



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

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ANNUAL REPORT

ACADEMIC SESSION	2017-2018
ORGANIZER	Bhiwapur Mahavidyalaya, Bhiwapur
NAME OF THE ACTIVITY WITH TITLE	Annual Report of 'Students' Counseling Centre'
DATE OF ACTIVITY	The whole Academic Session
MODE OF ACTIVITY (ONLINE/OFFLINE (IF ONLINE, GIVE WEBLINK))	Offline
ORGANIZING COMMITTEE	Students' Counseling Centre
PROGRAMME COORDINATOR	Asst. Prof. Dr. Vijay S. Dighore
COMMITTEE MEMBERS	Asst. Prof. Dr. A. V. Mahawadiwar Asst. Prof. Dr. Nitisha Patankar Dr. Pradip Gupta, Bhiwapur
NUMBER OF STUDENTS/BENEFICIARIES PARTICIPATED	<ul style="list-style-type: none">• 700 students were given Orientation to enhance their academic, social, emotional, personal and holistic development.• 13 Students were given personal Counseling and resolved their psychological issues.



BRIEF REPORT

To encourage and enhance students' academic, social, emotional, personal and holistic development, "Student Counseling Centre" was established in the College. The Centre renders selfless services to the students in resolving their genuine problems. A Meeting of the Members of "Students' Counseling Centre" was held on 7th October 2017 under the Chairmanship of the Principal of the College. Having read and unanimously confirmed the Minutes of the previous Meeting, elaborate deliberations took place on other Agenda Items of the Meeting. The Committee adopted the *modus operandi* as per the guidelines issued by the Office of the Principal through IQAC. Notice regarding the establishment of "Students' Counseling Centre" and its functioning was circulated among the students. In all, thirteen students reported their issues to the Centre and these issues were resolved through proper Counseling by Experts during the Academic Session 2017-18.

The Students' Counseling Centre of our Institution organized a programme entitled 'Future' in collaboration with JCI Bhiwapur on 14th August, 2017 at 12 Noon in the Indoor Stadium of the Institution. JC Manish Kurjekar, Past Zone President (National Trainer), JC Ashish Jichkar, Past Zone Secretary (National Trainer) and Dr. Varsha Gupta motivated the students on the vibrant topic 'Future'. It was an encouraging Session for all the participants as it inspired the students about future career opportunities. About 700 students participated in this Mega Counseling Session. The Speakers motivated the students to nurture study culture in the College by overcoming all sorts of mental and social hindrances coming in their way. They also appreciated the ventures initiated by the Institute, under the aegis of 'Students' counseling Centre', to address various issues of



	<p>students regarding their mental health.</p> <p>Dr. Jobi George, the President of the programme, shared his experiences with the students about various career opportunities. The overall response of the students about the programme was good. Students enjoyed a lot and assured the guests that they would assimilate and implement their suggestions in shaping their career.</p>
<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To make the students aware of various Career Opportunities. • To build confidence among students in planning their career. • To boost the morale of students in pursuing their studies rigorously for achieving their targets. • To ensure the holistic development of students. • To provide adequate opportunities to students to understand various career opportunities available for them. • To provide free and confidential in-house counseling service to the needy students with professionally qualified Counselors. • To sensitize students about Stress-Management. • To create awareness among students about mental health issues and to reduce stigma associated with mental illness. • To promote help-seeking behaviour and emotional well-being practices to prevent any untoward incident through individual education and outreach events. • To help students to assess their progress and performances so as to identify their strength and weakness. • To provide mental health services for students to improve their academic performance, support their mental well-being and increase their retention.



	<ul style="list-style-type: none"> • To disseminate the message among society about the commitment of our Institution to address the issues of students regarding their mental health on and off the Campus. • To register the involvement of the College in the noble ventures initiated by other agencies for the welfare of society. • To educate girls how to improve communications with their partners and also how to set realistic goals for marriage.. • To train girls to develop conflict-resolution skills so as to develop positive attitude among the couples. • To enable girls to recognize how cultural differences affect a relationship. • To make girls aware of their issues regarding health and hygiene. • To make girls aware of possible post-marital issues regarding their health and hygiene. • To sensitize girl students about gender equality.
<p>PROGRAMME OUTCOMES</p>	<ul style="list-style-type: none"> • Educated girl students how to improve their communications with their partners and also how to set realistic goals for marriage. • Trained girl students to develop conflict-resolution skills so as to develop positive attitude among the couples. • Enabled girls to recognize how cultural differences affect a relationship. • Created awareness among girls about their issues regarding health and hygiene. • Sensitized girl students about possible post-marital issues regarding their health and hygiene. • Girls became aware about present issues regarding their health



and hygiene.

- Sensitized girl students about gender equality.
- Made the students aware about various Career Opportunities.
- Built confidence among students in planning their career.
- Boosted the morale of students in pursuing their studies rigorously for achieving their targets.
- Ensured the holistic development of students.
- Provided adequate opportunities to students to understand various career opportunities available for them.
- Provided free and confidential in-house counseling services to the needy students with professionally qualified counselors.
- Sensitized students about stress management.
- Created awareness among students about the diverse mental health issues and the remedies to reduce stigma associated with mental illness.
- Promoted help-seeking behaviour and emotional well-being practices to prevent any untoward incident through individual education and outreach events.
- Facilitated students to assess their progress and performance so as to identify their strength and weakness.
- Provided mental health services for the students to improve their academic performance, support their mental well-being and increase their retention.
- Disseminated the message among society about the commitment of the College to address the issues of students regarding their mental health on and off the Campus.
- Registered the involvement of the College in the noble ventures initiated by other agencies for the welfare of society.



**PHOTO GALLERY WITH
CAPTIONS**



Principal of the College addressing the students during the Programme entitled "Future"



JC Manish Kurzekar, Regional President and National Trainer of JCI guiding the students





JC Ashish Jichkar, Regional Secretary and National Trainer of JCI, guiding the students

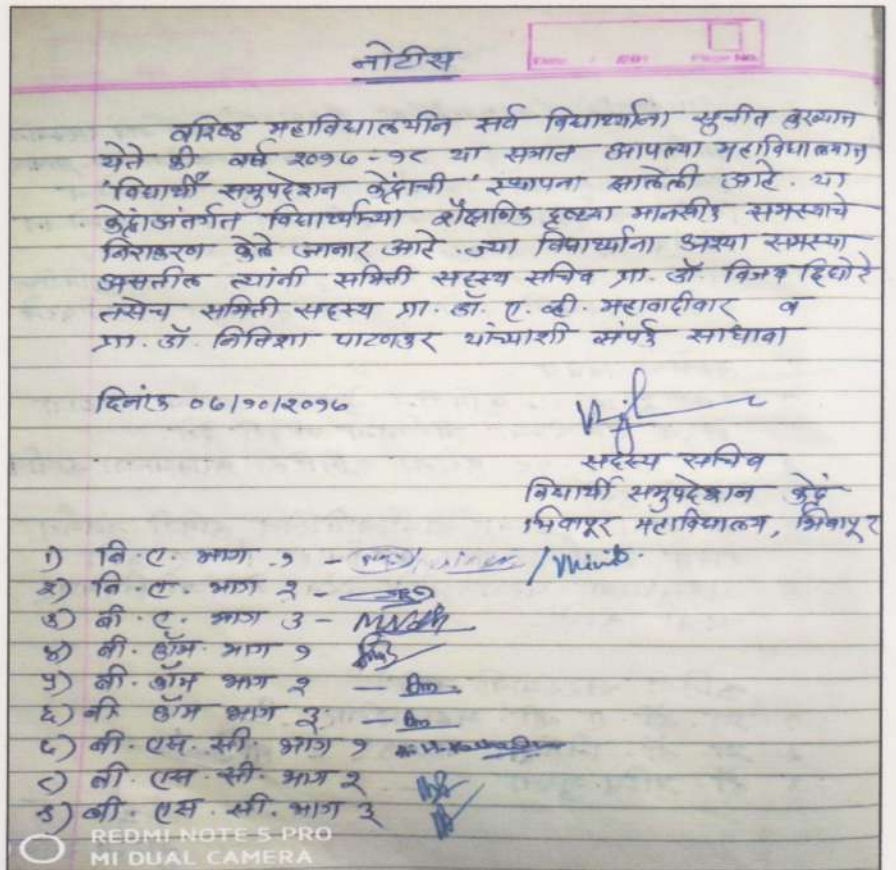


JC Mrs. Sheelaben Patel conducting "Pre-marriage Counseling Session"





Gathering of students during the "Pre-marriage Counseling Session"



Notice circulated among the students regarding the constitution of 'Students' Counseling Centre' for the session 2017-18



विद्यार्थी समुपदेशन केंद्र

Date / / Page No.

वार्षिक अहवाल

सन 2017-2018

आजच्या स्पर्धात्मक युगामध्ये विद्यार्थ्यांमध्ये अनेक प्रकारचे तान-तनाव निर्माण होत असतात. या तानतनाव दूर करण्याचे कार्य समुपदेशकाद्वारे पूर्ण करण्यात येऊ शकते. त्यामुळे विद्यार्थ्यांच्या समुपदेशनाची गरज ओळखून महाविद्यालयात दरवर्षी प्रमाणे यावर्षी सन 2016-17 कुरीता 'विद्यार्थी समुपदेशन केंद्राची' स्थापना करण्यात आली. या केंद्राच्या वतीने विविध कार्यक्रमांद्वारे व समितीद्वारे समुपदेशनाचे कार्य कार्यक्षमता माध्यमातून करण्यात आले.

सन 2016-17 ला झालेल्या स्टाफ डेव्हलपमेंटच्या सभेत घेतलेल्या निर्णयानुसार विद्यार्थी समुपदेशन केंद्रातील सदस्यांची संख्या दिनांक 06/10/2016 ला आयोजित करण्यात आली. या सभेमध्ये मागील सत्रातील अहवाल वाचून दाखविला व तो अहवाल सर्वसभेमध्ये मंजूर करण्यात आला. नंतरच्या विषयांमध्ये विविध विषयांवर कुमेटीच्या सर्व सदस्यांची साधु वाढू चर्चा झाली. ल्याबिषयित अहवाल मा. प्राचार्य यांच्या माहितीस सादर करण्यात आला. त्या सभेच्या कार्यप्रवाहानुसार महाविद्यालयात विद्यार्थी समुपदेशन केंद्राची स्थापना करण्यात आली. सर्वप्रथम केंद्राच्या स्थापने नंतर विद्यार्थ्यांच्या समुपदेशनासारख्या महत्वाच्या बाबींवर लक्षा देऊन विद्यार्थ्यांच्या समस्या कुमेटी सदस्य सचिव तसेच कुमेटी सदस्यांद्वारे सोडविण्याचा प्रयत्न करण्यात आला. याप्रमाणे अहवाल येणाऱ्या



समस्यावर दुर्भावपुत्रे मात दुःखवची पाविषयी योग्य ती स्वतः घटनेचा या सनत आचरणपुत्रेमागे माहिती उरवात आहे. यामध्ये (कुल १३ विद्यार्थी संयुक्ताने) उरवात आहे.

दिनांक १४ ऑक्टोबर २०१८ ला (दुपारी १२ वाजता) विद्यार्थी संयुक्ताने डे. व. जे. सी. आय. यांच्या संयुक्त विद्यार्थी "पुत्र" या विषयावर कार्यक्रमाचे आयोजन उरवात आहे. या कार्यक्रमाचे अध्यक्ष मा. प्राचार्य (जी. जे. सी. जे. सी.) तसेच मुख्य मान्यताधारी जे. सी. गणेश कुर्जुर, फेलो अध्यक्ष, नरनाथ देवरा, जे. सी. आशिष जिचकार, क्षेत्रीय सचिव, राष्ट्रीय ट्रेनर यांनी महाविद्यालयीक सर्व विद्यार्थ्यांना मार्गदर्शन देते. व. प्रो. जी. मा. प्राचार्य यांनी अध्यक्षीय भाषण देऊन कार्यक्रमाचे उरवात आहे.

दिनांक ०९ सप्टेंबर २०१८ रोजी सुट्टी/अनुपस्थिति सेंट्रल जे. सी. आय. व महाविद्यालयीक डे. व. यांच्या संयुक्त विद्यार्थी मंत्रालय कार्यक्रमाचे आयोजन आला. या कार्यक्रमाचे आयोजन जे. सी. गणेश देवरा, हे हेच त्यांनी आपल्या व्याख्याताने विद्यार्थी कार्यक्रमाचे आयोजन समस्त विद्यार्थी सहित भारतीय दिका या प्रसंगी महाविद्यालयीक डे. व. विद्यार्थींनी हात जोडला.

असताच सप्टेंबर २०१८-१९ टा रानत विविध उपक्रम व कार्यक्रमांचे आयोजन करून विद्यार्थ्यांना उत्साह उरवासाठी तसेच नवितन जयगुड उरवासाठी प्रेरणा देऊन जाते. प्रसंगीतच ही संपूर्ण

विद्यार्थ्यांना दितावाही भा. प्राचार्यांच्या मार्गदर्शनाखाली कुल उरवास नेहमीच प्रयत्नशील असते. कुलीन आपला मार्गदर्शक सार

[Signature]
 सरस सचिव
 विद्यार्थी संयुक्ताने डे.

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 प्राचार्य
 शिवापुर महाविद्यालय,
 शिवापुर.

Annual Report of 'Students' Counseling Centre'



[Signature]
 PRINCIPAL
 Bhiwapur Mahavidyalaya
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