



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU
ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

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Tel: 07106-232349

ACTIVITY REPORT

ACADEMIC SESSION	2016-2017
ORGANIZER	Bhiwapur Mahavidyalaya
NAME OF THE ACTIVITY WITH TITLE	Certificate Course in 'Child Care and Nutrition'
DATE OF ACTIVITY	From 5 th August, 2016 to 16 th February, 2017
MODE OF ACTIVITY	Offline
ORGANIZING COMMITTEE	Committee for Introducing Career Oriented Programmes
PROGRAMME COORDINATOR	Asst. Prof. Dr. A. V. Mahawadiwar
NUMBER OF STUDENTS/ BENEFICIARIES	Forty three students
SYLLABUS AS PER THE COURSE MODULE	Unit – I An Overview of the field of child development 1.1 Meaning, definition, importance and scope of Child Development 1.2 Orientation to growth and developments - Definition of growth and development



- General Principles of growth and development
- Genetic inheritance: Fertilization, number of chromosomes the unique third pair as determinant of sex. Genotype and phenotype, Sex linked genetic effects

Unit- II

2.1 Infancy – 0-2 Years

- Definition, Physical growth and development in infancy
- Reflexes, emotional states, physical growth and motor development
- Sensory and perceptual development during infancy
- Development of different senses
- Factors influencing development

2.2 Early child-hood (2-6)

- Characteristics, development tasks, physical development, skills, factors influencing social, emotional, language and cognitive development-play, its importance and types
- Moral development-factors influencing moral development
- Interests, hazards and happiness

2.3 Childhood Behaviour problems: Its causes and Remedies

- Temper tantrums, Bed wetting, thumb sucking, stealing, lying, day-dreaming, nail-biting
- Parent-child Relationship

The importance, need for desirable child rearing practices, Discipline – Types, merits and demerits, significance of punishment and rewards

Unit III

3.1 Definition of Health, Nutrition and Dietetics and Functions of food

3.2 Nutrients: Macro and Micro Nutrients, Classification, Sources, Functions, Recommended



Dietary Allowances, Deficiency and Excess

Water

Fats

Calcium and Phosphorus

Protein

Energy

Iron

Carbohydrates

Fiber

Magnesium Sodium and Iodine

Water soluble Vitamins: Vitamin B Complex, Vitamin C, Folic acid, Fat soluble Vitamins: A.D.E. K.

3.3- Principles of Diet Therapy:

Modification of Normal diet for therapeutic Purposes

Nutritional management in common ailments

Diarrhea, Diabetes Mellitus, Constipation,

Anemia

Unit IV-

- Basic food groups, their sources and nutritional importance
- Food spoilage, various types of food poisoning
- Adulteration in food

Malnutrition In India – Causes:

Resources of the Family, Size and composition of the Family

Practical Work:

1. Beverage: Tomato soup, Mixed Vegetable soup, Spinach soup, Sweet Corn soup
2. Regional Cookery:
 - a. Sambar Wada, Uttapam with chutney
 - b. Chole Bature, Samosa
 - c. Puran Poli, Pudachi Wadi
 - d. Khajuri, Chana Ghugni Chivda
3. Soyabean recipes :
 - a. Soya Cutlet
 - b. Soya Curd Raita



	<ul style="list-style-type: none"> c. Soya Curry d. Stuffed Soya Paratha <p>4. Sweet Dishes:</p> <ul style="list-style-type: none"> a. Lauki Halwa/Carrot Halwa/Mung Dal Halwa b. Chirote/ Karanji/Gulab Jamun c. Khova Burfi/ Pumpkin Burfi/ Rava Besan Burfi/Tomato Burfi
BRIEF REPORT	<p>Bhiwapur Mahavidyalaya, under the auspices of Committee for Introducing Career Oriented Programmes, organized UGC sponsored Certificate Course in 'Child Care and Nutrition' during the Academic Session 2016-2017. The Programme was inaugurated at the hands of Dr. Jobi George, the Principal of Bhiwapur Mahavidyalaya. At the outset, Associate Prof. Dr. Sunil Shinde, Asst. Prof. Dr. Motiraj Chavhan and Asst. Prof. Dr. Mangesh Kadu were prominently present. Asst. Prof. Dr. Anita Mahawadiwar, the Coordinator of Career Oriented Programme, worked hard to make this Training Programme a grand success. In all, forty three students of the College participated in this Training Programme.</p> <p>Upon completion of the Course, Certificates were issued to all the trainees of the Certificate Course in 'Child Care and Nutrition'.</p>
PROGRAMME OBJECTIVES	<ul style="list-style-type: none"> • To motivate our students to participate in the Flagship Career Oriented Programme of our Institution. • To develop students' interest in Certificate Course in 'Child Care and Nutrition'. • To make our students competent to face the challenges ahead. • To reduce the unemployment ratio.



	<ul style="list-style-type: none"> • To build confidence among our students. • To develop the overall personality of our students. • To give wider exposure to students in exploring their hidden talents. • To ensure the holistic development of our students.
<p>PROGRAMME OUTCOMES</p>	<ul style="list-style-type: none"> • Motivated our students to participate in the Flagship Career Oriented Programme of our Institution. • Forty three students participated in this Career Oriented Programme. • Students became competent to face the challenges ahead. • Reduced the unemployment ratio. • Developed students' interest in 'Certificate Course in 'Child Care and Nutrition'. • Built confidence among our students. • Developed the overall personality of our students. • Gave wider exposure to students in exploring their hidden talents. • Ensured the holistic development of our students. • Upon completion of the Course, successful students received Certificates.



**PHOTO GALLERY
WITH CAPTIONS**

सूचना

वरिष्ठ महाविद्यालयीन सर्व विद्यार्थिनींना सूचित करण्यात येते की, २०१६-१७ या सत्रात भिवापूर महाविद्यालय, भिवापूर येथे विद्यापीठ अनुदान आयोग पुरस्कृत Career Oriented Programme अंतर्गत 'Child Care And Nutrition' हा प्रमाणपत्र अभ्यासक्रम सुरू करण्यात येत आहे. ज्या विद्यार्थिनींना या अभ्यासक्रमात प्रवेश घ्यावयाचा आहे त्यांनी आपली नोंदणी समन्वयक प्रा. डॉ. ए. व्ही. महावादीवार यांचेकडे दि. ३ ऑगस्ट, २०१६ पर्यंत करावी. नोंदणी झाल्यानंतर दि. ५ ऑगस्ट, २०१६ पासून सदर प्रमाणपत्र अभ्यासक्रमाचे वर्ग दिलेल्या वेळापत्रकाप्रमाणे नियमित चालू होतील याची विद्यार्थिनींनी नोंद घ्यावी.

दि. ३०.०७.२०१६

Bhambhadiwale
Co-ordinator

Certificate Course in Child Care and Nutrition

1. B. A. I - *Dhandamkar*
2. B. A. II - *H.S.*
3. B. A. III - *Wasekar*
4. B. Com. I - *Ru*
5. B. Com. II - *Pro*
6. B. Com. III - *C. Hedau.*
7. B. Sc. I - *Bambe*
8. B. Sc. II - *H.S.*
9. B. Sc. III - *Govt.*

Specimen of the Notice issued to the students for enrollment in the Certificate Course in 'Child Care and Nutrition' on 30th July, 2016.



**CERTIFICATE COURSE IN CHILD CARE AND NUTRITION
UNDER CAREER ORIENTED PROGRAMME
ANNUAL EXAMINATION
2016-17**

Sr. No.	Name of Students	Caste/Category	Class	Signature
1.	Ku. Shubhangi Vilas Raghorte	OBC	B. A. I	S.V. Raghorte
2.	Ku. Payal Ashok Chudhari	OBC	B. A. I	P.A. Chudhari
3.	Ku. Swati Amrut Deshmukh	OBC	B. A. I	S.A. Deshmukh
4.	Ku. Rachana Bhojraj Nandeshwar	SC	B. A. I	R.B. Nandeshwar
5.	Ku. Punam Muneshwar Gondimeshrum	NT	B. A. I	Gondimeshrum
6.	Ku. Pranali Suresh Waghmare	NT	B. A. I	P.S. Waghmare
7.	Ku. Priyanka Ravindra Raghorte	OBC	B. A. I	P.R. Raghorte
8.	Ku. Karishma Mahendra Shambharkar	SC	B. A. I	K.M. Shambharkar
9.	Ku. Akshaya Adhikaran Tidke	OBC	B. A. I	A. Tidke
10.	Ku. Prerna Amrut Vaidya	OBC	B. A. I	P.A. Vaidya
11.	Prachi Purushottam Dadmal	ST	B. A. I	P.D. Dadmal
12.	Ku. Kalpana Rajkumar Manvatkar	SC	B. A. I	K.R. Manvatkar
13.	Ku. Supriya Suresh Khandal	OBC	B. A. I	S.S. Khandal
14.	Ku. Madhumala Ramuji Borsare	OBC	B. A. I	M.R. Borsare
15.	Ku. Asmita Suresh Waware	NT	B. A. I	A.S. Waware
16.	Ku. Punam Naresh Shendare	SBC	B. A. I	P.N. Shendare
17.	Ku. Pranali Ashok Deshmukh	OBC	B. A. I	P.A. Deshmukh
18.	Ku. Pallavi Chandrashekar Ankar	OBC	B. A. I	P.A. Ankar
19.	Ku. Surekha Bandu Bankar	SC	B. A. I	S.B. Bankar
20.	Ku. Rajeshwari Vishvanath Meshram	NT	B. A. I	R.V. Meshram
21.	Ku. Nish Bharat Andelkar	SC	B. A. I	N.B. Andelkar
22.	Ku. Switi Arun Tambe	SC	B. A. I	S.A. Tambe
23.	Ku. Karishma Rajkumar Bhombale	OBC	B. A. I	K.R. Bhombale
24.	Ku. Pallavi Santosh Gongal	OBC	B. A. I	P.S. Gongal
25.	Ku. Shurda Vilas Admane	OBC	B. A. I	S.V. Admane
26.	Ku. Shital Prabhakar Bire	OBC	B. A. I	S.B. Bire

S.V. Raghorte
PRINCIPAL
Bhivapur Mahavidyalaya
Bhivapur, Dist. Nagpur

28.	Ku. Kiran Rajeshwar Malode	OBC	B. A. I
29.	Ku. Pranali Prakash Choudhari	OBC	B. A. I
30.	Ku. Pinki Ashok Nikhare	SBC	B. Com. I
31.	Ku. Asmita Wasudeo Choudhari	OBC	B. Com. I
32.	Ku. Mayuri Pramod Chanekar	OBC	B. Com. I
33.	Ku. Kiran Damodhar Tarale	OBC	B. Com. I
34.	Ku. Megha Bhagwan Pimpalkar	OBC	B. Com. I
35.	Ku. Ashwini Chandrabhan Waghmare	NT	B. A. III
36.	Ku. Vina Anandrao Bhojar	OBC	B. A. III
37.	Ku. Shradha Abhiman Wanjari	SC	B. Com. I
38.	Ku. Punam Dewanand Khandale	SC	B. Com. I
39.	Ku. Devkanya Vasanta Bante	OBC	B. A. III
40.	Ku. Smita Madhukar Satpute	OBC	B. A. III
41.	Ku. Nidhi Sanjay Sabale	OPEN	B. A. III
42.	Ku. Shilpa Sambhaji Paydalwar	OBC	B. A. III
43.	Ku. Snehal Ulhas Rathod	VJNT	B. A. III

S.V. Raghorte
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Bhivapur Mahavidyalaya
Bhivapur, Dist. Nagpur

List of Trainees who had appeared for the final Examination.



**CERTIFICATE COURSE IN CHILD CARE AND NUTRITION
UNDER CAREER ORIENTED PROGRAMME
ANNUAL EXAMINATION
2016-17**

Sr. No.	Name of Students	Caste/Category	Class	Marks Obtained out of 100
1.	Ku. Shubhangi Vilas Raghorte	OBC	B. A. I	49
2.	Ku. Payal Ashok Chudhari	OBC	B. A. I	58
3.	Ku. Swati Amrut Deshmukh	OBC	B. A. I	69
4.	Ku. Rachana Bhojraj Nandeshwar	SC	B. A. I	54
5.	Ku. Punam Muneshwar Gondimeshrum	NT	B. A. I	52
6.	Ku. Pranali Suresh Waghmare	NT	B. A. I	49
7.	Ku. Priyanka Ravindra Raghorte	OBC	B. A. I	51
8.	Ku. Karishma Mahendra Shambharkar	SC	B. A. I	61
9.	Ku. Akshaya Adhikaran Tidke	OBC	B. A. I	52
10.	Ku. Prerna Amrut Vaidya	OBC	B. A. I	47
11.	Prachi Purushottam Dadmal	ST	B. A. I	60
12.	Ku. Kalpana Rajkumar Manwatkar	SC	B. A. I	64
13.	Ku. Supriya Suresh Khandal	OBC	B. A. I	50
14.	Ku. Madhumala Ramuji Borsare	OBC	B. A. I	58
15.	Ku. Asmita Suresh Waware	NT	B. A. I	61
16.	Ku. Punam Naresh Shendare	SBC	B. A. I	46
17.	Ku. Pranali Ashok Deshmukh	OBC	B. A. I	63
18.	Ku. Pallavi Chandrashekar Ankar	OBC	B. A. I	50
19.	Ku. Surekha Bandu Bankar	SC	B. A. I	54
20.	Ku. Rajeshwari Vishvanath Meshram	NT	B. A. I	59
21.	Ku. Nish Bharat Andelkar	SC	B. A. I	65
22.	Ku. Switi Arun Tambe	SC	B. A. I	59
23.	Ku. Karishma Rajkumar Bhombale	OBC	B. A. I	48
24.	Ku. Pallavi Santosh Gongal	OBC	B. A. I	63
25.	Ku. Sharda Vilas Admane	OBC	B. A. I	62
26.	Ku. Shital Prabhakar Bire	OBC	B. A. I	61

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Bhivapur, Dist. Nagpur

27.	Ku. Vandana Arun Nishane	OBC	B. A. I	65
28.	Ku. Kiran Rajeshwar Malode	OBC	B. A. I	60
29.	Ku. Pranali Prakash Choudhari	OBC	B. A. I	58
30.	Ku. Pinki Ashok Nikhare	SBC	B. Com. I	51
31.	Ku. Asmita Wasudeo Choudhari	OBC	B. Com. I	64
32.	Ku. Mayuri Pramod Chanekar	OBC	B. Com. I	63
33.	Ku. Kiran Damodhar Tarale	OBC	B. Com. I	56
34.	Ku. Megha Bhagwan Pimpalkar	OBC	B. Com. I	70
35.	Ku. Ashwini Chandrabhan Waghmare	NT	B. A. III	56
36.	Ku. Vina Anandrao Bhojar	OBC	B. A. III	64
37.	Ku. Shradha Abhiman Wanjari	SC	B. Com. I	52
38.	Ku. Punam Dewanand Khandale	SC	B. Com. I	47
39.	Ku. Devkanya Vasanta Bante	OBC	B. A. III	60
40.	Ku. Smita Madhukar Satpute	OBC	B. A. III	64
41.	Ku. Nidhi Sanjay Sabale	OPEN	B. A. III	50
42.	Ku. Shilpa Sambhaji Paydalwar	OBC	B. A. III	58
43.	Ku. Snehal Ulhas Rathod	VJNT	B. A. III	61

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Bhivapur, Dist. Nagpur

Result Sheet of the Certificate Course in 'Child Care and Nutrition'.



BHIWAPUR MAHAVIDYALAYA, BHIWAPUR
CERTIFICATE COURSE IN CHILD CARE AND NUTRITION

2016-17

अहवाल

दि. १.०४.२०१७

भिवापुर महाविद्यालय, भिवापुर येथे सत्र २०१६-१७ ला विद्यापीठ अनुदान आयोग पुरस्कृत Career Oriented Programme अंतर्गत 'Child Care And Nutrition' हा प्रमाणपत्र अभ्यासक्रम सुरू करण्यात आला. सदर अभ्यासक्रम सुरू करण्यापूर्वी विद्यार्थिनींच्या माहितीसाठी सूचना देण्यात आली. सूचना दिल्यानंतर उरलेल्या कालावधीनुसार नोंदणी अर्ज विद्यार्थिनींकडून भरून घेण्यात आले. सत्र २०१६-१७ करिता अभ्यासक्रमात एकूण ४३ विद्यार्थिनींची नोंदणी करण्यात आली. नोंदणी झालेल्या ४३ विद्यार्थिनींनी उरलेल्या कालावधीत आपला अभ्यासक्रम पूर्ण केला. या अभ्यासक्रमात कु. सी. आर. ठाकरे, प्रा. कु. व्ही. एस. मेन्नाम तसेच कु. पी. डी. वंजारी यांनी अध्यापनाचे काम करून विद्यार्थ्यांना अभ्यासक्रम पूर्ण करण्यास मोलाचे सहकार्य केले.

करिता आपल्या माहितीस सादर.

Amrabadia

Co-Ordinator

CERTIFICATE COURSE IN CHILD CARE AND NUTRITION

Principals
PRINCIPAL
Bhiwapur Mahavidyalaya
Bhiwapur, Dist. Nagpur

Annual Report of the Certificate Course in 'Child Care and Nutrition'.



**CERTIFICATE COURSE IN CHILD CARE AND NUTRITION
UNDER CAREER ORIENTED PROGRAMME
LIST OF STUDENTS TO WHOM WHO HAVE ISSUED CERTIFICATES
2016-17**

Sr. No.	Name of Students	Caste/Category	Class	Signature
1.	Ku. Shubhangi Vilas Raghorte	OBC	B. A. I	S.V. Raghorte
2.	Ku. Payal Ashok Chudhari	OBC	B. A. I	P.A. Chudhari
3.	Ku. Swati Amrut Deshmukh	OBC	B. A. I	S.A. Deshmukh
4.	Ku. Ruchana Bhojraj Nandeshwar	SC	B. A. I	R.B. Nandeshwar
5.	Ku. Punam Muneshwar Gondimeshrum	NT	B. A. I	Punam Gondimeshrum
6.	Ku. Pranali Suresh Waghmare	NT	B. A. I	P.S. Waghmare
7.	Ku. Priyanka Ravindra Raghorte	OBC	B. A. I	P.R. Raghorte
8.	Ku. Karishma Mahendra Shambharkar	SC	B. A. I	K.M. Shambharkar
9.	Ku. Akshaya Adhikaran Tidke	OBC	B. A. I	A.T. Tidke
10.	Ku. Prerna Amrut Vaidya	OBC	B. A. I	P.A. Vaidya
11.	Prachi Purushottam Dadmal	ST	B. A. I	P.P. Dadmal
12.	Ku. Kalpana Rajkumar Manwatkar	SC	B. A. I	K.R. Manwatkar
13.	Ku. Supriya Suresh Khandal	OBC	B. A. I	S.S. Khandal
14.	Ku. Madhumala Ramuji Borsare	OBC	B. A. I	M.A. Borsare
15.	Ku. Asmita Suresh Waware	NT	B. A. I	A.S. Waware
16.	Ku. Punam Nareesh Shendare	SBC	B. A. I	P.N. Shendare
17.	Ku. Pranali Ashok Deshmukh	OBC	B. A. I	P.A. Deshmukh
18.	Ku. Pallavi Chandrasekhar Ankar	OBC	B. A. I	P.C. Ankar
19.	Ku. Surekha Bandu Bankar	SC	B. A. I	S.B. Bankar
20.	Ku. Rajeshwari Vishvanath Meshram	NT	B. A. I	R.V. Meshram
21.	Ku. Nish Bharat Andelkar	SC	B. A. I	N.A. Andelkar
22.	Ku. Swati Arun Tambe	SC	B. A. I	S.A. Tambe
23.	Ku. Karishma Rajkumar Bhombale	OBC	B. A. I	K.R. Bhombale
24.	Ku. Pallavi Santosh Gongal	OBC	B. A. I	P.S. Gongal
25.	Ku. Sharda Vilas Admane	OBC	B. A. I	S.V. Admane
26.	Ku. Shital Prabhakar Bire	OBC	B. A. I	S.P. Bire

Principal
Bhivapur Mahavidyalaya
Bhivapur, Dist. Nagpur

27.	Ku. Vandana Arun Nishane	OBC	B. A. I	V.A. Nishane
28.	Ku. Kiran Rajeshwar Malode	OBC	B. A. I	K.M. Malode
29.	Ku. Pranali Prakash Choudhari	OBC	B. A. I	P.P. Choudhari
30.	Ku. Pinki Ashok Nihare	SBC	B. Com. I	P.A. Nihare
31.	Ku. Asmita Wasudeo Choudhari	OBC	B. Com. I	A.W. Choudhari
32.	Ku. Mayuri Pramod Chanekar	OBC	B. Com. I	M.P. Chanekar
33.	Ku. Kiran Damodhar Tarale	OBC	B. Com. I	K.D. Tarale
34.	Ku. Megha Bhagwan Pimpalkar	OBC	B. Com. I	M.B. Pimpalkar
35.	Ku. Ashwini Chandrabhan Waghmare	NT	B. A. III	A.C. Waghmare
36.	Ku. Vina Anandrao Bhojar	OBC	B. A. III	V.A. Bhojar
37.	Ku. Shraddha Abhiman Wanjari	SC	B. Com. I	S.A. Wanjari
38.	Ku. Punam Dewanand Khandale	SC	B. Com. I	P.D. Khandale
39.	Ku. Devkanya Vasanta Bante	OBC	B. A. III	D.V. Bante
40.	Ku. Smita Madhukar Satpute	OBC	B. A. III	S.M. Satpute
41.	Ku. Nidhi Sanjay Sabale	OPEN	B. A. III	N.S. Sabale
42.	Ku. Shilpa Sambhaji Paydalwar	OBC	B. A. III	S.P. Paydalwar
43.	Ku. Snehal Ulhas Rathod	VJNT	B. A. III	S.U. Rathod

Principal
Bhivapur Mahavidyalaya
Bhivapur, Dist. Nagpur

List of students who had received Certificates upon completion of the Certificate Course in 'Child Care and Nutrition'.



Backward Class Youth Relief Committee's
BHIWAPUR MAHAVIDYALAYA, BHIWAPUR
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
CERTIFICATE COURSE

CAREER ORIENTED ADD-ON COURSE OF UGC

This is to certify that Mr./Miss/Ku. Snehal Ulhas Rathod
of B.A. III has successfully completed the Career Oriented Add-
on Certificate Course in Child Care and Nutrition under UGC Scheme
during the Academic Session 2016 - 2017

Place : Bhiwapur

Date : 25/04/2017

Ashawadekar
Co-ordinator

Ashawadekar
Principal
Principal
Bhiwapur Mahavidyalaya,
Bhiwapur

Specimen of the Certificate issued to the successful students upon completion of the Certificate Course in 'Child Care and Nutrition'.

Backward Class Youth Relief Committee's
BHIWAPUR MAHAVIDYALAYA, BHIWAPUR
RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR
CERTIFICATE COURSE

CAREER ORIENTED ADD-ON COURSE OF UGC

This is to certify that Mr./Miss/Ku. Shital Prabhakar Bize
of B.A. I has successfully completed the Career Oriented Add-
on Certificate Course in Child Care and Nutrition under UGC Scheme
during the Academic Session 2016 - 2017

Place : Bhiwapur

Date : 25/04/2017

Ashawadekar
Co-ordinator

Ashawadekar
Principal
Principal
Bhiwapur Mahavidyalaya,
Bhiwapur

Specimen of the Certificate issued to the successful students upon completion of the Certificate Course in 'Child Care and Nutrition'.



Ashawadekar
Principal
Bhiwapur Mahavidyalaya,
Bhiwapur