



Backward Class Youth relief Committee's

BHIWAPUR MAHAVIDYALAYA, BHIWAPUR

Dist. Nagpur, Maharashtra 441201

Accredited with Grade 'B' (CGPA-2.54) by NAAC, Bengaluru
ISO-9001:2015

Key Indicator - 7.2 Best Practices 2016- 2017

Best Practice-1

Health Check-up Camp

1. Objectives of the Practice

“Swargiye Bhausaheb Mulak Students’ Welfare and Community Service Centre’, a Committee constituted in our Institution under the aegis of IQAC organizes Health Check-up Camps for the students of our Institution and also for the villagers every year.

The objectives:

- To create awareness among people about health and hygiene.
- To encourage regular medical screening of students and other beneficiaries.
- To educate the people about various preventive measures to be adopted.
- To educate and create awareness among all youngsters, adults and elderly people about their key roles in detecting and reducing the risk of being infected.
- To detect diseases in the primary stage for better management.
- To facilitate the treatment of the needy and the poor people.

2. The Context

Amid climate change and increasing pollution and busy lifestyle, it has been found that population especially women and children are prone to many contagious diseases. For the early medical diagnosis of such diseases and to provide medical facilities under able guidance, the Institution works in tandem with various Committees of the Institution to organize health check-up Camps for its students and the villagers especially for the women and children residing in the nearby villages. For easy diagnosis of such diseases and to have early medication, proper health check-ups are required.



3. The Uniqueness

The Volunteers of NSS and NCC Units of our Institution in association with “Swargiye Bhausahab Mulak Students’ Welfare and Community Service Centre” have adopted this practice under the banner of its Institutional Social Responsibilities (ISR) for the wellbeing of the people of the society. Every year, a large number of poor people are benefitted through this activity.

4. Constraints/ Limitations if any

Though the percentages of people who are being benefitted through these Health Check-up Camps are increasing considerably day-by-day, there are many more people who are not willing to get their health check-ups done. Especially women from the remote villages are not showing any interest in such check-ups. This may be due to their utter ignorance of their own health and well- being.

5. Evidence of Success

Health Check-up Camp for Women and Children was organized by our NSS Unit on 25th January, 2017 during the Annual Special Camp in the adopted village of Adyal (Rehabilitation). The Camp was conducted and supervised by Dr. Bodke, a renowned practitioner and Medical Officer of Government Primary Health Centre, Somnala in Bhiwapur Taluka. Dr. Bodke interacted with people and students of the College through an Informative Session which he conducted prior to Health Check-ups and shared very vital information about maintaining health and general hygiene. During the Camp the experts sensitized the villagers about diseases like Malaria and Diarrhea. They also advised the people to take proper and healthy diet. A total of 81 participants including College Students and Villagers participated in this activity and got their health check-ups done. Required medicines were freely provided to the needy. This noble act has helped the people to diagnose various diseases and to resolve their health issues. People were benefitted with various tests and routine check-ups like Blood Sugar Detection, Blood Pressure Check-up, Hemoglobin and BMI Checking during the Camp.



6. Outcomes

- Awareness about Health and Hygiene has been spread among the people.
- Systematic medical screening of students and other beneficiaries has been done.
- Awareness was generated among all Adolescents, Adults and Elderly people about their key roles in detecting and reducing the risk of any illness.
- Early detection of chronic diseases, if any, could be identified.
- People were benefited with various tests and routine check-ups like Blood Sugar Detection, Blood Pressure Check-up, Hemoglobin and BMI checking during the Camp.
- Beneficiaries gained adequate information from the informative session and learnt how to keep general hygiene.
- Successful organization of the Health Check-up Camp facilitated the treatment to the poor people.

7. Problems Encountered and Resources Required

The major problems faced during this Camp were pertaining to the ignorance of people. People from the remote villages are not keen to have their medical check-ups done. As also, many people who are working as farm labourers and contractual road labourers on the fields and on the Highways; could not afford to attend such Camps owing to loss of their wages, which will be deducted by their employers.

The solution to the problem faced by such people is to establish contacts with their employers and find amicable solutions to the problems faced. Time constraints and financial obligations involved in the entire process makes it all the more challenging.



Supporting Documents for Best Practice 1: Health Check-up Camp



BACKWARD CLASS YOUTH RELIEF COMMITTEE'S

BHIWAPUR MAHAVIDYALAYA

BHIWAPUR DIST. NAGPUR- 441201

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ISO-9001:2015

AFFILIATED TO RASHTRASANT TUKADOJI MAHARAJ NAGPUR UNIVERSITY, NAGPUR

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ANNUAL REPORT

ACADEMIC SESSION	2016-2017
ORGANIZER	Bhiwapur Mahavidyalaya, Government Rural Health Centre, Bhiwapur and Government Primary Health Centre, Somnala
NAME OF THE ACTIVITY WITH TITLE	Free Health Check-up Camp
DATE OF ACTIVITY	28th September, 2016
MODE OF ACTIVITY	Offline Mode
ORGANIZING COMMITTEE	Women's Study Centre
PROGRAMME COORDINATOR	Asst. Prof. Dr. A. V. Mahawadiwar
COMMITTEE MEMBER	Asst. Prof. Dr. Nitisha Patankar
NUMBER OF STUDENTS BENEFISHRIES	81



<p>BRIEF REPORT</p>	<p>The Women's Study Centre of our Institution works hard towards spreading awareness among women about their health and hygiene issues. Keeping pace with this, the Women's Study Centre of our Institution, under the aegis of its IQAC Chapter, organized "Free Health Check-up Camp" on 28th September, 2016 in the premises of Bhiwapur Mahavidyalaya, Bhiwapur, in collaboration with Government Rural Health Centre, Bhiwapur and Government Primary Health Centre, Somnala. Eighty one girl-students were benefitted through Counselling, which helped them to understand the genuine issues of women in relation to their health and hygiene. As such, free medicines were distributed in the Camp. Dr. Ashwini Kale, Dr. Goswami, Medical Officer, Dr. Sonali Dudhat, Medical Officer, along with her team, worked hard to make this Camp a grand success.</p>
<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To bring awareness amongst the under privileged women folk who have no access to basic health care services or knowledge about various diseases they are suffering from. • To ensure that the underprivileged people are getting free health care services at the appropriate time. • To ensure that women are getting Consulting Services of Doctors at the appropriate time. • To create health awareness among girls so as to enable them to deal with possible health issues. • To verify and register rare and severe cases, if any, and refer them for advanced treatments.



	<ul style="list-style-type: none"> • To verify and refer serious Medical cases towards surgeries, if required. • To help the girl students to understand the importance of sound health for sound mind. • To create sense of empowerment among girls through health awareness.
<p>PROGRAMME OUTCOMES</p>	<ul style="list-style-type: none"> • Ensured that the underprivileged people are getting free healthcare services at the appropriate time. • Ensured that women are getting Consulting Services of Doctors at the appropriate time. • Created awareness amongst the underprivileged people about getting proper healthcare at the appropriate time. • Created health awareness among girls, which enabled them to deal with possible health issues. • Referred severe Medical cases for advanced treatment. • Referred serious Medical cases towards surgeries, whenever, it was required. • Created awareness amongst girls to understand the importance of sound health for sound mind. • Created sense of empowerment among girls through health awareness programmes. <div style="text-align: center;">  </div>

**PHOTO GALLERY
WITH CAPTIONS**



Team of Health Workers from Government Rural Health Centre, Bhiwapur and Government Primary Health Centre Somnala in Bhiwapur Taluka examining the Blood samples of Girl-students



Team of Health Workers from Government Rural Health Centre, Bhiwapur and Government Primary Health Centre Somnala in Bhiwapur Taluka examining the Blood samples of Girl-students



[Signature]
PRINCIPAL
Bhiwapur Mahavidyalaya
Bhiwapur, Dist. Nagpur



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Key Indicator - 7.2 Best Practices 2016-2017

Best Practice-2

Tree Plantation Drive

1. Objectives

- To create greenery and sustainable environment.
- To develop a green cover for the people to breath fresh and pollution free air.
- To beautify our surrounding areas by planting saplings.
- To prevent soil erosion.
- To sensitize our students and staff about our Institute's 'Go Green Campus' initiative.
- To sensitize our students and staff about our Institute's efforts to curb Global Warming.
- To reduce temperature and increase humidity.
- To reduce noise pollution in the neighbouring residential areas.
- To reduce the impacts of air pollution and dust as trees and shrubs are known to be natural sink for air pollutants.
- To provide much needed shade on glaring hot roads during summer.
- For moderating the effect of wind and incoming radiation.
- To create eco-friendly environment.
- To encourage the students to adopt at least two trees for the future generations.

2. The Context

Tree plantation is recognized as one of the most engaging, environment-friendly practice that people can adopt to sustain the environment. Trees provide us



numerous long-term and short-term benefits. They not only beautify the landscape, but they also reduce the carbon contains in the atmosphere by absorbing it. Plants reduce the erosion of soil, improve air quality, and reduce the urban heat island effect by reflecting sunlight and providing shade. Keeping this in view and to promote our Institutional slogan of 'Go Green Campus' among our students, our Institution has been instrumental in promoting the 'Go Green Campus' initiative since long and as a matter of fact the Institution finds itself with a green cover and also extending this to the nearby areas too. Thus, Tree Planation has turned out to be one of the Best Practices of our Institution as we collaborate and share this initiative with all Government and Non- Government bodies every year to create awareness on environment friendly ecosystem.

3. The Uniqueness

The Volunteers of NSS and NCC Units of our Institution, in association with Eco Club, have adopted this practice for sustaining our precious environment. Every year hundreds of trees are planted and awareness on Tree Plantation is created among the people to save nature from further decay.

4. Constraints/ Limitations, if any

People are not still fully aware of the benefits of Tree Plantation. Though a number of trees are planted every year, only a few of them have survived. This is because of the ignorance of people in saving trees for the future generations. Another hurdle is stray animals, which spoil the saplings while still young and leave uncared for. The trees planted need tree-guards until they grow big.

5. Evidence of Success

Tree Plantation Drive was organized by us as per the guidelines given by Ministry of Finance and Planning, Forests, Government of Maharashtra. The Volunteers of NSS and NCC, Students, Teaching and Non-teaching staff members of the College and social workers from the city participated in this Drive. The Drive was successfully conducted in association with Nagar Panchayat. The task of planting 425 trees was given to the authorities of Bhiwapur Nagar Panchayat., which was completed within a



- day. Our Institution itself has planted 51 trees in this Drive. During this Drive, awareness was created among the people and the students about the benefits of Tree Plantation. People were encouraged to plant at least two trees in their areas to save the endangered environment and to beautify our life.

6. Outcomes

- Planted saplings in and around the College Campus so as to develop a green cover for the people to breath fresh and pollution free air.
- Promoted the Institutional slogan of '**Go Green Campus**' among our students.
- Efforts were made to make the vicinity a better place for the people to live.
- Encouraged the students to adopt at least two trees for the future generations.
- Succeeded to convince the students about the importance of reducing Carbon Dioxide emissions.
- Educated the students about the dangers of Global Warming.
- Succeeded to convince the students about the importance saving the endangered environment and to beautify our life.
- Sensitized our students about Institutional Social Responsibilities (ISR).
- Sensitized our students and staff about our Institute's efforts to curb Global Warming.
- Ensured the holistic development of our students.

7. Problems Encountered and Resources Required

A major hurdle in tree Plantation is the ignorance of people towards the adverse effects of deforestation. People are still not aware of the benefits of tree plantation. A proper awareness is required to be created among the people. Unavailability of free saplings for plantation is another problem that was encountered by our Institution during the Tree Plantation Drive.




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Supporting Documents for Best Practice 2: Tree Plantation Drive



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ACTIVITY REPORT

ACADEMIC SESSION	2016-2017
ORGANIZER	Bhiwapur Mahavidyalaya, Bhiwapur
NAME OF THE ACTIVITY WITH TITLE	Tree Plantation
DATE OF ACTIVITY	1 st July, 2016
MODE OF ACTIVITY	Offline
ORGANIZING COMMITTEE	National Cadet Corps
PROGRAMME COORDINATOR	Asst. Prof. Aditya Sarwe
NUMBER OF NCC CADETS PARTICIPATED	45
BRIEF REPORT	As per the guidelines given by Ministry of Finance and Planning, Forests, Government of Maharashtra, a tree plantation drive was organized by the NCC Unit of Bhiwapur Mahavidyalaya on 1 st July, 2016. The NCC Cadets participated in the event with great enthusiasm. In this programme 51 saplings were planted by the NCC Cadets in the College



	<p>Campus. The event was organized under the guidance of Asst. Prof. Aditya Sarwe. The programme was attended by the Principal of the College. All the teaching and non-teaching staff members of the College extended their support for the success of this event. Dr. Jobi George addressed the NCC Cadets on the importance of tree plantations for sustaining the environment. For the successful organization of the event, the Commanding Officer of 20 Mah Bn NCC Lt Colonel Nitin Bhide appreciated the efforts taken by the NCC Cadets of the Institution.</p>
<p>PROGRAMME OBJECTIVES</p>	<ul style="list-style-type: none"> • To plant saplings in and around the College Campus so as to develop a green cover for the people to breath fresh and pollution free air. • To promote the Institutional slogan of 'Go Green' among our students. • To make the world a better place for the people to live. • To encourage the students to adopt at least two trees for the future generations. • To reduce the Carbon Dioxide emissions. • To educate the students about the dangers of global Warming. • To save the endangered environment and to beautify our life.
<p>PROGRAMME OUTCOMES</p>	<ul style="list-style-type: none"> • Planted saplings in and around the College Campus so as to develop a green cover for the people to breath fresh and pollution free air. • Promoted the Institutional slogan of 'Go Green' among our students.



- Made the world a better place for the people to live.
- Encouraged the students to adopt at least two trees for the future generations.
- Succeeded to convince the students about the importance of reducing Carbon Dioxide emissions.
- Educated the students about the dangers of global Warming.
- Succeeded to convince the students about the importance saving the endangered environment and to beautify our life.

**PHOTO GALLERY
WITH CAPTIONS**



All the teaching and non-teaching staff, NCC Cadets and students of the College participating in the Tree Plantation Drive





NCC Cadets planting trees along with the Staff Members of the College



NCC Cadets and Students of the College participating in cleanliness drive.



**NEWS PAPER
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COVERAGE**



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