



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

# BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

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## ACTIVITY REPORT

ACADEMIC SESSION	2017-2018
ORGANIZER	Bhiwapur Mahavidyalaya and J.C.I. Bhiwapur
NAME OF THE ACTIVITY WITH TITLE	Guidance Session on 'Health and Hygiene'
DATE OF ACTIVITY	9 <sup>th</sup> September, 2017
MODE OF ACTIVITY	Offline Mode
ORGANIZING COMMITTEE	Women's Study Centre
PROGRAMME COORDINATOR	Asst. Prof. Dr. A. V. Mahawadiwar
COMMITTEE MEMBERS	1. Asst. Prof. Dr. Nitisha Patankar 2. Rajsree O. P. 3. Asst. Prof. Dr. Vinita S. Virgandham
NUMBER OF STUDENTS BENEFICIARIES	150



<p><b>BRIEF REPORT</b></p>	<p>The “Women’s Study Centre” of our Institution, under the aegis of IQAC, works towards spreading awareness among women about their health and hygiene issues. Keeping pace with this, the “Women’s Study Centre” of our Institution, in joint collaboration with J.C.I., Bhiwapur, organized a Guidance Session on the topic “Health and Hygiene” on 9<sup>th</sup> September, 2017 at 2.00 P.M. Mrs. Suchita Agashe was the Keynote Speaker of the Programme. Through her lecture, she provided useful tips to girl-students to maintain sound health and proper hygiene. She also emphasized on the need for keeping proper hygiene among girls, which may otherwise adversely affect their health and wellbeing. The Keynote Speaker also tried to address the health issues of girl-students through Panel Discussion. Asst. Prof. Dr. Nitisha Patankar conducted the Proceedings of the Programme while Asst. Prof. Dr. Anita Mahawadiwar proposed the formal Vote of Thanks. In all, one-hundred and Fifty students availed the benefit of this Programme.</p>
<p><b>PROGRAMME OBJECTIVES</b></p>	<ul style="list-style-type: none"> <li>• To increase awareness among adolescent girls on Menstrual Hygiene and other related issues.</li> <li>• To study the impact of menstruation on mental health, social function and economic health.</li> <li>• To inculcate Institutional Social Responsibilities among our students.</li> <li>• To mark the active participation of ‘Women’s Study Cell’ in various Community Development Programmes.</li> <li>• To boost sense of confidence among girls students.</li> <li>• To ensure the holistic development of students.</li> </ul>



**PROGRAMME  
OUTCOMES**

- Increased awareness among adolescent girls on Menstrual Hygiene.
- Students were taught the impact of menstruation on mental health, social function and economic health.
- Sensitized the students about Institutional Social Responsibilities.
- Marked the active participation of 'Women's Study Centre' in various Community Development Programmes.
- Boosted sense of confidence among girl-students.
- Ensured the holistic development of students.

**PHOTO GALLERY  
WITH CAPTIONS**



**Keynote Speaker Mrs. Suchita Aagashe delivering lecture on "Health and Hygiene" on 9<sup>th</sup> September, 2017.**



*Suchita Aagashe*  
Principal  
Bhiwapur Mahavidyalaya,  
Bhiwapur