



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU

ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

E-mail: bmv_bhiwapur@yahoo.com; bgm.college1990@gmail.com, Website: <https://www.bmb.ac.in>

Tel: 07106-232349

ACTIVITY REPORT

ACADEMIC SESSION	2016-2017
ORGANIZER	Bhiwapur Mahavidyalaya, Bhiwapur
NAME OF THE ACTIVITY WITH TITLE	Guidance Session on 'Need of Nutritious Diet for Women'
DATE OF ACTIVITY	28 th September, 2016
MODE OF ACTIVITY	Offline Mode
ORGANIZING COMMITTEE	Women's Study Centre and National Service Scheme
PROGRAMME COORDINATOR	Asst. Prof. Dr. A. V. Mahawadiwar
COMMITTEE MEMBER	1. Asst. Prof. Dr. Nitisha Patankar
NUMBER OF STUDENTS BENEFICIARIES	120
BRIEF REPORT	The "Women's Study Centre" of our Institution, under the aegis of IQAC, works towards spreading awareness among women about health and diet. Keeping pace with this, the



	<p>‘Women’s Study Centre’ of our Institution, in collaboration with ‘National Service Scheme’, organized a Guidance Session on the topic “Need of Nutritious Diet for Women” on 28th September, 2016 at 1.00 P.M. Dr. Ashwini Kale, Medical Officer, Government Health Centre, Bhiwapur, was the Keynote Speaker. She threw flood of light on the nutritious diet necessary for girl students in their growing age. She also enlightened the students about the ill-effects of junk food on our health. As such, she sensitized the students about the need of requisite Vitamins and minerals for maintaining sound health. In all, one-hundred and twenty students availed the benefit of this Programme. Asst. Prof. Dr. Anita Mahawadiwar conducted the Proceedings of the Programme while Asst. Prof. Dr. V.S. Dighore proposed the formal Vote of Thanks.</p>
<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To sensitize the students about proper diet needed for maintaining sound health. • To inculcate sense of Institutional Social Responsibilities among our students. • To mark the active participation of ‘Women’s Study Centre’ in various Community Development Programmes. • To boost sense of confidence among girls students. • To create awareness among students about sound health for sound mind. • To ensure the holistic development of students.
<p>PROGRAMME OUTCOMES</p>	<ul style="list-style-type: none"> • Sensitized students about proper diet needed for maintaining sound health. • Inculcated sense of Institutional Social Responsibilities



among our students.

- Marked the active participation of 'Women's Study Cell' in the Community Development Programmes.
- Boosted sense of confidence among girls students.
- Created awareness among students about sound health for sound mind.
- Ensured the holistic development of students.

**PHOTO GALLERY
WITH CAPTIONS**



Dr. Ashvini Kale delivering lecture on the topic “Need of Nutritious Diet for Women” on 28th September, 2016.



Ashvini Kale
Principal
Bhiwapur Mahavidyalaya,
Bhiwapur