BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201 ACCREDITED WITH GRADE 'B' (CGPA-2.54) BY NAAC, BENGALURU ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR E-mail: bmv_bhiwapur@yahoo.com; bgm.college1990@gmail.com Website: https://www.bmb.ac.in Tel: 07106-232349

ACTIVITY REPORT

ACADEMIC SESSION	2018-2019
ORGANIZER	Bhiwapur Mahavidyalaya, Bhiwapur
NAME OF THE ACTIVITY WITH TITLE	Guidance Programme for Women on Menstrual Health and Hygiene
DATE OF ACTIVITY	15 th September, 2018
MODE OF ACTIVITY ORGANIZING COMMITTEE	Offline Mode Women's Study Centre
PROGRAMME COORDINATOR	Asst. Prof. Dr. A. V. Mahawadiwar
COMMITTEE MEMBERS	 Asst. Prof. Dr. Nitisha Patankar Asst. Prof. Rajsree O. P.
NUMBER OF STUDENTS BENEFICIARIES	67
BRIEF REPORT	The 'Women's Study Cell' of our Institution, under the aegis of IQAC, organized a Guidance Programme for Women on Menstrual Health and Hygiene on 15 th September, 2018 at 11



A.M in the Cultural Hall of Navayuvak Seva Mandal, Ward No. 13, Bhiwapur. Dr. Shweta Gupta, a renowned Gynaecologist of Bhiwapur, was the Keynote Speaker while Dr. Jobi George, the Principal of the College, Chaired the function.

Dr. Shweta Gupta expressed her concern about the urgency of creating awareness among womenfolk about managing monthly menstruation that may hinder their contribution to the workplace and studies; and affect their health and wellbeing. She also threw flood of light on the need for maintaining utmost hygiene during menstrual cycle.

The Event was graced by Associate Prof. Dr. S.K. Shinde and Asst. Prof. Dr. M.R. Chavhan. Asst. Prof. Dr. Anita Mahawadiwar conducted the Proceedings of the Programme while Asst. Prof. Dr. Nitisha Patankar, proposed the formal Vote of Thanks.

PROGRAMME OBJECTIVES

- To increase awareness among adolescent girls on Menstrual Hygiene.
- To ensure the availability of high quality Sanitary
 Napkins to adolescent girls in rural areas.
- To ensure the safe disposal of Sanitary Napkins in an environment-friendly manner.
- To study the impact of menstruation on mental health, social function and economic health.



To inculcate Institutional Social Responsibilities among our students.

- To ensure the active participation of 'Women's Study
 Cell' in the Community Development Programmes.
- To boost sense of confidence among womenfolk.
- To ensure the holistic development of girls.

PROGRAMME OUTCOMES

- Increased awareness among adolescent girls on Menstrual Hygiene.
- Ensured the availability of high quality Sanitary Napkins to adolescent girls in rural areas.
- Ensured the safe disposal of Sanitary Napkins in an environment-friendly manner.
- Studied the impact of menstruation on mental health, social function and economic health.
- Inculcated Institutional Social Responsibilities among our students.
- Ensured the active participation of 'Women's Study
 Cell' in the Community Development Programmes.
- Boosted sense of confidence among womenfolk.
- Ensured the holistic development of girls.



"HOTO GALLERY WITH CAPTIONS

List of beneficiaries of the Guidance Programme for Women on Menstrual Health and Hygiene

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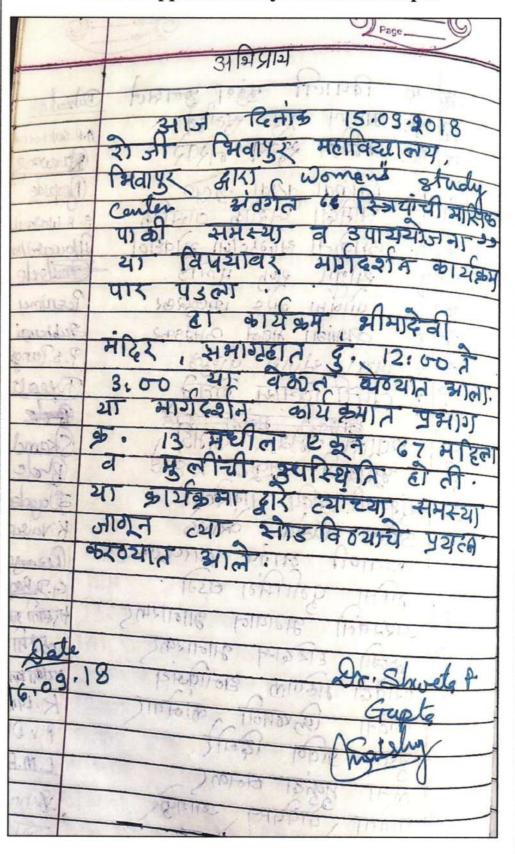
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Note of appreciation by Dr. Shweta Gupta





Dr. Shweta Gupta addressing the womenfolk during the Guidance Programme for Women on Menstrual Health and Hygiene.



Dr. Jobi George delivering his Presidential Address during the Guidance Programme for Women on Menstrual Health and Hygiene.





Principal

Bhiwapur Mahavidyalaya,

Bhiwapur