabaddi as a global game. • To register the active participation of 'Department of Physical Education and Sports' of our College in discharging Institutional Social Responsibilities (ISR). • To develop the moral and physical qualities of the players of our Institute in particular and the youth of Bhiwapur and its adjacent areas in general. • To avail the expertise of renowned International Players to boost the performance of our sportspersons. • To make the trainees aware of their latent potential so as ensure their empowerment. • To indulge students in constructive activities so as to keep them away from all sorts of addictions. • To irradiate the message of sound health for sound mind. • To ensure the holistic development of our students.



**PROGRAMME
OUTCOMES**

- Promoted and developed the game of Kabaddi as a global game.
- Registered the active participation of 'Department of Physical Education and Sports' of our College in discharging Institutional Social Responsibilities (ISR).
- Developed the moral and physical qualities of the players of our Institute in particular and the youth of Bhiwapur and its adjacent areas in general.
- Availed the expertise of renowned International Players to boost the performance of our sportspersons.
- Made the trainees aware of their latent potential so as ensure their empowerment.
- Engaged the students in constructive activities so as to keep them away from all sorts of addictions.
- Irradiated the message of sound health for sound mind.
- Ensured the holistic development of our students.

**PHOTO GALLERY
WITH CAPTIONS**



Dr. Jobi George, the Principal of the College, along with International Kabaddi Player Mr. Amit Hudda during the Kabaddi Workshop in Bhiwapur Mahavidyalaya, Bhiwapur.





Trainee Mr. Akash welcoming Mr. Amit Hudda during the Kabaddi Workshop in the College Campus.



Mr. Amit Hudda, International Kabaddi Player, imparting training to our students during the Kabaddi Workshop in the College Campus.





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Mr. Amit Hudda, International Kabaddi Player, giving training to our students during the Kabaddi Workshop in the College Campus.





Mr. Amit Hudda, International Kabaddi Player, imparting training to our students during the Kabaddi Workshop in the College Campus.



Glimpses of Mr. Amit Hudda, in action, during the Kabaddi Workshop in Bhiwapur Mahavidyalaya, Bhiwapur.



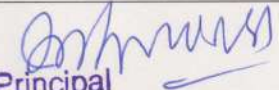


Mr. Amit Hudda, International Kabaddi Player, giving training to our students during the Kabaddi Workshop in the College Campus.



Mr. Amit Hudda with the trainees in Kabaddi Workshop in Bhiwapur Mahavidyalaya, Bhiwapur.




Principal
Bhiwapur Mahavidyalaya,
Bhiwapur